

Lapeer County

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Updated 11/2017

Visit our website for more up-to-date Resources

www.lapeercmh.org

For any changes, additions or misprints contact

cadelsburg@lapeercmh.org or 810-667-0500

Counseling Services

Abundant Life Counseling

No Medicaid, sliding scale
456 S Main St. Lapeer (810) 252-1315

ACTS Christian Counseling-Sue Lovelette

All Medicaid plans (psychiatrist on staff)
4070 Huron St. North Branch, (810)270-2323

Amy Moore, MA, LPC

No insurance, sliding scale
1120 South Lapeer Rd, Oxford (248) 924-4722

Auburn Counseling Associates

McLaren, Health Plus, Medicaid accepted
Ask for a therapist who will use a sliding scale
3600 S. Dort Hwy. SW 44, Flint (810) 744-3300

Catholic Charities of Southeast Michigan

All Medicaid plans accepted, no sliding scale
700 S Main St. Sw. 211, Lapeer * (810) 664-4646

Concepts in Counseling

All Medicaid plans accepted, sliding scale
608 Fox St. Lapeer (810) 538-0229

Delta Family Clinic South

All Medicaid types accepted, no sliding scale
6195 Miller Rd., Swartz Creek (810) 630-1152

Dr. Erlinda Mercado (Psychiatrist)

No Medicaid, private insurance only, no sliding scale accepted
700 S Main St. Sw. 210, Lapeer (810) 245-1660

Dr. Janet Heasley (Psychiatrist)

Meridian, McLaren, Medicaid accepted, no sliding scale
380 Mill St., Ortonville (248) 961-3088

Dr. Jafferany (Psychiatrist)

All Medicaid plans, sliding scale
1184 Cleaver Rd, Caro (989)-286-3330

The Lapeer County Health Department

AICC-Outpatient treatment for people with substance abuse
and addiction problems and their families' (810)-667-0243

Special Children's Services-For children with special
health needs and their families (810)667-0448

1800 Imlay City Rd. Lapeer

Journey of Hope Counseling

Sliding scale, no insurance accepted
3834 N. Mill St, Dryden (810) 706-0081

Lapeer Counseling Center: Dr. Kachman

Meridian, McLaren, Medicaid accepted, sliding scale
700 S Main St. Sw. 210, Lapeer (810) 356-3293

Lapeer County Community Mental Health

Counseling for individuals, families, children and groups
Alcohol and other drug use treatment & psychiatry services
Call Region 10 ACCESS at 1-888-225-4447 for access
to public mental health treatment or call us at 810-667-0500
or walk-in during business hours to see if you qualify for services
Call us 24 hours a day, 7 days a week if in crisis
1570 Suncrest Dr. Lapeer, Michigan

CMH also offers programs without being accepted to the public health system:

Senior Reach

For adults 60 and over who are isolated, confused,
depressed, withdrawn, neglected, anxious etc.
Call Chelsea Edwards at 810-245-8781 to see if you qualify for
home visits and counseling or refer an older
adult who you believe needs help

The Red Road to Recovery

Anyone who has had an overdose, or a reversal of an overdose
or who is struggling with an opioid addiction can call our team directly.
Call Dan Basey at 810-667-0500

Veterans Navigator Services

If you're a Veteran and need help with housing,
mental health care, resources or navigating through the system
Call Nicole Gauthier at 810-667-0500

North Branch CMH

Counseling Services available
most insurance plans accepted
call 810-270-2121
located at 3789 Huron St. North Branch

Imlay City CMH

Counseling Services available
most insurance plans accepted
call 810-721-7550
located at 6800 Newark Rd. Imlay City

Life Transitions Family Counseling

McLaren Medicaid, sliding scale accepted
172 N. Cedar St., Imlay City (810) 724-0598

Life Resource Center: Tim Campbell

All Medicaid plans, sliding scale accepted
431 N. Court SW 203, Lapeer (810) 338-6315

List Psychological Services

All Medicaid plans accepted, sliding scale
624 W. Nepessing St. SW 300, Lapeer (810) 667-4500

Nalo Therapy Center

Meridian, McLaren Medicaid accepted, sliding scale
1134 S Lapeer Rd., Lapeer (810) 667-4111

North Lapeer Counseling

Meridian, McLaren Medicaid, sliding scale accepted
5914 north Lapeer Road, North Branch (810) 793-4646

Personal Professional Counsel: Cliff Stevens

Meridian, McLaren Medicaid accepted
325 N Main St. #A, Davison (810) 658-7748

Support Groups Lapeer County

Abuse

Domestic Violence Support Group

Similarities and connections are discovered when Survivors
come together to share their experiences.

Wednesdays, 5:00pm – 6:00pm

LACADA Outreach * 1127 Clark Rd., Lapeer (810)667-4175

Adult Survivors of Sexual Abuse

Support Group meets one Saturday per month
Nalo Therapy Center * 1134 S. Lapeer Rd. Lapeer
Contact Beth McElroy-Kremm (810)667-4111

Care Giver /Parents Support

Forever Friends Network

1st and the 3rd Friday of every month 5:30 – 7:30

Maple Grove School, 2020 Imlay City rd.

RSVP required at reginastrr@yahoo.com or

call (810)623-2041 Regina Starr

www.foreverfriendsnetwork.net

Caregiver Support Group

Caregivers who are taking care of those who have cognitive disorders other than Alzheimer's including those suffering from the effects of such conditions as stroke or dementia.

Fourth Wednesday of every month, 6:00pm-7:30 pm
Marguerite De Angeli Library,
921 W. Nepessing St., Lapeer (810)732-8500

Alzheimer's Association of Greater Michigan

Helpline 1-800-272-3900
Periodically offers a Creating
Confident Caregivers Workshop

Parents Helping Parents Support Group

We focus on foster and adoptive parents, but all parents are encouraged to attend. Free childcare available.

Please call Kim Hall before attending to make arrangements, Second Thursday of every month, 7:00
Lapeer Community Church in Attica
80 N. Lake Pleasant rd. Attica (Formerly the Attica Elementary School) (810)664-4743

Adoptive and Foster Care Families

Parents or grandparents of adopted children support group
Second Monday of every month 6:30-9:00
Nalo Therapy Center * 1134 S. Lapeer Rd. Lapeer
(810)667-4111 (call if you need childcare)

MOPS – Mothers of Preschoolers

Imlay City MOPS is a group for mothers of preschoolers. We get together to talk about issues and struggles

that we as mothers face. We wanted to reach
beyond our community to help other moms.
Second and fourth Tuesday of every month
9:30am- 11:30 am (810)724-4315
Imlay City Christian Reformed Church
395 W. Cedar St. Imlay City (childcare provided)

Getting Free, Staying Free

Support group for women only * Thursdays, 12:00 noon
3440 Davison Rd. Lapeer (810)-667-0075

Grief Support

Suicide Survivor Group

This group is for individuals who have lost a loved one to
suicide. This group provides families a safe place to talk
about their loss, to grieve and to begin to heal.
First and third Tuesday of every month, 6:00pm-7:30 pm
St. Matthew's Church, Upstairs Conference Room
431 N. Court Street, Lapeer, Michigan 48446
Tim Campbell, LPC (810)338-6315 * greatlakestim@gmail.com

Heartland Hospice (Flint)

Grief Support for anyone who has experienced the death of
a loved one. Our purpose is to provide education about
normal grief reactions, as well as a safe environment.
Light refreshments are provided
First Tuesday of each month at 5:30 pm
6211 Taylor Dr. Flint * 1-888-427-6818

Heartland Hospice (Lapeer)

Grief Support through Heartland Hospice
Every Thursday at 2:00 p.m.
Calvary Bible Church 923 S. Main St. Lapeer
810-230-1318

New Tomorrows Grief Support

Free ongoing grief education and support for anyone who
has experienced the loss of a loved one
Call 810-496-8625 for next scheduled series and times
the group is located at McLaren Hospital
1375 N. Main St. Lapeer

Health Disorders

Lupus Support Group

For Lupus patients, family, friends, and caregivers:
discussing Pain management, coping mechanisms, nutrition,
exercise, sleep patterns, insurance and much more.
Second Tuesday every Month, 7:00pm – 8:30pm
McLaren Lapeer Region * 1375 N. Main St., Lapeer
Conference rooms 4 and 5 * 800-705-6677 – 586-775-8310,
info@milupus.org or lisa@milupus.org

Cancer Support Group

Join to share information, support, and friendship
Every other Monday, 1:00pm
Deerfield Township Hall * 30 Burnside Rd. North Branch
Wilma, 810-793-2706 or Mavis, 810-793-1295

Breast Cancer Support Group

Third Wednesday of every month, 6:00pm – 7:30pm
McLaren Cancer Institute * 1295 Barry Drive, Lapeer
810-667-5578 ask for the Social Work Department

Better Breathers Club

This support group is designed to help people learn
how to better manage and live with lung disease
Third Tuesday of every month * 2:00pm
McLaren Lapeer Region
1375 North Main Street, Lapeer
810-667-5675

Diabetes Support Group

Open to Diabetics, family members and friends
Second Wednesday of every month except November
6:00pm- 7:30pm * G3200 Beecher Rd.
Beech Hill Center, Flint * 810-342-4110

Because We Love You We Speak of Diabetes
Caregivers support group,
Fourth Tuesday at Marlette Regional Hospital
2770 Main St., Marlette, 989-635-4348

Mental Health

OCD support group

Second Wednesday of each month, 7:00-9:00
Meditation Self-Healing Center
244 Law St. Lapeer * Mary 810-441-9822

Depression and Bipolar Support Group

First and third Thursdays of the month 6:30pm-8:00 pm
Holy Family Church * 11714 S. Saginaw ST. Grand Blanc
Angela * 810-347-4706

Non Substance Abuse Addictions

Gamblers Anonymous

Meetings are a free 12-step program for men and women
who have a gambling problem.

Tuesdays & Thursdays, 6:30pm -8:00pm
United Methodist Church * 225 W. Court St., Flint

Mondays, 6:30pm-8:00pm
Goodrich United Methodist Church
8071 S. State rd., Goodrich
855-424-4677 * gamblersanonymous.org

Tuesdays, 7:00 pm– 8:30 pm
Marlette Methodist Church
3155 Main St. Marlette
(Please use back entrance at SE corner of church building) 989-225-8284

Sex Addicts Anonymous/ Shame to Serenity

Mondays, 6:30pm
Bristol Road Church of Christ
Room 111, 1st floor, around back use SW door
1315 W Bristol rd. *E of Van Slyke rd.
Sid H, 810-919-1989 or Don C, 810-240-6050

Taking off Pounds Sensibly (Tops)

Goals are healthy eating, mobility, and support for people who have food addictions * 6:00pm – 7:30 pm
725 DeMille * Linda - 810-664-7579
Hunters Creek Mobile Home Park Club House

Wednesday – 8:30am-10:45am
River Ridge Club MHC clubhouse
25 Pine Ridge DR., Lapeer * Linda 810-245-3955

Celebrate Recovery

Every Thursday night at 7:00pm
New Hope Event Center, 655 N Saginaw St. Lapeer
A support group for those who are working through their hurts, habits, or hang-ups
For more information call 810-441-7114

Substance Abuse/Addiction

Families Anonymous –Lapeer

Family support for anyone suffering the effects of drug abuse and addiction
Every Thursday – 7:00pm – 8:30pm
St. Matthews Church, 220 Nepessing St. Lapeer
Peggy Patten (810)441-8027 / peggpatten@aol.com

Families Against Narcotics

Support for families affected by addiction
and those in recovery
Second Thursday of every month, 7:00pm -8:00pm
St. Matthew Church at 220 W. Nepeessing St., Lapeer (810)728-2033

Hope Not Handcuffs

A program through FAN who allows anyone struggling with drug addiction to walk into a police station and ask for help with his or her troubles. Volunteers known as “angles” are called to help link people with treatment.

Narcotics Anonymous

“Sundown Serenity” is held at 6:00 pm every Tuesday at 1310 N Main St. in Lapeer

Together We Can is held at 8:00pm every Tuesday at 5677 North Lapeer Country Christian Church

Alcohol Addiction

Alcoholics for Christ

A 12-step support group for alcohol and drug addictions.
Thursdays, 6:00p.m. (810)667-0075
Faith Christian Family Church, 35440 Davison rd. Lapeer

Al-Anon Meetings

Meetings for families of persons with an alcohol addiction
7:30 p.m. every Friday * St. John School,
420 Genesee rd. Bldg., Davison (810)234-1460
Tuesdays 7:00-8:00 pm and Fridays 11:00am -12:00 pm
First Presbyterian Church * 433 N. Calhoun ST. Lapeer
Dorothy (810)793-7159 or Barb at (810)796-3287

Substance Abuse & Mental Health Disorder

Family and Friends Support Network

Open to anyone who wants to receive support and education regarding his or her loved one who has a mental health and /or substance use disorder whether or not they are receiving services at Community Mental Health. The first Thursday of every Month, 4:00pm-5:00pm and the third Thursday of every month 6:00pm to 7:00pm
Lapeer County Community Mental Health
1570 Suncrest Blvd. Dan Basey (810)-667-0500

Double Trouble – The Recovery Network

Participants help each other recover from addiction and to manage their mental health disorders, commonly called Dual Diagnosis * Every Thursday 3:00-4:30 p.m.
Community Mental Health, 1570 Suncrest Dr. Lapeer
Carl Velliquette or Matt McKinney at (810)667-0500

Veterans

Veterans Support

The group provides Veterans the opportunity to meet in an informal setting and discuss issues they are facing. The group is open to all Veterans of all eras. Female Veterans are encouraged to attend, as well. The meeting provides an opportunity to share experiences, concerns, and veteran issues among fellow veterans. There is no agenda.

The Lapeer Veteran Support Group (LVSG) meets the second Tuesday of each month at the LCVA office, 287 W. Nepepping, Lapeer.

There is no fee but registration is encouraged.
To register, email jokreiner@lapeercounty.org or call (810)667-0256.

LOV-The Loving Our Vets

Lapeer Veteran Spouse Support Group- Established to give the spouses of active and retired veterans a place to talk about how the armed services have impacted family life, or anything that may be on their mind. The group meets every 2 weeks starting July 3rd at Louie’s Sports Tavern at 3301 Davison Rd. in Lapeer. You may contact the group on Facebook under- Loving Our Vets-Lapeer County Veteran Spouse Help and Support. Meetings are at 6:00p.m.

Hotline Numbers

Aids 24-Hour Hotline.....	800-342-2437
Alcoholics Anonymous Hotline.....	810- 234-0815
En Española.....	800-628-9454
DHS Adult Abuse Hotline.....	800-996-6228
DHS Child Abuse Hotline.....	800-942-4357
DHS Emergency Shelter Hotline.....	800-ASHELTER
DHS Home Heating Hotline (energy assistance hotline..	800-292-5650
DHS Homeless Hotline.....	800-274-3583
DHS Runaway Assistance Hotline.....	800-292-4517
Domestic Violence	800-799-SAFE (7233)
FAN – Families Against Narcotics.....	810-728-2033
GLBT National Help Center	1-888-843-4564
LACADA Domestic Abuse	810-667-4175
Lapeer Area Citizens Against Domestic Abuse/LACADA	
Local Mental Health Center.....	1-810-667-0500
Self-Injury.....	1800-366-8288

Suicide Hotline800 - 273 - TALK (8255)

Housing

Blue Water Center for Independent Living

Housing Assistant Programs:

Project Home for Homeless and At-Risk Veterans

ESG: Emergency Solutions Grant for Homeless and At-Risk Families

Section 8 Housing Choice Voucher for Homeless or “Doubled-up Families

Lapeer County (810)648-2555 (Call for an appointment)

The Golden Arrow or **Drop in** a place that provides people who have high-risk mental health issues with critical social support, as well as organized and informal recreational and social activities. Individuals and employees at the drop-in assist each other in solving daily living problems, which may include social, recreational, housing, transportation, and vocational assistance. Open Monday through Friday, 8:00am – 4:00pm. 24 S. Court Street, Lapeer. (810)660-8333

The Refuge is a transitional housing program for families and individuals (male and female) that are ready, willing, and able to make changes that will move them toward self-sufficiency. You must pass an alcohol test each evening and submit to it at dawn. To schedule an Intake, contact The Refuge or come to the office during office hours only. Office hours are Tuesday-Thursday 8AM-1:30PM. Sunday hours by appointment only. Call 810-441-9990. No Drop-ins allowed. You must schedule an intake.

Food Resources

Nutrition Programs

Commodity Supplemental Food Program (CSFP) provides free food for senior citizens, and includes things such as canned fruits, vegetables and meats, dried beans, pasta, etc.

Senior Citizens (age 60 and older), but must fall within USDA income guidelines.

http://www.hdc-caro.org/?page_id=55

For eligibility, please contact

LAPEER COUNTY (Field Office)
1559 Imlay City Rd.
Lapeer, MI 48446
PHONE: (810) 664-7133
FAX: (810) 664-2649

Stone Soup provides bakery, produce, meat, dairy and non-perishable food to the hungry throughout Lapeer County. Stone Soup also supports other Lapeer County pantries and soup kitchens through excess food donation assistance. 475 South Court Street, Lapeer
810-245-0500 * info@stonesoupfoodpantry.org

Hours of Operation: Monday through Friday 9am to 3pm
Food Assistance Hours * Tuesday: 9am to 3 pm
Wednesday: 11am to 5 pm * Friday: 9am to 3 pm
Below are the recent requirements:

1. Resident of Lapeer County
2. Must have a valid Michigan ID or Michigan driver's license
3. Current piece of mail with the name & current address for each member household.
4. Verification of income for ALL household income
Children under the age of 18 must have verification with their name and address, i.e. a piece of first class mail, health insurance card, DHS paper work, medical record, school, report card/something from school to parents with name of child.
5. For infants under the age of one (1)year, one of the following: birth certificate, cradle roll from hospital, WIC paperwork, or DHS paperwork.

Note: There is a two-week waiting period after registering to get food.

<u>Almont</u>	<u>Almont Vineyard Church</u>	<u>810-245-2414</u>
	<u>First Congregational Church</u>	<u>810-245-2414</u>
<u>Attica</u>	<u>Attica United Methodist Church</u>	<u>810-724-0680</u>
<u>Capac</u>	<u>Capac Food Pantry</u>	<u>810-245-2414</u>
<u>Columbiaville</u>	<u>United Methodist Church</u>	<u>810-793-6363</u>
		<u>Or 810-656-7770</u>
<u>Davison Outreach East</u>		<u>810-653-7111</u>
<u>Imlay City Hispanic Service Center</u>		<u>810-724-3664</u>

First Congregational Church	810-724-6207
ST. Paul Lutheran	810-724-1200
Lapeer Dept. of Human Services	810-667-0800
Human Development Commission	810-664-7133
Love Inc.	810-245-2414
Trinity United Methodist Church	810-245-2414
Grace Episcopal Church	810-245-2414
Immaculate Conception Church	810-664-8594
St. Paul Lutheran Church	810-245-2414
Free Methodist Church	810-245-2414
Mayville Area Share Shop	989-843-5370
North Branch Community Aid	810-688-2920

Home Delivered Meals-Seniors

This program is administered through the Lapeer County Health Department. You must be 60 and over, home bound, and a resident of Lapeer County. To determine eligibility call (810)245-8566 for an appointment. If you qualify, home cooked food is delivered daily to your home. Senior Centers in Lapeer and Imlay City serve lunch Monday through Friday except holidays at 11:40, the cost is \$3:00 (Please call to reserve your spot)
 Lapeer Senior Building: 287 West Nepessing St. Ste 3 (810)245- 6896
 Imlay City Senior Center: 395 E. Third St. (810)724-6030

Supplemental Nutrition Assistance Program (SNAP) Formerly called: Food Stamps, EBT (Electronic Benefits Transfer), or Bridge Card

To get SNAP benefits, households must meet resource and income requirements. Households may have \$2,250 in countable resources, such as a bank account, or \$3,250 in countable resources if at least one person is age 60 or older, or is disabled. However, certain resources are NOT counted, such as a home and lot, the resources of people who receive Supplemental Security Income (SSI), the resources of people who receive Temporary Assistance for Needy Families (TANF, formerly AFDC), and most retirement (pension) plans. The procedures for handling vehicles are determined at the state level. Michigan excludes the value of all vehicles.

For more information: www.fns.usda.gov/snap/eligibility

Income Requirements

Households have to meet income tests unless all members are receiving TANF, SSI, or in some places general assistance. Most households must meet both the gross and net

income tests, but a household with an elderly person or a person who is receiving certain types of disability payments only has to meet the net income test. Households, except those noted, that have income over the amounts listed below cannot get SNAP benefits. (September 30, 2016) Household Size & Gross monthly income (130 percent of poverty) Net monthly income (100 percent of poverty).

Household size	Gross Monthly Income	Net monthly Income
1	\$1,276	\$ 981
2	1,726	1,328
3	2,177	1,675

Each additional member add 440. For more information go to:

<http://www.fns.usda.gov/snap/eligibility#Income>

There are other factors, which determine eligibility; the above is just the income and resource requirement. Sudden change in income could be a qualifying factor. To find out if you qualify, apply online or in person at:

Michigan Department of Health and Human Services
1505 Suncrest Dr. Lapeer Michigan 48446

http://www.michigan.gov/dhs/0,1607,7-124-5453_5527---,00.html

Accepted at: Grocery Stores, Big Lots, Walgreens

Lapeer Free Methodist Church

1621 Saginaw rd. (Between Oregon and Davis Lake rd.)
Free food boxes, clothes etc. with no income requirement
Saturdays between 1:00 -2:30

The Food for Families Program (Soup Kitchens)

The soup kitchens are open five days a week, rotating each day at a different church. The soup kitchen provides a hot meal for anyone in need. The soup kitchens are open to anyone and everyone with no questions asked. According to the churches, hundreds of local residents attend the soup kitchen meals every week simply looking for a hot meal. Most nights, the churches are able to hand out sack lunches for people to take with them so that they can have a healthy meal for tomorrow.

Monday

Lapeer, 4:00-5:30pm
810-664-9941

Trinity United Methodist Church
1310 N Main St. Lapeer

Imlay City 4:00-5:30pm
810-724-1200

St. Paul's Lutheran Church
200 N. Cedar St. Imlay City

North Branch 5:30-7:30pm
810-441-0322

Community House of Hope
3960 Banker ST. North Branch

Tuesday

Lapeer, 4:00-5:00pm
810-664-2841

Grace Episcopal Church
735 W. Nepessing St. Lapeer

Wednesday

Lapeer, 5:00-6:00pm
810-664-1611

Lapeer Church of Christ
1680 N Lapeer rd. Lapeer

Imlay City 4:00-5:30pm
810-724-1200

St. Paul's Lutheran Church
200N. Cedar St. Imlay City

Friday

Lapeer 4:00-5:00
810-664-6653

St. Paul's Lutheran Church
90 Millville rd. Lapeer

Saturday

Imlay City 9:00-3:00
810 724-8110

Gateway Assembly Church
796 S Vandyke Rd. Imlay City

WIC (Women, Infants, and Children)

WIC provides Federal grants to States for supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age 5 who are found to be at nutritional risk.

Please call at 810-667-0448 or
1-800-26-BIRTH for an appointment

For more information visit: <http://lchd.lapeer.org/WIC.php>
Michigan WIC Income Guidelines/Effective Date: 05/15/2015

Family Size	Hourly	Weekly	Bi-Monthly	Semi-Monthly	Monthly	Annually
1	\$ 10.46	\$ 419	\$ 838	\$ 908	\$ 1,815	\$ 21,775
2	\$ 14.16	\$ 567	\$ 1,134	\$ 1,228	\$ 2,456	\$ 29,471
3	\$ 17.86	\$ 715	\$ 1,430	\$1,549	\$ 3,098	\$ 37,167
4	\$ 21.56	\$ 863	\$ 1,726	\$1,870	\$ 3,739	\$ 44,863
5	\$ 25.26	\$ 1,011	\$ 2,022	\$ 2,190	\$ 4,380	\$ 52,559

The Good Samaritans

FREE Food and Clothes available every Saturday
between 1:00 – 2:30 located at Church of Nazarene
1247 N. Five Lakes Road,
For coats please register on The Good Samaritans Facebook page

Low Income Health Clinics

Hamilton Community Health Network

A non-profit organization dedicated to providing comprehensive, quality, community-oriented healthcare for the underserved community. All Medicaid Plans and sliding scale accepted. Located in the east wing of Lapeer County Community Mental Health, 1570 Suncrest Rd. Lapeer Michigan
Call 810-410-2832 for an appointment or walk-in.
Outreach Department 810-787-5097 or outreach@Hamiltonchn.org

Lapeer County Health Department

Immunizations and Vaccinations
Please call for appointment (810)667-0448, 1800 Imlay City Rd.

Great Lakes Bay Health Centers

Where everyone is welcome regardless of insurance coverage!
6800 Newark Rd. (Medical Suite 200 - Dental Suite 400) Imlay City, MI 48444

Medical Phone: (810) 724-3201 - Dental Phone: (810) 721-7453
Sliding fee scale available to those that qualify based on family size and income.
Appointments preferred. Walk-ins accepted on most days.
Medical Hours: Monday: 11:00 am – 8:00 pm
Wednesday: 9:00 am - 6:00 pm Tuesday & Thursday: 8:00 am – 5:00 pm
Friday 8:30 am – 2:00 pm
Dental Hours: Mon – Thurs: 8:00 am -4:30 pm
Dental Emergency Walk in hours: Mon – Wed 8:00 am-2:00 pm

The Michigan Breast and Cervical Cancer Navigation

The Program can help you get screening services whether you have insurance or not. Call 877-221-6505 for information on free screenings. The Hamilton Clinic is a provider for Lapeer County residents and is located inside Community Mental Health East Wing, 1570 Suncrest Dr. Lapeer. Navigational services are available whether it is breast or cervical cancer screening, follow-up care for an abnormal test result, and/or treatment if a breast or cervical cancer is diagnosed. If you are UNINSURED, the navigators can enroll you in the program and arrange for you to receive these services:

- Clinical Breast Exam
- Screening Mammogram
- Pap Test
- Pelvic Exam Diagnostic Services specific to breast and/or cervical cancer

If you have insurance, but you have a high deductible that you must pay before receiving services or your insurance does not completely cover your follow-up care, our navigators can provide help in paying for these follow-up exams:

- Consultation visit with a Breast Surgeon or OB/GYN doctor
- Diagnostic mammogram, extra views, breast ultrasounds, MRI
- Breast biopsy or aspiration
- Colposcopy with cervical biopsy

Contact Your Elected Representative

To exercise your power on major concerns healthcare, jobs, the environment, Social Security etc., write or call your representative.

Tips

Always state your address (Representatives represent regions, districts, etc.)

Always be polite - You're more likely to get a response if you're nice

State your opinion about a topic * Reasons for your opinion

Explain your situation * Ask questions

Michigan's 10 Congressional District Representative

Paul Mitchell- 586-997-5010
48701 Van Dyke Ave, Shelby Township, Michigan 48317
www.paulmitchell.house.gov

Michigan's House of Representatives District 82

Gary Howell, 517-373-1800 - GaryHowell@house.mi.gov

Michigan Senators

Debbie Stabenow - (810) 720-4172
Flint/Saginaw Bay Office
432 N. Saginaw St
Suite 301
Flint, MI 48502

31st District State Senator: Bay County, Lapeer County, Tuscola County

Mike Green, R-Mayville * PO Box 30036
Lansing, Michigan 48909 * (517) 373-1777*
senmgreen@senate.michigan.gov

Michigan Senator Gary C. Peters
2 Russell Courtyard Washington, D.C. 20510
202-224-6221 www.senate.gov/peters

Michigan Governor
Rick Snyder * P.O. Box 30013
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