Spring, 2021

Dear Reader,

The Genesee County Commission on Aging is an all volunteer organization whose mission is to support and advocate services and resources for the aging which promote and safeguard their independence and well-being. This resource directory has been developed to assist in the endeavor and to offer a choice to the senior population.

Membership in the GCCOA offers networking opportunities among community members interested in improving the independence and well-being of older adults. The commission meets monthly at 11:30 a.m. at Riverside Tabernacle, 429 NB Chavez Dr., Flint, MI 48503. We have guest speakers, membership sharing and offer the opportunity to promote your organization's events on our website calendar at www.coaweb.com, or by emailing the GCCOA directly at gccoaboard@gmail.com.

This directory is FREE and is made available to copy any pages for interested seniors and their families. Please visit our website for upcoming events and our online senior directory as well.

Sincerely, Genesee County Commission on Aging P.O. Box 13560 Flint, MI 48501

www.coaweb.com email - gccoaboard@gmail.com 810-908-9122



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The Genesee County Commission on Aging is . . .



an all volunteer organization formed in 1973. Our mission is "To support and advocate services and resources for the aging which promote and safeguard their independence and well-being".

For its members, the GCCOA offers many benefits, including:

- » Networking opportunities among community members interested in improving the independence and well-being of older adults.
- » Members will be listed in the senior resource directory (highlighted in **BOLD**) and on the website as members and supporters, with links to your business website.
- » Members can submit their events for the calendar on the website.
- » Members have an opportunity to impact our community in a positive way and to help carry out the mission of the GCCOA.
- » The commission meets monthly. Members are encouraged to bring information of events and services being offered by their organizations.
- » Go to our website to register online or photocopy the membership application on the next page. Business membership fees are \$50.00 for the year. If you are a senior and would like to become a member for only \$5.00, then fill out the application and we look forward to working with you. Paypal Available.

Email: gccoaboard@gmail.com or visit our website at

www.coaweb.com

- » Participation in the annual members only resource fair.
- » Event submissions on the facebook page.





Application for Membership

Mail application and check to:

GCCOA P.O. Box 13560

Flint, MI 48501

or download the the application online at www.coaweb.com

Date:	New Member:	Renewal:
Organization		
	State:	
Phone:	Fax:	
E-mail Address:		
	is <i>extremely</i> helpful, and is embership communications	
Manaharahin Tura		Annual Dues
<u>Membership Type</u>		
Individual		\$15.00
		\$15.00 \$5.00
Individual	dividual Professionals)	

Adult Day Care Programs

Adult day care provides help for families and caregivers responsible for adults who cannot be left home during the day. It is a supervised environment designed to enrich their daily lives that may include group and individual activities, social outings, health monitoring, exercise, etc. Day care participants include adults who are socially inactive or isolated, in need of personal care assistance, are confused or have experienced memory loss or have physical limitations that prevent independent living.

Active Adult Day Health Club 2284 S. Ballenger Hwy., Ste. E Flint, MI 48503 (810) 422-5642 activeadh.com Unity Adult Day Club 5340 N. Genesee Rd. Flint, MI 48506 moniejay35@hotmail.com (810) 449-7081

Michigan Community Services Inc.

P.O. Box 317 Swartz Creek, MI 48473 (810) 635-4407 mcsionline.org



Consumer Protection

Credit Bureau Equifax (866) 349-5191 Experian (888) 397-3742 TransUnion (800) 916-8800

Federal Trade Commission Identity Theft (877) 438-4338 • TTY: (866) 653-4261 identifytheft.gov

Legal Services of Eastern Michigan

436 S. Saginaw St. Flint, MI 48502 (800) 322-4512 • (810) 234-2621 MI Dept. of Health & Human Service Adult Protective Services Hotline (855) 444-3911

Michigan Attorney General's Office Consumers Protection/Complaint Intake (517) 335-7622 www.michigan.gov

National Do Not Call Registry (888) 382-1222

State of Michigan Long Term Care Ombudsman (517) 827-8025



Ambulance Services For an emergency dial 911

Patriot Ambulance Service 5189 Commerce Rd. Flint, MI 48507 (810) 742-5449 patriotambulance.net

Stat EMS, Inc.

520 W. Third St. Flint, MI 48503 (810) 233-4400 statems.net

Swartz Ambulance Services

1225 W. Hill Rd. Flint, MI 48507 (810) 239-2101

Vets Access LLC 1449 E. Pierson Rd., Ste B Flushing, MI 48433 (810) 213-6344 vetsaccessllc.com



SWARTZ*

AMBULANCE SERVICES • MEDICAL CABS • VANS



Swartz has served our community since 1975.

We pride ourselves on providing professional and courteous service allowing you to arrive safe, comfortable and on time to your appointments.

810.239.2101 or 1.855.SWARTZ1

Experience the Swartz Difference:

WE CARE

Home Repair and Modifications

Access Builders	(810) 742-4023
Adaptive Modification Solutions	(810) 670-3500
GCCARD Home Maintenance	(810) 787-0199
Great Lakes Barrier Free Remodeling	(248) 922-5700
Genesee County Home Improvement Program	(810) 257-3010
gcmpc.org	
Johnson Builders Solutions	(810) 655-2691
The Disability Network	(810) 742-1800
United Way of Genesee County	(810) 232-8121
	(010) 202-0121



Relocation and Realtors

Caring Transitions	. (248) 270-6822
caringtransitionsofnoc.com	
Peterifi-Cantleberry Real Estate Team	. (810) 771-5711
pcteamsells.com	

Disability Services

Communication Access Center for the Deaf and Hard of Hearing 1277 W. Court St. Flint, MI 48503 (810) 239-3112 (810) 620-8490 video phone cacdhh.org

Eye Care America Free Eye Care for Persons 65 and Older (877) 887-6327 aao.org

Family Service Agency

1422 W. Court St. Flint, MI 48503 (810)767-4014

Genesee Health System

(Community Mental Health) 420 W. Fifth Ave. Flint, MI 48503 (810) 553-6706 Phone (810) 257-3740 Crisis Line genhs.org

Hear USA 1501 S. Center Rd. Burton, MI 48509 (810) 743-8470

3027 E. Hill Rd. Grand Blanc, MI 48439 (810) 579-0941

G-4369 Miller Rd. Flint, MI 48507 (810) 733-1385

G-6429 Pierson Rd., Ste. #14 Flushing, MI 48433 (810) 605-0308 hearusa.com Hearing Life 1141 S. State Rd., Ste. 15 Davison, MI 48423 (810) 412-5544 hearinglife.com

Leader Dogs for the Blind 1039 S. Rochester Rd. Rochester Hills, MI 48307 (888) 777-5332 (248) 651-9011 leaderdog.org

Michigan Assistive Technology Loan Program (517) 203-1200 #2 (800) 828-2714 #2 mi-upc.org

The Disability Network 3600 S. Dort Hwy., Ste. 54 Flint, MI 48507 (810) 742-1800 (810) 742-2400 Fax disnetwork.org

Your Hearing Solution 1303 S. Linden Rd. Flint, MI 48532 (810) 733-5300 hearing-solution.com

Specialized Community Resources

AARP Foundation SCSEP 711 N. Saginaw St., # 207 Flint, MI 48503 (810) 766-1470

Adult Foster Care Providers of Genesee County

(810) 635-3183 afcproviders.org info@afcproviders.org

Alzheimer's Association

Genesee County Case Management Services 1125 S. Linden Rd., Ste. 950 Flint, MI 48532 (800) 272-3900 National Hotline (810) 780-4163 Phone (810) 780-4231 Fax alz.org



Ann's Adventures

PO Box 279 Clio, MI 48420 (810) 640-8303 annsadventures.net

Assisti Care, LLC 1012 N. Leroy St. Fenton, MI 48430 (810) 629-9368

Catholic Charities

Center for Hope (810) 265-7025

Foster Care & Adoption Programs (810) 232-3418 ext. 321

Kinship Caregivers Program (810) 232-9950 ext. 721

Northend Soup Kitchen (810) 785-6911

Outreach Services (810) 234-4693

P.E.A.R.L.S. Program to Encourage Active, Rewarding Lives for Seniors (810) 232-9950 ext. 721

Senior Education Series (810) 232-9950 ext. 721 ccsgc.org

Specialized Community Resources

Elder Abuse Alliance PO Box 998 Flint, MI 48501 eaagenesee@gmail.com

Family Service Agency

1422 W. Court St. Flint, MI 48503 (810) 767-4014 ext. 415

Genesee County Community Resource Dept. (GCCARD)

Senior Nutrition Program, Emergency Services, Home Weatherization 601 N. Saginaw St. Flint, MI 48502 (810) 232-2185

Genesee Health Plan 2171 S. Linden Rd. Flint, MI 48532 (844) 232-7740 geneseehealthplan.org

Genesee County Dept. of Health & Human Services Aging & Adult Services Agency P.O. Box 1628 125 E. Union St. Flint, MI 48501 (810) 760-2200 Phillips Insurance 6045 Corunna Rd. Flint, MI 48532 (810) 230-0020

Report Abuse & Neglect Hotline (855) 444-3911

St. Vincent De Paul

1912 N. Franklin Ave. Flint, MI 48506 (810) 780-4071

Sovita Credit Union

4411 Calkins Rd. PO Box 320830 Flint, MI 48532 (810) 720-8367 sovitacu.org

Tender Heart Therapeutic Arts & Crafts (248) 241-6772 tenderheartac com

Helping those age '55 or better' to live safely in the community



Program of All-Inclusive Care for the Elderly (PACE) is designed for those who need a higher level of care and can live safely in their homes with the support and services provided by PACE. Someone "55 or better" and struggling physically, with their memory or an unstable health condition, might be eligible.

To enroll in PACE, an individual must be:

- Age 55 or older
- Living in a ZIP code served by PACE (Ascension Living PACE Michigan now serves ZIP codes in Genesee, Lapeer, Shiawassee and Livingston counties)
- Certified as meeting Michigan criteria for nursing home level of care*
- Able to live safely in the community with the support of PACE services*

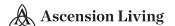
*Determined by our Intake Team, starting with a call.



Call us to find out if Ascension Living PACE Michigan is right for you or someone you know.

412 E. First St., Flint MI 48502 810-236-7500 810-236-7554 (TTY)

ascensionliving.org/PACEMI



PACE Michigan

Other than emergency services, all services must be furnished or authorized by Ascension Living PACE Michigan. Participants may be responsible for the costs of unauthorized or out-of-pocket services per PACE program agreement.

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Specialized Community Resources

Ascension Living PACE Michigan

Helping those "55 or better" in Genesee County to live safetly in the community.
412 E. First St.
Flint, MI 48502
(810) 236-7500 TTY (810) 236-7554
Ascensionliving.org/Living-Choices/PACE

A New Place to Call Home, LLC

PO Box 733 Clarkston, MI 48347 (989) 915-0801 wb@anewplacetocallhome.com

Genesee County Dept. of Health and Human Services/Adult Protective Services (855) 444-3911

Genesee County Office of Senior Services

1101 Beach St., Rm. 134 Flint, MI 48502 (810) 424-4478 gc4me.com

Genesee County Health Department Downtown Flint 630 S. Saginaw St., Ste 4 Flint, MI 48502 (810) 257-3612

Burton G-3373 S. Saginaw St. Burton, MI 48528 (810) 742-2255

Genesee Health System

420 W. 5th St. Flint, MI 48503 (810) 257-3705 (866) 211-5455 Crisis line: (877) 346-3648 genhs.org Health Alliance Plan (HAP) 2050 S. Linden Rd. Flint, MI 48507 (800) 422-4641 hap.org

H.I.S. Ministries Helping Individuals Succeed 1315 W. Bristol Rd. Flint, MI 48507 (810) 238-9004

Mid-Michigan Geriatric Placement

Mary Abu-Aita P.O. Box 54 Grand Blanc, MI 48439 (810) 247-3795 (810) 247-2349 mmgeriatricplacement.com

MSU Extension

605 Saginaw St. Flint, MI 48502 (810) 244-8500



Lynn M. Radzilowski - Director

Genesee County Administration Building 1101 Beach Street, Room 134 Flint, MI 48502 810-424-4478

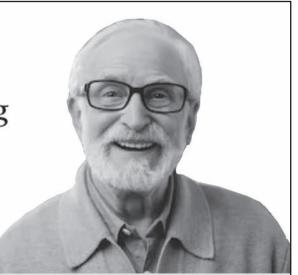


Senior Centers - Senior Milla	ge funded		
Brennan Elm Park Senior Center	810-766-7238	Forest Twp. Area Senior Center	810-631-3407
Burton Senior Center	810-744-0960	Grand Blanc Senior Center	810-695-3202
Carman-Ainsworth Senior Center	810-732-6290	Krapohl Senior Center	810-785-2270
Clio Area Senior Center	810-687-7260	Loose Senior Center	810-735-9406
Davison Area Senior Center	810-658-1566	Montrose Senior Center	810-639-2822
Eastside Senior Center	810-250-5000	Swartz Creek Area Senior Center	810-635-4122
Hasselbring Senior Center	810-766-9516	Thetford Twp. Senior Center	810-686-0630
Flushing Area Senior Center	810-659-4735		

Senior Service Providers - Senior Millage funded

Adult Day Care - Michigan Community Services, Inc.	810-407-7781
Case Management & Assessment Services - Alzheimer's Association	810-780-4163
Congregate & Home Delivered Meals - Genesee County Community Action Resource Department	810-235-3567
Elder Abuse & Exploitation Prevention Services - Genesee County Sheriff's Department	810-424-4326
Elder Abuse Prosecution -Genesee County Prosecutor's Office	810-257-3210
Guardianships/Conservatorships - Family Service Agency	810-767-4014
Guardianship Reviews & Appointments - Genesee County Probate Court	810-257-3528
In-Home Personal Care & Homemaking Services - Family Service Agency	810-767-4014
In-Home Personal Care & Homemaking Services - Alternative Elderly Care	810-691-9749
Legal Assistance - Legal Services of Eastern Michigan	800-322-4512
Process Server - Genesee County Office of Senior Services	810-424-4311
Respite Care - Michigan Community Services, Inc.	810-407-7781
Senior Project Fresh - Genesee County Office of Senior Services	810-424-4311
Telephone Intake and Screening Program - Valley Area Agency on Aging	810-249-6531





Resources for older adults and persons with disabilities.

In Home Services

Personal Care
Medication Management
Respite
Personal Emergency Response Units
Home Delivered Meals
Telephonic Wellness Checks

Health Access Information

Information & Assistance
MI Choice Waiver Program
Nursing Home-transition
Crisis Intervention
Care Management Services
Medicare/Medicaid Assistance Program

Wellness Programs

Matter of Balance
Arthritis Exercise Program
Art Therapy
Creating Confident Caregivers
Powerful Tools for Caregivers
Diabetes Personal Action Towards Health
Medical Nutrition Therapy



Specialized Community Resources

Elder Law of Michigan, Inc. 3815 W. St. Joseph St., Ste. C 200 Lansing, MI 48917 (517) 485-9164

Genesee County Senior Millage Intake & Screening Program

(810) 249-6531

Humana (888) 347-0092

Legal Services of Eastern Michigan

436 S. Saginaw St. Flint, MI 48502 (800) 322-4512 (810) 234-2621

Mannor Law Group

8226 S. Saginaw St., Ste. A Grand Blanc, MI 48439 (810) 694-9000

Medicaid/Medicare Assistance Program

(MMAP) Valley Area Agency on Aging 225 E. Fifth St., Ste. 200 Flint, MI 48502 (810) 239-7671 (800) 803-7174 MMAP ext. 247

Medical Advantage Group 2425 S. Linden Rd., Ste. B Flint, MI 48532 (800) 594-6115

Michigan Community Services, Inc.

Senior Respite Program/Adult Day Care 5242 Lapeer Rd., Ste. D Burton, MI 48509 (810) 742-3922 mcsionline.org Oak Street Health 3525 Saginaw St. Burton, MI 48529 (810) 309-9380

Senior Preferences

P.O. Box 1467 Jackson, MI 49204 (517) 783-2637 lisa@jacksonpublishing.com

The Flint Jewish Federation 5080 W. Bristol Rd., #3 Flint, MI 48507 (810) 767-5922 fjf@flintfed.org

United Way of Genesee County

111 E. Court St., Ste. 3A Flint, MI 48502 (810) 232-8121 unitedwaygenesee.org

University of Michigan Public Health & Health Science Dept.

William S. White Building 509 Harrison St. Flint, MI 48503 (810) 762-3172

Valley Area Agency on Aging

Kiss Program (Keeping Independent Seniors Safe) (855) 561-5477

What Is Elder Abuse?

The abuse of older adults can take many forms and represents a serious, under reported problem in every community across this country. Abuse is defined in the Adult Protective Services Act (Public Act 519 of 1982) as the harm or threatened harm to an adult's health or welfare caused by another. The term "elder abuse" includes physical abuse, emotional abuse, sexual abuse, neglect and financial exploitation.

Physical and Emotional Abuse

Examples of physical abuse are slapping, hitting, kicking, imposing physical restraints, and other conduct intended to cause physical injury to an elderly person. Some examples of emotional abuse are threatening to withdraw needed care or making humiliating or demeaning remarks toward an elderly person.

Physical abuse also includes sexual abuse, such as inappropriate touching and non-consensual or forcible sexual activity. An adult has the right to a consensual sexual relationship with another adult; however these relationships can become abusive if the adult does not have the capacity to turn away unwanted sexual advances or is coerced or threatened into consenting to sexual activity.

Neglect

Neglect is the harm to an adult's health or welfare that is the result of the adult's inability to respond to a harmful situation [self neglect] or the failure of a person who assumes responsibility for a significant aspect of the adult's health or welfare to respond to a harmful situation or to provide adequate food, clothing, shelter, or medical care [caregiver neglect]. An example of caregiver neglect would be leaving an elderly person who is in a wheelchair due to a stroke in front of the TV all day without meals or assistance in getting to the bathroom.

Financial Exploitation

Financial exploitation can include outright theft, misuse of a power of attorney or other breach of a fiduciary duty to manage funds belonging to the adult, or an intentional breach of a promise to repay money or provide services paid for in advance. An example of financial exploitation would be using a power of attorney to withdraw money from an elderly person's bank account and then misappropriating the money for personal benefit instead of for the benefit of the elderly person.

This information is provided by the Elder Abuse Alliance, Inc., a non-profit organization serving Genesee County whose mission is to improve the quality of life for at-risk older adults by protecting their rights, dignity and promoting their independence and safety. www.elderabusealliance.org; P.O. Box 998, Flint, MI 48501, eaagenesee@gmail.com

Reporting Elder Abuse

Legal Authority:

Act 519, Public Acts of 1982; MCL 400.11.

When should you report?

You should report if you suspect or have reasonable cause to believe that physical abuse, emotional abuse, sexual abuse, neglect, or financial exploitation of an adult has occurred. A report does not have to be based on eye witness accounts, incriminating statements or definate proof of abuse. If you suspect elder abuse you should make a report. Any person can make a report. Certain individuals (described in the next paragraph) are required by law to report suspected abuse.

Who is required to report?

All persons who are employed, licensed, registered, or certified to provide health care, education, social welfare, mental health, and other human services; employees of an agency that is licensed to provide such services; physicians; employees of the county medical examiner's office; and law enforcement officers are mandatory reporters and are required to report suspected abuse. How is the report made?

Report suspected abuse by calling the Adult Protective Services (APS) statewide Centralized Intake Unit: 855-444-3911 (toll free). The Intake Unit operates 24 hours/day, 7 days/week. A written report may be submitted at the discretion of the reporting person but is not required.

In Genesee County a report can also be made by calling the Genesee County Sheriff's Elder Abuse Unit at 810-257-3407.

What is the penalty for not reporting it?

If the person is a mandatory reporter and failed to make a report to APS the person may be sued for damages caused by the failure to report and may be liable for a civil fine of \$500.

What is the role of law enforcement in an APS investigation?

Upon request by APS, local law enforcement officers are required to cooperate in an investigation of suspected abuse, neglect or exploitation. If the APS worker is denied entry to the victim's residence to interview the victim, APS may request the law enforcement agency to seek a search warrant.

Senior Scams

Scammers, both male and female, frequently call seniors claiming to be a family member, friend, utility company or IRS worker. They may be on your computer through a dating site or even show up at your door. There are many different ways scammers can get access to your money, your home or your identity.

1. Stop. Don't send money.

Never wire money, put money on a prepaid debit card, or send cash to an online love interest. You won't get it back.

- Never give out personal information over the phone, including birthdate, social security number and account numbers.
- Do not throw paperwork containing sensitive information in the trash, shred it.
- Never let strangers in the house to use your phone.
- If information is received over the phone about a family member needing money, confirm the information with other family members before sending the money.
- Don't allow someone to do work for you until you get references and know the price for the entire job.

2. Pass this information on to a friend.

You may not have gotten one of these calls, but chances are you know someone who will get one - if they haven't already.

CONTACT INFORMATION:

Office of Genesee County Sheriff	810-257-3407
Adult Protective Services	855-444-3911
Alzheimer's Association	810-780-4163
Valley Area Agency on Aging	810-239-7671
Legal Services of Eastern Michigan	

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Michael E. Thomas and Associates

Attorneys at Law



Integrating Biblical Principles with Legal Principles

Our Estate and Retirement Planning Attorneys can help you with:

Estate Planning
 Medicaid Planning
 Elder Law Planning

Medicaid Director, Ondrea Weisgerber, 14 years experience as business office manager for a nursing home,

What makes our firm **Qualified** to help you?

- Estate and Medicaid planning for over 40 years
- Over 8,000 Living Trusts prepared
- Extensive experience in Estate Planning, Medicaid Planning and Elder Law Care
- Members of: National Academy of Elder Law Attorneys
- Accredited VA Attorney

Where your peace of mind is our priority.

Medicaid Questions:

- How can I preserve my assets if my spouse or I go into a nursing home?
- Can I afford a nursing home or assisted living facility?
- How can I qualify for Medicaid?
- If I go into a nursing home, how will my spouse live?
- What is long term care insurance and do I need it?
- What are the penalties for giving away assets?

The primary focus of our firm centers on Estate Planning, Medicaid Planning and Elder Care Law. Be assured that you will be treated with the courtesy and respect you deserve.

Michael E. Thomas and Associates

Attorneys at Law

5206 Gateway Centre, Suite 200 Flint, Michigan 48507

Phone:

810-275-0047 Fax: 810-235-9010

Medicaid Desk:

810-235-6238

Website:

www.thomaselderlaw.com

Facebook.com/ThomasElderLaw

Estate Planning

Planning ahead not only encompasses the tough questions, but also involves planning for lifetime disability, end of life decisions and what happens to your assets after you are gone.

Guardianship and Conservatorship

Did you know that if you do become incapacitated you will become subject to a Living Probate? A probate proceeding for your health care and personal decisions is called a <u>Guardianship</u> and a probate proceeding for your financial decisions is called a <u>Conservatorship</u>. It is a common misunderstanding to believe that your spouse, child or relative can act for you during a disability. *The truth is, if you cannot make your own personal or medical decisions or sign your name to a financial document, a court will.* The Guardianship and conservatorship is designed for those people who cannot protect themselves or who did not have the forethought to plan ahead.

Retiring? Call Us First.

If you're retiring soon, have you prepared for those carefree days ahead? Do you have the monthly income you need? Is your asset preservation plan in place? Joe Vitale and his team are ready with a *complimentary* strategy session to answer those questions. We give second opinions too.

Call to schedule your session!

Joseph Vitale

Investment Advisor Representative

855-756-5700



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www.aradvisorsinc.com

Abu-Aita Law Firm, PLLC Alexandra Nassar, PLLC

5151 Gateway Centre, Ste. 100 • Flint, MI 48507 (810) 238-1700 amir@shaheenpc.com • anassar@shaheenpc.com

American Retirement Advisors, Inc. 5206 Gateway Center Ste. 400 Flint, MI 48507 (855) 756-5700

Brett Howell, Certified Elder Law Att. 8285 S. Saginaw, Ste. 100 • Grand Blanc, MI 48439 (810) 953-3846 michiganelderlawyer.com Elder & Estate Planning Law Firm

Christenson & Fiederlein, PC 302 E. Court St. • Flint, MI 48502 (810) 232-1112 CFLegal.net

Legal Services of Eastern Michigan

436 S. Saginaw St., Ste. 101 • Flint, MI 48502 (800) 322-4512

Michael J. Kotarski, Attorney

G-3444 Fenton Rd. • Flint, MI 48507 (810) 234-7959 kotarskilaw@gmail.com

Michael Thomas, Attorney

5206 Gateway Center, Ste. 200 • Flint, MI 48507 (810) 235-9000 thomaselderlaw.com

Mannor Law Group

8226 S. Saginaw St., Ste. A • Grand Blanc, MI 48439 (810) 694-9000 bob@mannorlaw.com mannorlawgroup.com

Sherri C. Frame, Elder Law Attorney

12750 Saginaw St., Ste. 202 Grand Blanc, MI 48439 (810) 399-5999 framelawfirm.com

Estate Planning

The authority you give can be effective only upon your disability or it may become effective upon signing the document. This can be very effective for day to day medical care decisions in addressing the obstacles caused by the privacy rules as well as finan.0cial decisions. The authority you give your agent can be as broad or narrow as you choose.

Wills

Preparing a Will is the simplest way to make sure that your assets (real and personal property) will be distributed according to your wishes. A Will is a public document. However, did vou know that if a person dies with assets in their name without a co-owner or beneficiary, then their Last Will and Testament will go through probate court? Probate is the legal process for proving and administering a Will. The probate process can be very time consuming and expensive and is always public. A Will names heirs and a personal representative, the person(s) who manages and distributes the assets according to your wishes after your death. This is often a family member or friend. Sometimes the personal representative will have to post a bond to perform their duties. Last, unhappy family members can object to the Will – we often call this process the "family feud."

Durable Power of Attorney for Health Care (DPOAHC) and Durable Power of Attorney for Finances (DPOA)

What can be done to avoid having a guardianship or conservatorship over you and still be able to protect yourself in the event of a lifetime disability? A DPOAHC allows you to appoint an individual as your patient advocate who can, at the appropriate time, make medical treatment decisions for you. A DPOA allows you to appoint an agent/fiduciary who can assist you with your financial affairs. Both documents are "durable" power of attorneys (POA'S) meaning that the documents will not be affected by a person's disability or incapacity. Both documents can be revoked by the grantor. POA's expire with the death of the grantor, by revocation by the grantor or by a court order.

Living Trust

Court costs, legal fees, family disharmony and the delays associated with probate court can usually be avoided by setting up a <u>Revocable Living Trust</u>. A living trust is a document stating who (usually you) controls your money and property while you are alive and how it will be distributed after your death.

The terms of the trust are limited only by your imagination. For example: you can provide for the future of your special needs loved one without affecting their governmental benefits; providing for education of a child or grandchild and make sure your assets remain in the bloodline. Typically you are the Trustee, the manager of your Living Trust, just as you are the manager of your assets now, nothing changes. The "revocable" aspect of a Living Trust means you are in control. It means once you create it, you can always change it. You can revoke it or amend all or part of it. The "living" aspect means that it is created and funded (assets transferred to you as trustee) while you are alive, and provides for your benefit during your lifetime and upon your disability, if drafted properly. It is that simple.

Drawback: you must add any and all new assets acquired as time goes by.

Reprinted: By Don L. Rosenberg and Danielle B. Mayoras, principal attorneys of The Center for Elder Law 248-641-PLAN (7526) or www.tcfel.com.



SHERRI C. FRAME, PLLC

Estate Planning & Elder Law Attorney

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Trust Administration
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Long-Term Care Planning

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- ➤ Masters of Law in Elder Law
- > Accredited by the Department of Veterans' Affairs

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Geriatric Physicians - Genesee County

Abdulah Raffee, M.D. 5051Villa Linde Parkway, Ste. 23 Flint, MI 48532 (810) 733-8241

Advanced Medical House Calls 14165 Fenton Rd., Ste. 201A Fenton, MI 48430 (810) 853-5875 amhemi.com

Asif Ishaque, M.D. 9244 Lapeer Rd. Davison, MI 48423 (810) 653-2111 Board Certified Geriatrics & Internal Medicine

Geriatric & Medical Specialist of Michigan, PLC

1409 S. Graham Rd. Flint, MI 48532 (810) 235-2599 Board Certified Geriatrics

Matthew Weiss, D.O. 9463 Holly Rd., Ste. 103 Grand Blanc, MI 48439 (810) 603-3702 (810) 603-3704 Fax Board Certified Geriatrics Purushottam Naik, M.D. 2425 Austins Parkway, Ste. 1 Flint, MI 48507 (810) 238-8889 Board Certified Geriatrics & Internal Medicine

Visiting Physicians Association 4444 W. Bristol Rd., Ste. 150 Flint, MI 48507 (810) 230-9500



Geriatric & Medical Specialist of Michigan, PLC

Dr. Schumacher has practiced Geriatrics in Genesee County for more than 25 years. The practice includes Certified Nurse Practitioners and Masters of Social Work. Together they specialize in providing patient-focused care with a comprehensive approach to both diagnosis and treatment.

Randolph E. Schumacher, M.D.

Board Certified, Internal Medicine Board Certified, Geriatric Medicine



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- Diabetes (DM)
- *Hypertension (HTN)*
- Congestive Heart Failure (CHF)
- Alzheimer's and Related Dementias
- Preventive Medicine
- Consulting and Support for the Caregivers of the Elderly

1409 Graham Road, Flint, Michigan 48532

Phone: (810) 235-2599 Fax: (810) 235-2836

Counseling Services

Provide intervention to assist individuals, couples, and/or families with emotional and/or relationship concerns.

C-Sam Counseling Center, LLC 740 Center St. Clio, MI 48420 (810) 686-7313 - No voicemail cliosam.com

Catholic Charities/ Shendan Center

901 Chippewa Flint, MI 48503 (810) 232-9950

Family Service Agency

1422 W. Court St. Flint, MI 48503 (810) 767-4014

Taylor Psychological Clinic 1172 Robert T. Longway Blvd. Flint, MI 48503

Oakland Psychological

G-2222 S. Linden Rd., Ste. J

10785 S. Saginaw, Ste. A

Grand Blanc, MI 48439

Clinic, P.C.

Flint, MI 48532

(810) 732-0560

(810) 695-0055

(810) 232-8466

Genesee Health System

420 W. 5th Ave. Flint, MI 48503 (810) 257-3705 (810) 257-3740 Crisis Line After 5 pm (810) 496-3777 Healthy Aging

Gerholtz Center for Christian Counseling First Presbyterian Church 746 S. Saginaw St. Flint, MI 48502 (810) 234-0500

Hope Network 1110 Eldon Baker Dr. Flint, MI 48507 (810) 742-4968



Durable Medical Equipment

Agencies that sell medical equipment and supplies to the public. These companies also follow physician orders for special equipment, which then may be covered by insurance.

Adaptive Modification Solutions 11395 N. Saginaw Rd. Clio, MI 48420 (810) 670-3500 amshomemods.com

Amigo Mobility Center 6693 Dixie Hwy. Bridgeport, MI 48722 (989) 777-2060 amigomobilitycenter.com

Binsons G-4433 Miller Rd. Flint, MI 48507 (810) 733-0280 CorFreedom 1449 E. Pierson Rd. Flushing, MI 48433 (810) 213-6377

Family Pharmacy G-4444 Fenton Rd. Flint, MI 48507 (810) 235-7995

Hart Medical 2316 S. Ballenger Hwy., Ste. L Flint, MI 48503 (810) 406-4444 Health Care Solutions (810) 603-0885 Orders

Hometown Heroes of Michigan 1681 Woodbridge Park Ave. Lapeer, MI 48446 (810) 538-0282

Wright & Filippis, Inc. G-1101 N. Ballenger Hwy. Flint, MI 48504 (810) 234-6582 firsttoserve.com



Funeral Homes of Genesee County & Surrounding Areas

Allen Funeral Home 9136 Davison Rd. Davison, MI 48423 (810) 653-2171 allenfuneralhomeinc.com

Brown Funeral Home Dignity Memorial Providers 1480 E. Hill Rd. Grand Blanc, MI 48439 (810) 606-1300 brownfh com

Dodd's-Dumanois Funeral

Home and Cremation Center 901 Garland St. Flint, MI 48503 (810) 232-0187 doddsdumanois.com doddsdumanoisfh@yahoo.com

Dryer Funeral Home 101 N. First St. Holly, MI 48442 (248) 634-8291 dryerfuneralhomeholly.com

Hansen Funeral Home 421 N. Main St. Davison, MI 48423 (810) 658-3136 hansonfuneralhome.net

Hill Funeral Home Dignity Memorial Providers

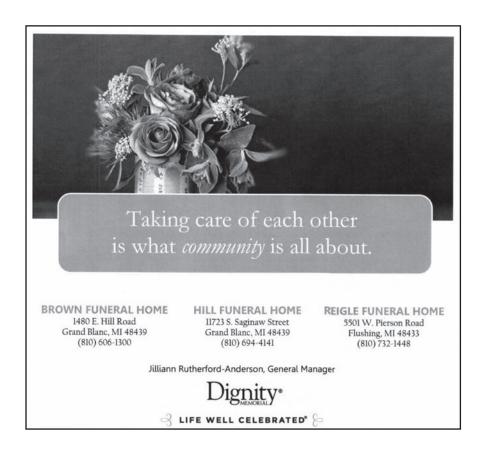
11723 S. Saginaw St. Grand Blanc, MI 48439 (810) 694-4141 hillfh.com

Lawrence E. Moon Funeral Home

906 W. Flint Park Blvd. Flint, MI 48505 (810) 789-6666 lemoonfhflint@gmail.com

Martin Funeral, Cremation and Tribute Services 1194 E. Mt. Morris Rd. Mt. Morris, MI 48458 (810) 686-2210 martinfuneralhome.com

Martin Funeral, Cremation and Tribute Services 8253 S. Saginaw St. Grand Blanc, MI 48439 (810) 603-7249



Funeral Homes of Genesee County & Surrounding Areas

Mumford-Hudson Funeral Home P.O. Box 66 116 Grove St. Otisville, MI 48463 (810) 631-2525 mumfordfuneralhome.com

National Cremation Society 43249 Woodward Ave. Bloomfield Hills, MI 48302 (248) 874-1953 national cremation.com

O'Guinn Family Funeral Home 239 E. Hickory St. Montrose, MI 48457 (810) 639-6181 oguinnfh.com

O'Guinn Family Funeral Home 503 N. Mill St. Clio, MI 48420 (810) 686-5070 oguinnfh.com

Plumb-Smith Funeral Home G-1208 N. Ballenger Hwy. Flint, MI 48504 (810) 238-7657 plumbsmithfh.com

Reigle Funeral Home Dignity Memorial Providers 5501 W. Pierson Rd. Flushing, MI 48433 (810) 732-1448 reiglefuneralhome.com Rossell Funeral Home P.O. Box 151 307 E. Main St. Flushing, MI 48433 (810) 659-6342 rossellfuneralhomeinc.com

Sharp Funeral Home

1000 Silver Lake Rd. Fenton, MI 48430 (810) 629-9321 sharpfuneralhomes.com

Sharp Funeral Home

6063 Fenton Rd. Flint, MI 48507 (810) 694-4900

Sharp Funeral Home

8138 Miller Rd. Swartz Creek, MI 48473 (810) 635-4411 (877) 537-4277

Sharp Funeral Home

209 E. Broad St. Linden, MI 48451 (810) 735-7833

Funeral Homes of Genesee County & Surrounding Areas

Sheldon T. Banks Funeral Chapel 3021 S. Dort Hwy. Flint, MI 48507 (810) 744-2225 serenityfuneralchapel.net

Swartz Funeral Home

1225 W. Hill Rd. Flint, MI 48507 (810) 235-2345 swartzfuneralhomeinc com Superior Monuments 9326 Vienna Rd. Montrose, MI 48457 (810) 639-6181 superiormonuments.com

Temrowski Family Funeral Home & Cremation Services

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Geriatric Assessment and Case Management

The Management Team, consisting of a Geriatric Clinical Nurse Specialist and/or Geriatric Social Worker, will visit the older adult in their home and assist in resolving concerns about physical, emotional, social or daily living requirements. Working closely with the older adult family, their physician and other care providers, assistance will be provided in locating and arranging services in the community that will meet the older adult's needs.

Alzheimer's Association Genesee County Case Management Services

1125 S. Linden Rd. Ste. 950 Flint, MI 48532 (810)780-4163 (800) 272-3900 24/7 Helpline alz.org

Genesee County Senior Millage Telephone Intake & Screening Program

(810) 249-6531

Geriatric and Medical Specialists of Michigan

1409 S. Graham Rd. Flint, MI 48532 (810) 235-2599

Valley Area Agency on Aging

225 E. Fifth St., Ste. 200 Flint, MI 48502 (810) 239-7671 (800) 978-6275 (810) 233-4242 TDD valleyareaaging.org



Government Agencies

Genesee County Board of Commissioners 1101 Beach St., Rm. 312 Flint, MI 48502 (810) 257-3020

Genesee County Clerk County Court House 900 S. Saginaw St., 2nd Floor Flint, MI 48502 (810) 257-3225 Vital Records (810) 257-3283 Election Division (810) 257-3220 Legal

Genesee County Department of Veteran's Services

1101 Beach St., 2nd Floor Flint, MI 48502 (810) 257-3068

Genesee County Office of Senior Services

1101 Beach St., Rm. 134 Flint, MI 48502 (810) 424-4478 gc4me.com

Genesee County Metropolitan Planning Commission Home Improvement Program (810) 257-3010 gcmpc.org Genesee County Register of Deeds 1101 Beach St. Flint, MI 48502 (810) 257-3060

Genesee County Sheriff's Office 1002 S. Saginaw St. Flint, MI 48502 (810) 257-3422 Elder Abuse Prevention (810) 424-4326

Genesee County Treasurer 1101 Beach St., Rm. 144 Flint, MI 48502 (810) 257-3054

Michigan Dept. of Health & Human Services Aging & Adult Service Agency (517) 241-4100

Michigan Long Term Care Ombudsman Program 15851 S. US 27, Ste. 73 Lansing, MI 48912 (517) 827-8025

Government Agencies MEDICAID INFORMATION

Medicaid - What is it?

Good health is important to everyone. If you can't afford to pay for medical care right now, Medicaid can make it possible for you to get the care that you need so that you can get healthy – and stay healthy.

Medicaid is available only to certain low-income individuals and families who fit into an eligibility group that is recognized by federal and state law. Medicaid does not pay money to you; instead, it sends payments directly to your health care providers. Depending on your state's rules, you may also be asked to pay a small part of the cost (co-payment) for some medical services.

Medicaid is a state administered program and each state sets its own guidelines regarding eligibility and services.

Many groups of people are covered by Medicaid. Even within these groups, though, certain requirements must be met. These may include your age, whether you are pregnant, disabled, blind, or aged; your income and resources (like bank accounts, real property, or other items that can be sold for cash); and whether you are a U.S. citizen or a lawfully admitted immigrant. The rules for counting your income and resources vary from state to state and from group to group. There are special rules for those who live in nursing homes and for disabled children living at home.

In general, you should apply for Medicaid if your income is low and you match one of the descriptions of the Eligibility Groups.

(Even if you are not sure whether you qualify, if you or someone in your family needs health care, you should apply for Medicaid and have a qualified caseworker in your state evaluate your situation.)

What is not covered?

Medicaid does not provide medical assistance for all poor persons. Even under the broadest provisions of the Federal statute (except for emergency services for certain persons), the Medicaid program does not provide health care services, even for very poor persons, unless they are in one of the designated eligibility groups. Low income is only one test for Medicaid eligibility; assets and resources are also tested against established thresholds. As noted earlier, categorically needy persons who are eligible for Medicaid may or may not also receive cash assistance from the TANF program or from the SSI program. Medically needy persons who would be categorically eligible except for income or assets may become eligible for Medicaid solely because of excessive medical expenses.

Medicaid is health insurance that helps many people who can't afford medical care pay for some or all of their medical bills.

For more information on Medicaid, visit the website at: www.medicaid.gov

Above information reprinted from www.medicare.gov

Government Agencies MEDICARE INFORMATION

Medicare - What is it?

Medicare is health insurance for people age 65 or older, under age 65 with certain disabilities, and any age with permanent kidney failure (called "End-Stage Renal Disease"). You must have entered the United States lawfully and have lived here for 5 years to be eligible for Medicare.

Medicare has two parts:

Medicare Part A (Hospital Insurance) helps pay for inpatient care you get in a hospital, skilled nursing facility, or hospice, and for home health care if you meet certain conditions. Most people don't have to pay a monthly premium for Medicare Part A because they, or a spouse, paid Medicare taxes while working in the United States. If you don't automatically get premium-free Part A, you may still be able to enroll, and pay a premium.

Medicare Part B (Medical Insurance) helps pay for medically-necessary doctors' services and other outpatient care. It also pays for some preventive services (like flu shots) to help keep you healthy and some services that keep certain illnesses from getting worse. Most people pay the standard monthly Medicare Part B premium.

You have choices about how you get your Medicare coverage. Here are the two main options:

Original Medicare

Managed by the Federal government, it provides your Medicare Part A and Part B coverage. (You can choose to have either one, or both parts.) You have to pay a deductible, and you are usually charged coinsurance each time you get services.

- You can add Medicare prescription drug coverage (Part D) by joining a Medicare Prescription Drug Plan. Costs and benefits vary by plan.
- You can also choose to buy a Medigap (Medicare Supplement Insurance) policy to help pay some of the health care costs' "gaps" (like copayments, coinsurances, and deductibles).

Medicare Advantage Plans (called Part C)

You must have both Part A and Part B to join one of these plans. The plans provide all of your Part A and Part B services and generally provide additional services. You usually pay a monthly premium, and copayments that will likely be less than the coinsurance and deductibles under Original Medicare. In most cases, these plans also offer Part D prescription drug coverage. These plans are offered by private insurance companies approved by Medicare. Costs and benefits vary by plan.

Note: Help is available. If you have limited income and resources, you may qualify for help paying your Medicare health care and/or prescription drug coverage costs.

For more information, call Social Security at 1-800-772-1213, visit

www.socialsecurity.gov on the web, or apply at your State Medical Assistance (Medicaid) office.

If you have a question about Medicare or the Medicare health and prescription drug plans in your area, visit www.medicare.gov on the web, or call

1-800-MEDICARE (1-800-633-4227) TTY users should call 1-877-486-2048 Medicare/Medicaid Assistance Program (MMAP) or State Health Insurance Program (SHIP) (800) 803-7174, ext. 247.

Support Groups

All Americans Home Care & Hospice 1397 S. Linden Rd., Ste. D Flint, MI 48532 (810) 230-9720 (810) 230-9721 Fax barb.johnson810@gmail.com

All Americans Home Care & Hospice 2071 S. Graham Rd. Flint, MI 48532 (810) 230-9720 (810) 687-9519

Alzheimer's Association

1125 S. Linden Rd., Ste. 950 Flint, MI 48532 (810) 780-4163 (800) 272-3900 24/7 Help Line alz.org

Compassus Hospice 5445 Ali Dr. Grand Blanc, MI 48439 (888) 606-6661

Davison Area Senior Center

10135 Lapeer Rd. Davison, MI 48423 (810) 658-1566 (810) 658-8044 Fax davison-sc.org

Grief Support/Grief Recovery First Presbyterian Church 746 S. Saginaw St. Flint, MI 48502 (810) 234-8673 Heart to Heart Hospice of Flint 2029 S. Elms Rd., Bldg B, Ste. A. Swartz Creek, MI 48473 (810) 422-9453 hearttohearthospice.com

Heartland Home Care and Hospice 6211 Taylor Dr. Flint, MI 48507 (810) 732-0203 Main (810) 230-1318 Hospice Only flint@heartlandhospice.com

Kindred at Home Hospice

4458 Oakbridge Dr., Ste. D Flint, MI 48532 (810) 733-7250 kindredhealthcare.com

Martin Cremation and Tribute Center 1194 E. Mt. Morris Rd. Mt Morris, MI 48458 Support Group (810) 686-2210

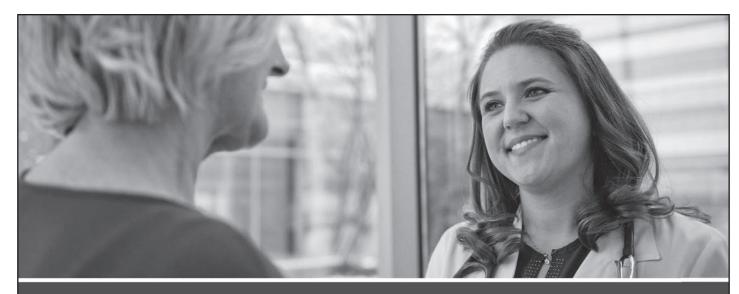


Support Groups

McLaren Health Management Group

1515 Cal Dr. Davison, MI 48423 (866) 323-5974 (810) 496-8855 Mclaren.org/hospice **Sharp Funeral Homes**

(877) 537-4277 Grief Support Meetings (810) 629-9321



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MCLaren
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GROUP

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Health Clinics

These clinics include health services, diagnostic screening/counseling and immunizations.

Flint VA Outpatient Clinic 2360 S. Linden Rd. Flint, MI 48532 (810) 720-2913

Genesee County Health Department Burton Health Center (810) 742-2255

Genesee County Free Medical Clinic 2437 Welch Blvd. Flint, MI 48504 (810) 235-4211

Genesee County Health Department (810) 257-3612

Hamilton Community Health Network 225 E. Fifth St. Flint, MI 48502 (810) 406-4246 hamiltonchn.org

Mott Clinic Dental Hygiene Clinic (September thru April) (810) 762-0493

Water Filter, Lead Dial 211 gchd.us



Psychiatric Services

Catholic Charities Counseling Programs/Psychiatric Services

(810) 232-9950

McLaren Greater Lansing Geropsychiatry Program (GEMS) 2727 S. Pennsylvania Ave. Lansing, MI 48910 (517) 975-3212 Inpatient 62 and older Sparrow Geriatric Inpatient Psychiatry Unit 1210 W. Saginaw St. Lansing, MI 48915 (517) 364-7670 (800) 761-9384 Admissions

Veteran Crisis Line (800) 273-8255 #1



LOAN CLOSETS / DONATIONS

Loan closets primarily provide a means to "loan" various types of assisting devices and medical equipment such as wheelchairs, walkers, canes, etc. Loan closets are available at almost all of the local Senior Centers in Genesee County - refer to the Senior Center section of this manual. In addition, you can contact your local VFW hall, or your local church to inquire about availability of loaner equipment.

Home Care

There are two types of home health care:

- 1. **Skilled Home Health Care** this type of home care is covered by insurance, often times Medicare. Skilled home care provides services by Registered Nurses, Medical Social Workers, Home Health Aides, Physical, Occupational and Speech Therapists. Skilled home care is a service that is provided often after someone has been in the hospital, has had a change in condition, and/or has been diagnosed with a new condition, i.e. high blood pressure, diabetes, injury at home. The goal of skilled home care is to assist the patient and their caregiver to be as independent as possible in a home setting. This service does require a physician order.
- 2. **Private Duty Home Care** this type of home care is primarily paid for by the person receiving the services. Some people have long term care policies or another type of insurance that would cover private home care. Private duty services often entail someone coming to the home and staying for several hours. The person may assist the patient with a bath, personal care, meal preparation, light housekeeping, and laundry. Also, private duty can be used for someone who is unable to stay alone. Private duty services can be used for a couple of hours a day or up to 24 hours a days.

The following listed agencies are provided to give you a choice of providers.



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 - ♥ Private Duty In-Home Care Professionals
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 ♥ Memory Care
- ♥ Personal Care Management ♥ 24/7 Services
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PAY OPTIONS: Private Duty, Long Term Care Insurance VA and Valley Area Agency on Aging approved.

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- Assistance with Hospice
- · Personalized Care Plans and assistance with in-home safety measures
- · Alzheimer's/Dementia Care

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Local: 810.691.9749



www.alternativeelderlycare.com • Davison, Michigan 48423

Home Care-Private Duty

Private Duty Home Care provides personal care, housekeeping, respite and other services. It is a private pay service and is not usually covered by insurance.

Alternative Elderly Care

P.O. Box 935 Davison, MI 48423 (810) 691-9749 altelder@aol.com alternativeelderlycare.com

An Angel's Touch Home Care LLC 1133 S. State Rd., Ste. 4 Davison, MI 48423 (810) 407-1473

Ascention Health at Home

Together with Compassus 5445 Ali Dr. Grand Blanc, MI 48439 (888) 246-6322

Binson's Nursing & Staffing G-4433 Miller Rd. Flint, MI 48507 (810) 733-1185

ComForCare

10775 S. Saginaw St. Bldg. C, Ste. C Grand Blanc, MI 48439 (810) 766-9384

Comfort Keepers Home Care

4029 Lapeer Rd. Burton, MI 48509 (810) 249-2561 flint@comfortkeepers.com comfortkeepeers.com

DediCare Solutions, LLC

1311 S. Linden Rd., Ste. B Flint, MI 48532 (810) 354-8085 dedicaresolutions.com

Entech Medical Staffing 8245 Holly Rd., Ste. 104 Grand Blanc, MI 48439 (810) 695-9777 agross@teamentech.com

First Light Home Care of Greater Genesee County 1320 E. Atherton Flint, MI 48507 (810) 875-9805 Helping Hand Nursing Service, Inc. G-8305 S. Saginaw Rd., Ste. 1 Grand Blanc, MI 48439 (810) 606-8400 • hhnsinc.com

Home Joy of Genesee and Lapeer 9440 Lapeer Rd. Davison, MI 48423 (877) 743-4434 homejoy.care

Jacksons Best Care, LLC

2503 S. Linden Rd., Ste. 261 Flint, MI 48532 (810) 515-1179



Jackson's Best Care LLC

2503 S. Linden Rd Ste 261 Flint, MI 48532 www.jacksonsbestcare.com jjackson@jacksonsbestcare.com

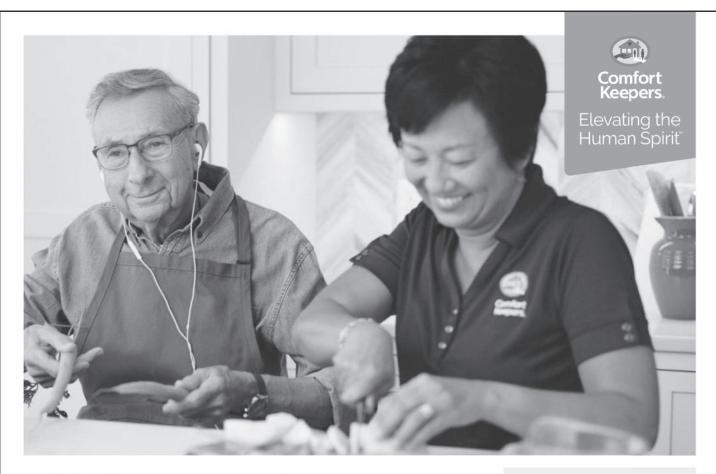
Mercy Plus Home Healthcare

2521 N. Elms Rd. Flushing, MI 48433 (810) 487-5571 (810) 519-4924 Fax mercypluscare.com

MPI Home Care 1055 Charter Dr., Ste. 102 Flint, MI 48532 (810) 600-0000 (800) 223-5818 Toll Free (810) 600-0002 Fax

Professional Nursing Services Inc.

2425 S. Linden Rd., Ste. 124 D Flint, MI 48532 (810) 877-6460



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- · Respite care
- Safety solutions

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Home Care-Private Duty

Private Duty Home Care provides personal care, housekeeping, respite and other services. It is a private pay service and is not usually covered by insurance.

Reformation Home Health 4371 Torrey Rd., Ste. 1A Flint, MI 48507 (810) 513-0202 reformationhomehealth.com

Right At Home

2240 E. Hill Rd., Ste. A Grand Blanc, MI 48439 (810) 232-2433 (810) 232-2455 Fax rightathome.net/geneseeco



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The Caregiver Professionals

2425 S. Linden Rd., Ste. D-104 Flint, MI 48532 (810) 771-5453 thecaregiverprofessionals.com

The Medical Team

4400 S. Saginaw St., Ste. 1300 Flint, MI 48507 (810) 239-3000 (810) 239-3650 Fax

TLC Adult Care

5362 S. Dort Hwy., Ste. A Flint, MI 48507 (810) 235-8280 tlcadultcare1@aol.com

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(810) 235-8280

24 hour phone line 810-714-1288

TLCadultcare1.com

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· Medication reminding

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Absolute Home Health and Hospice 9463 Holly Rd., Ste. 104 Grand Blanc, MI 48439 (810) 694-1042

Achieve Home Health Care G-5245 W. Pierson Rd., Ste. 1 Flushing, MI 48433 (810) 230-9881 achievehhc.com

Ascension at Home

together with Compassus 5445 Ali Dr. Grand Blanc, MI 48439 (888) 246-6322 compassus.com Advisa Care Home Health Care 2367 S. Linden Rd., Ste. B Flint, MI 48532 (810) 743-8888 advisacare.com

All Americans Home Health & Hospice Care 1397 S. Linden Rd., Ste. D Flint, MI 48532 (810) 230-9720

AZ Home Health Care 1230 S. Linden Rd., Ste. 3 Flint, MI 48532 (810) 742-7121 (810) 742-7461 Fax azhomehealthcare.org

Community Health & Comfort Care

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Ascension at Home



888-2-HOMECARE ascensionathome.com



Home Health Care-Skilled

Skilled home care provides nursing, social work, physical/occupational/speech therapy and bathing services when ordered by your physician. Services are covered by Medicare and most insurances.

Entech Medical Staffing 8245 Holly Rd., Ste. 104 Grand Blanc, MI 48439 (810) 695-9777

First Light Home Care of Greater Genesee County 1320 Atherton Rd. Flint, MI 48507 (810) 875-9805

Heartland Home Health & Hospice 6211 Taylor Dr. Flint, MI 48507 (877) 329-1001 (800) 878-9657 Fax

Helping Hand Nursing Service, Inc. 8305 S. Saginaw Rd., Ste. 1 Grand Blanc, MI 48439 (810) 606-8400 hhnsinc.com

Kindred at Home

4458 Oakbridge Dr., Ste. B Flint, MI 48532 (810) 732-9030 (800) 861-4267 (810) 732-5245 Fax kindredathome.com

McLaren Health Management Group

1515 Cal Dr. Davison, MI 48423 (800) 862-3132 (810) 496-8888 mclaren.org/homecare

Mid Michigan Home Care

1020 Professional Dr., Bldg. B Flint, MI 48532 (810) 732-9528 (810) 732-9548 Fax

MPI Home Care 1055 Charter Dr., Ste. 102 Flint, MI 48532 (810) 600-0000 (800) 223-5818 Toll Free (810) 600-0002 Fax

Professional Nursing Services

2425 S. Linden Rd., Ste. 124 D Flint, MI 48532 (810) 877-6460 (810) 422-5131 Fax

Residential Home Health and Hospice 1681 Woodbridge Park Ave. Lapeer, MI 48446 (866) 902-4000

The Medical Team

4400 S. Saginaw St., Ste. 1300 Flint, MI 48507 (810) 239-3000 (810) 239-3650 Fax medicalteam.com

Valley Home Health Care G-4443 Miller Rd. Flint, MI 48507 (810) 244-0038 (877) 531-3240 Toll Free

Hospice

End of life care for individuals diagnosed with a terminal illness.

Absolute Home Health and Hospice 9463 Holly Rd., Ste. 104 Grand Blanc, MI 48439 (810) 694-1042

All Americans Home Health and Hospice Care 1397 S. Linden Rd., Ste. D Flint, MI 48532 (810) 230-9720

Compassus Hospice

5445 Ali Dr. Grand Blanc, MI 48439 (888) 606-6661 compassus.com

Grace Hospice G-4444 W. Bristol Rd., Ste. 320 Flint MI 48507 (810) 230-0127 (810) 230-7048 Fax

Heart to Heart Hospice 4438 Oak Bridge Dr. Flint, MI 48532 (810) 422-9453 hearttoheart.com

Heartland Home Health & Hospice 6211 Taylor Dr. Flint, MI 48507 (810) 230-1318 (800) 878-9657 Fax

Kindred Hospice

4458 Oakbridge Dr., Ste. D Flint, MI 48532 (810) 733-7250 (800) 664-6334 (810) 733-8424 Fax

McLaren Health Management Group

1515 Cal Dr. Davison, MI 48423 (800) 206-4806 (810) 496-8855 Fax mclaren.org/hospice

Mid Michigan Home Health Care Inc.

1020 Professional Dr., Bldg. B Flint, MI 48532 (810) 732-9528 (810) 732-9548 Fax midmichiganhc.com

Residential Home Health & Hospice formerly Hometown Home Health & Hospice 1681 Woodbridge Park Ave. Lapeer, MI 48446 (866) 902-5854 residentialhealthcaregroup.com

The Medical Team Hospice

4400 S. Saginaw St., Ste. 1300 Flint, MI 48507 (810) 239-3000 (810) 762-0995 Fax medicalteam.com



AWARD-WINNING CARE FOR PATIENTS 65 & OLDER

At Hurley Medical Center, we know that caring for older adults requires special understanding and consideration.

That's why we're the only hospital in the region awarded as EXEMPLARY by the Hartford Institute for Geriatric Nursing. This prestigious designation recognizes Hurley Medical Center's commitment to outstanding geriatric care.









Hurley's Senior Center of Excellence is proud to provide extra levels of safety and care for our seniors, including:

- A No-Wait Immediate Rooming Experience through Emergency Room
- Geriatric Nurse Specialist to Oversee Patients 65 & Older
- Region's Only Geriatric Fracture Center with Qualified Level 1 Trauma Team
- Osteoporosis Program to Keep Seniors Safe from Future Fractures





Take a virtual tour of Hurley online at hurleymc.com | For more information, call 810.262.6339

Hospitals/Urgent Care

AMD Urgent Care 7070 Miller Rd., Ste. A Swartz Creek, MI 48473 (810) 564-7995 amdurgentcare.com

Ascension Genesys Hospital One Genesys Parkway Grand Blanc, MI 48439-8066 (810) 606-5000

Ascension Genesys Urgent Care 1460 Center Rd. Burton, MI 48509 (810) 715-4620

Genesee Urgent Care 2265 S. Linden Rd. Flint, MI 48532 (810) 720-8700

Hurley Medical Center

One Hurley Plaza Flint, MI 48503 (810) 262-9000

Hurley Urgent Care-Burton 2065 S. Center Rd. Burton, MI 48519 (810) 262-2360

Hurley Urgent Care-Durand 8759 Monroe Rd. Durand, MI 48429 (810) 262-2710

Hurley Urgent Care-Grand Blanc 5494 S. Dort Hwy. Grand Blanc, MI 48507 (810) 262-7731

Hurley Urgent Care-Main Campus One Hurley Plaza Flint, MI 48503 (810) 262-6744



Hurley Urgent Care-Lapeer 1794 N. Lapeer Rd. Lapeer, MI 48446 (810) 245-1800

McLaren-Flint 401 S. Ballenger Hwy. Flint, MI 48532 (810) 342-2000

McLaren-Lapeer 1375 N. Main St. Lapeer, MI 48446 (810) 667-5500

McLaren Urgent Care 2313 E. Hill Rd. Grand Blanc, MI 48439 (810) 496-0900

Memorial Healthcare Center 826 W. King St. Owosso, MI 48867 (989) 723-5211

Select Specialty Hospital 401 S. Ballenger Hwy. Flint, MI 48532 5th Central Floor (810) 342-4545 selectmedical.com

Meal Programs

Many Senior Citizen Centers offer noon meals at the centers. Contact your area Senior Center for details or the Senior Food Program at (810) 235-3567 for a location near you.

Catholic Charities Center For Hope Soup Kitchen

812 Root St. Flint, MI 48503 (810) 265-7025 Mon-Sat 12pm-1pm Sun 1:30pm-2:30pm

Catholic Charities Sandwich programs, My Brothers Keeper

101 N. Grand Traverse St. Flint, MI 48503 (810) 869-4550 Mon-Thurs 11am-12:30pm

Catholic Charities North end Soup Kitchen

735 E. Stewart Ave. Flint 48505 (810) 785-6911 Mon-Sat 11:30am-12:30pm Lunch 4pm-5pm Dinner Sun 1pm-2pm Lunch

Catholic Charities South End Soup Kitchen

Lincoln Park United Methodist Church 3410 Fenton Rd. Flint, MI 48507 (810) 239-3427 (810) 785-6911 Mon-Sat 11am-12pm

Carriage Town Ministries 605 Garland St. Flint, MI 48503 Dinner Only 5pm (810) 233-8787

Eastside Mission 1829 Delaware Ave. Flint, MI 48506 (810) 767-5312

First Presbyterian Church of Flint 746 S. Saginaw St. Flint, MI 48502 (810) 234-8673 Sunday 8am-9:30am Breakfast Food Bank of Eastern Michigan Senior Food Box Program (810) 239-4441

Flint Jewish Federation Kosher and Asian Indian (Vegetarian) Mobile and Congregate Meals 5080 W. Bristol Rd., Ste. 3 Flint, MI 48507 (810) 767-5922

Genesee County Community Action Resource Dept.

Home Delivered and Congregate Meals GCCARD 601 N. Saginaw St. Flint, MI 48502 Senior Nutrition Program (810) 235-3567 (810) 237-4752 Fax

GCCARD Commodities Program

(810) 789-4409

MI Cafe, Food Assistance, Bridge Card (877) 664-2233

St. Andrew Episcopal Church 1922 Iowa Ave. Flint, MI 48506 Friday-Saturday Lunch Sunday Breakfast 8am (810) 238-4236

St. Luke N.E.W. Life Center 3115 Lawndale Ave. Flint, MI 48504 (810) 239-8710 Once a month groceries 48504/48505

Valley Area Agency on Aging

Home Delivered Meals Assessments 225 E. 5th St., Ste. 200 Flint, MI 48502 (810) 239-7671

Food Pantries

American GI Forum Hispanic Tech CenterWed 10am-Noon(810) 424-3760
Catholic Charities Center for Hope(810) 265-7025
Christ the King Catholic Church Fax (810) 233-0402
Commodities Food Program(810) 789-3746 or (810) 789-4409
FISH, Inc. Grand Blanc (Grand Blanc Area)(810) 695-1880
Flushing Christian Outreach (Flushing Area)
M-W-F 10am-2pm, Tue 10am-2pm & 3:30pm-5:30pm
Thur 12:30pm-4:30pm, Sat 10am-12pm(810) 487-2223
Foss Avenue ChurchTues 10am-12pm(810) 787-9019
Greater Flint OutreachWed 11:00am-12:30pm(810) 767-4064
H.I.S. Ministries Bristol Rd. Church of Christ Tues 11am-1pm(810) 238-4627
Holy Rosary4th Thurs 10am-1pm(810) 736-4040
L.O.V.E. Inc
New Creation Church3rd Thurs 9am-1pm(810) 732-0500
North Flint Muslim Food Pantry2nd Sat of the Month at the Inn on South Saginaw
Outreach East (Davison Area Only)
Mon & Wed 10am-3pm, Tues & Thur 12pm-5pm(810) 653-7711
Piece of the Rock1938 S. Dort Hwy., Flint, MI 48503
Salvation ArmyTues 10am-12pm(810) 789-4003
St. Luke Catholic Church New Life CenterTue & Thur 10am-2pm(810) 239-8710
Swartz Creek-Food Basket (Swartz Creek Area)(810) 635-3965



Agencies Offering Food Assistance

Food Bank of Eastern Michigan (810) 239-4441 Monday - Friday, 8:00am - 4:30pm

Help Centers - Flint Residents Only Help Center #1 Bethel UMC 1309 Ballenger Hwy. (810) 239-4441 **Monday 10:00am**

Help Center #2 Asbury UMC 1653 Davison Rd. (810) 239-4441 **Tuesday 10:00am**

Help Center #3 Greater Holy Temple 6702 N. Dort Hwy. (810) 239-4441 **Thursday 10:00am**

Blessed Sacrament 6340 Roberta St. Burton, MI 48509 (810) 742-3151

1st & 3rd Wed. of the month 2:00-3:00pm Zip codes 48509 and 48519 only. Requirements: Photo ID.

Clio Community of Christ 4041 W. Vienna Rd. Clio, MI 48420 (810) 547-7044

By appt. only - Call/leave message for appt.

Crossover Downtown Outreach Ministry 414 W. Court St. Flint, MI 48503 (810) 234-2479 Mon-Fri 10:00am-2:30pm Referral Required

Helping Individuals Succeed
1315 W. Bristol Rd.
Flint, MI 48507
(810) 238-4627
Tuesday 11:00am-1:00pm
Tuesday 6:00pm-8:00pm
Can receive food once a month.
Zip Codes 48507, 48529, and 48519 only.
Requirements: Valid license with current address in the above Zip Codes.

Hispanic Technology Center 2101 Lewis Flint, MI 48506 **Wednesday 10:00am-12:00pm**

Holy Family
11714 Saginaw St.
Grand Blanc, MI 48439
(810) 694-4891
Monday-Friday 10:00am-2:00pm
Requirements: Photo ID. You must be a resident of Grand Blanc city or township to reserve food.

Riverside Tabernacle 429 N.B. Chavez Flint, MI 48503 (810) 234-6246 **Tuesday 9:30am-12:00pm**

If you need a referral from Love Inc., call 810-235-4990,
Mon-Tues 9am-4pm, Wed 9am-3pm
Love Inc. can also provide additional food pantry and other assistance information.

For additional information on assistance with food, utilities and other needs, contact the United Way hotline by dialing "211".

Pharmacy/Pharmaceutical Drug Assistance Programs

Aceso Pharmacy LTC 5376 Miller Rd. Swartz Creek, MI 48473 (810) 553-9815

Advanced Specialty Rx

4800 S. Saginaw St., Ste. 1675 Flint, MI 48507 (810) 232-2700

Beecher Road Pharmacy 3169 Beecher Rd., Ste. 102 Flint, MI 48532 (810) 337-1121

Brothers Pharmacy 118 W. Pierson Rd. Flint, MI 48505 (810) 785-7770 Delivery Available

Central Pharmacy East, LLC 3097 N. Genesee Rd. Flint, MI 48506 (810) 744-9101 Delivery Available Discount Pharmacy 4400 S. Saginaw St., Ste. 1335 Flint, MI 48507 (810) 239-2667

Exact Care Pharmacy 8333 Rockside Rd. Valleyview, OH 44125 (877) 355-7225 exactcarepharmacy.com Delivery Available

Family Pharmacy G-4444 Fenton Rd. Flint, MI 48507 (810) 235-7995 (810) 235-0241 Fax Delivery Available

Luea Pharmacy Nursing Home Division 8021 Miller Rd. Swartz Creek, MI 48473 (810) 635-9477 (810) 635-3355 Delivery Available MI Rx Discount Card (866) 755-6479 (Press 2, then 1)

Pfizer (800) 879-3477 pfizer.com

Rx Assist rxassist.org

The Partnership for Prescription Assistance pparx.org

Union Prescription Center 11830 N. Saginaw St. Mt. Morris, MI 48458 (810) 686-2900 unionrxonline.com Delivery Available



4800 S. SAGINAW STREET SUITE 1675 FLINT, MICHIGAN 48507 810.232.2700

WWW.ASRXMI.COM
WWW.FACEBOOK.COM/ ADVANCEDSPECIALTYRX

Your Partner in Long Term Care



KATHY EDWARDS

Marketing Manager Cell: 810.275.8656 Kathy@asrxmi.com

CHRISTY AMBROSE

MARKETING
CELL: 810.247.4065
CHRISTY@ASRXMI.COM

Medical Emergency Response Systems

Comfort Keepers

4029 Lapeer Rd. Burton, MI 48509 (810) 249-2561 Guardian Medical Monitoring 18000 W. 8 Mile Rd. Southfield, MI 48075 (888) 349-2400 guardianalarm.com

Patriot Pal Medical Alert 5189 Commerce Rd. Flint, MI 48507 (810) 742-5391



Rehabilitation Services

There are many rehabilitation companies available in the area. Once an order from your primary physician is received, one can obtain rehabilitation services through the following resources:

Hospitals
Skilled Home Care Companies
Skilled Nursing Facilities
Out-Patient Rehab Clinics
Private Physical Therapy Offices

Altruistic Speech & Language Services 124 S. State Rd. Davison, MI 48423 (810) 886-1028 office@altruisticsls.com Primary Prevention Physiotherapy 209 S. Cherry St. Flushing, MI 48433 (810) 487-9733 primarypreventionpt.com

Maxwell Therapy LLC

1397 S. Linden Rd., Ste. B Flint, MI 48532 (810) 230-9750 maxwelltherapy.com



Senior Citizens Centers

Over the years Senior Centers have vastly changed. What was once a place to play cards and attend craft classes has now become a place where older adults can receive a wide variety of educational, recreational, and health-related service.

Examples of these services, programs and events are: Congregate meals, health screenings, health education, clinics, adult education, enrichment classes, arts & crafts, travel programs, cards, bingo, dancing, transportation, exercise classes, legal assistance, financial assistance, prescription programs, insurance assistance, support groups, outreach services, housing assistance, tax assistance, and surplus commodities. This list is by no means complete. Call each individual center for more information.

Senior Centers promote friendships, volunteer opportunities, activities, plus much, much, more.

People do not stop doing things because they get older.

They get older because they stop doing things.

Brennan Elm Park Senior Center

1301 Pingree Ave. Flint, MI 48503 (810) 766-7238 (810) 424-9506 Fax brennanseniorcorporation@gmail.com brennanseniorcenter.com

Burton Senior Activity Center

3410 S. Grand Traverse St. Burton, MI 48529 (810) 744-0960 (810) 744-9062 Fax j.ackley@burtonmi.gov burtonmi.gov

Carman-Ainsworth Senior Center

2071 S. Graham Rd. Flint, MI 48532 (810) 732-6290 (810) 732-6305 Fax cascflinttwp@yahoo.com carman.k12.mi.us/seniorcenter Clio Senior Center 2136 W. Vienna Rd. Clio, MI 48420 (810) 687-7260 (810) 564-0635 Fax

Davison Area Senior Center

10135 Lapeer Rd. Davison, MI 48423 (810) 658-1566 (810) 658-8044 Fax davison-sc.org kathy@davison-sc.org

Eastside Senior Center

3065 N. Genesee Rd. Flint, MI 48506 (810) 250-5000 (810) 250-9033 Fax eastside3065@gmail.com eastsideseniorcenter.com

Flushing Area Senior Center

106 Elm St. Flushing, MI 48433 (810) 659-4735 (810) 659-4686 Fax director.fasc@icloud.com flushingseniorcenter.com

Senior Citizens Centers

Forest Township Senior Center

130 E. Main St. Otisville, MI 48463 (810) 631-3407 forestseniors@foresttwp.net foresttwpseniorcenter.com

Grand Blanc Senior Center 12632 Pagels Dr. Grand Blanc, MI 48439 (810) 695-3202 (810) 953-0726 Fax gbsc3202@gmail.com gbseniorcenter.com

Hasselbring Senior Center 1002 W. Home Ave. Flint, MI 48505 (810) 766-9516 hasselbringseniorcenter.org

Heart of Senior Citizen Services Krapohl Senior Center 5473 Bicentennial Dr. Mt. Morris, MI 48458 (810) 785-2270 (810) 785-9973 Fax heartscs.org krapohlcenter@heartscs.org

Loose Senior Center 707 N. Bridge St. Linden, MI 48451 (810) 735-9406 (810) 735-4255 Fax lscc@looseseniorcenter.org loosecenter.org Montrose Senior Center 200 Alfred St., P.O. Box 3128 Montrose, MI 48457 (810) 639-2822 (810) 639-5899 Fax montrosetownship.org swarren@montrosetownship.org

Senior Directors Association of Genesee County

11495 N. Center Rd. Clio, MI 48420 (810) 686-0630

Swartz Creek Area Senior Center

8095 Civic Dr. Swartz Creek, MI 48473 (810) 635-4122 (810) 635-9405 Fax bmccallum@myscasc.org myscasc.org

Thetford Senior Center

11495 N. Center Rd. Clio, MI 48420 (810) 686-0630 (810) 686-0192 Fax thetforddir@yahoo.com thetfordtwp.com





Senior Hotlines

AARP

(800) 424-3410 aarp.org

Alzheimer's Association Greater MI Chapter

(800) 272-3900 Flint (810) 780-4163 alz.org/gmc

American Diabetes Association

(800) 342-2383 diabetes.org

American Heart Association

(800) 242-8721 heart.org

Arthritis Foundation

(800) 283-7800 arthritis.org

Christopher & Dana Reeve Foundation

(800) 225-0292 christopherreeve.org

Genesee County Senior Millage Telephone Intake & Screening Program

(810) 249-6531

Housing Resources

mortgageloan.com/seniors

Legal Hotline for Michigan Seniors

(800) 347-5297 elderlawofmi.org/legal.hotline

Medicare Appeals/Inquiry

(800) 633-4227 medicare.gov

Medicare/Medicaid Assistance Program Valley Area Agency on Aging

(800) 803-7174 (810) 239-7676 Flint

Michigan Aging & Adult Services

P.O. Box 30676 Lansing, MI 48909-8176 (517) 241-4100 michigan.gov/aasa

Michigan Parkinson Foundation

(800) 852-9781 parkinsonsmi.org

National Cancer Institute

(800) 422-6237 cancer.gov

Patient Advocate Foundation

(800) 532-5274 patientadvocate.org

Social Security

(800) 772-1213 ssa.gov

Taxpayers Assistance (State)

mi.gov/treasury

Taxpayers Information (Federal)

(800) 829-1040 (800) 829-4059 Hearing impaired irs.gov

The Health Well Foundation

(800) 675-8416 healthwellfoundation.org

Veteran's Information and Assistance

(800) 827-1000 va.gov

Senior Housing Section

Seniors have numerous life-style choices when they can no longer live at home. Following is a description of the choices and then a listing of local facilities. Keep in mind that the services and amenities offered vary from facility to facility, even within the same group. For example, in *independent living facilities*, some of them provide extra services like meals or activities, and some do not. Another example is in *assisted living facilities*, some will accommodate residents in wheelchairs, and some will not. Of course it is always best to thoroughly investigate and compare facilities and ask a lot of questions, in order to match the resident to an appropriate facility.

Independent Living Facilities: These can be government subsidized for people with limited income and assets, or non-subsidized for anyone. They can vary from individual apartments with no additional services, to facilities that provide all meals and activities, and everything in between. Usually there would not be 24 hour supervision, although home care agencies can be contracted to provide extra care as needed for personal care, medications, food, or companionship.

Assisted Living Facilities: These facilities usually have between six to 40 residents and includes 24-hour supervision of the residents. These facilities would offer help with activities of daily living, feeding, dressing, personal care, medications and so forth. These facilities would take care of all the resident's needs up until the time they would need a nursing home.

Memory Impaired Facilities: These are like assisted living facilities that specialize in residents who are afflicted with dementia and Alzheimer's disease. There should be close supervision, and there may be locked or alarmed doors for the resident's safety.

Nursing Homes: These would serve patients who need constant skilled nursing services that are unable to be provided at an assisted living or foster care facility. Also nursing homes can provide rehabilitation for patient's injuries with the hope of returning home or to an independent living or assisted living facility.

These are the categories we have listed in this directory, but in fact there is a lot of overlap of services and different levels of care offered from one facility to another.

To insure you have an appropriate placement
- remember Investigate, Compare, and Ask Lots of Questions.

Adult Foster Care Facilities: There are hundreds of AFC facilities in the area, some of which cater to seniors, and some to other groups of residents. For information on Adult Foster Care facilities and vacancies, you may contact the representative of the Adult Foster Care Providers of Genesee County, info@afcproviders.org, or visit our website at www.afcproviders.org

Non-Subsidized Independent Living

Abbey Park 3221 E. Baldwin Rd. Grand Blanc, MI 48439 (810) 606-1110 abbeypark.com



American House Grand Blanc

12640 Holly Rd. Grand Blanc, MI 48439 (810) 694-7300 (810) 695-1443 Fax americanhouse.com

Cedarwood Senior Apartments 1700 Cedarwood Dr. Flushing, MI 48433 (810) 487-2100 (810) 487-1974 Fax

Clio Senior Village 11535 Plaza Dr. Clio, MI 48420 (810) 686-4300 (810) 686-1867 Fax

Court Street Village 700 & 800 E. Court St. Flint, MI 48503 (810) 239-4400 (810) 239-4403 Fax mcfarlanvillages.org Dauner Haus II 400 Dauner Haus Dr. Fenton, MI 48430 (810) 629-7140 (810) 629-0088 Fax

Flint Heights Terrace G-3064 Miller Rd. Flint, MI 48507 (810) 239-2159 (810) 239-1849 Fax flintheights@yahoo.com

Genesee Gardens Independent Retirement Living 4495 Calkins Rd. Flint, MI 48532 (810) 720-4159 geneseegardens.com

Grand Meadows II Apartments 12624 Pagels Dr. Grand Blanc, MI 48439 (810) 695-0344

Kearsley Daly Villa / East Side Village Affordable Housing Program Tax Credit 3085 N. Genesee Rd. Flint, MI 48506 (810) 250-1000 kearsleydalyvilla@yahoo.com

Kearsley Manor 814 E. Kearsley St. Flint, MI 48503 (810) 238-4851 (810) 238-9638 Fax kearsleymanor@yahoo.com

Non-Subsidized Independent Living

Lockwood of Burton

Affordable Housing Program Tax Credit 2173 S. Center Rd. Burton, MI 48519 (810) 744-9400 (810) 744-9464 Fax lockwoodseniorliving.com

Lockwood of Fenton

16300 Silver Parkway Fenton, MI 48430 (810) 714-3340 fenton@lockwoodgrp.com lockwoodseniorliving.com

Lockwood of Genesee

Affordable Housing Program Tax Credit
3375 N. Linden Rd.
Flint, MI 48504
(810) 733-8900
(810) 733-9970 Fax
americanhouse com

Millpond Manor 201 E. Elizabeth St. Fenton, MI 48430 (810) 629-1179

Rosehaven Manor 3900 Hammerberg Rd. Flint, MI 48507 (810) 767-3630 (810) 767-3874 Fax info@rosehavenmanor.com rosehavenmanor.com

Roxbury Court 292 Smith St. Clio, MI 48420 (810) 687-1270 (810) 687-1309 Fax Serenity Assisted Living 11328 N. Bray Rd. Clio, MI 48420 (810) 247-2343

Tranquility Estates

4069 E. Cook Rd. Grand Blanc, MI 48439 (810) 771-7754 tranquility-estates.com

Woodhaven Senior Community

G-5201 Woodhaven Ct. Flint, MI 48532 (810) 230-1070 (810) 230-2505 Fax woodhavensenior.com



AFFORDABLE SENIOR LIVING AT ITS BEST!

LOCALLY OWNED AND MANAGED

Ballard Village

New affordable living for low income seniors



Daily Activities - Crafts, informative speakers, bingo & more Beauty Salon, Game room, Library and Exercise room Community Room with Koffee Kafe' and large screen TV Lobby with fireplace and plenty of seating Beautifully landscaped Patio with a lovely seating area

10137 Lapeer Road • Davison Michigan 48423 Phone: (810) 412-5778 • Fax: (810) 412-5779 • TTY/TTD: 711

WWW.BALLARDVILLAGE.COM

EQUAL HOUSING OPPORTUNITY





Braidwood Manor

Housing designed with elegance and beauty specifically for low income seniors



Heat and AC included in rent Beautiful Community Room with Large Screen TV On-Site GCCARD Meals served M-F at noon Large Lobby with fireplace and Large Screen TV with ample seating Beautiful Courtyard with grill and picnic area Situated in the Heart of Downtown close to Kroger, Whitey's Restaurant, Rite Aid Pharmacy, and more.

336 N. Main Street • Davison Michigan 48423 Phone: (810) 653-1808 • Fax: (810) 653-4458 • TTY/TTD: 711

WWW.BRAIDWOODMANOR.COM

EQUAL HOUSING OPPORTUNITY



Taeckens Terrace

Senior low income living that will have you say, "I love living here!"



Gathering room/Activity Room Beauty Salon and Library/Chapel Spacious Community Room with large screen TV Exercise Room with equipment Beautiful bay windows on upper floors Picnic Area and Gazebo

10133 Lapeer Road • Davison Michigan 48423 Phone: (810) 653-2985 • Fax: (810) 658-0658 • TTY/TTD: 711

WWW.TAECKENSTERRACE.COM

EQUAL HOUSING OPPORTUNITY



Subsidized Independent Living

Ballard Village

10137 Lapeer Rd. Davison, MI 48423 (810) 412-5778 (810) 412-5779 Fax ballard@imsteam.net ballardvillage.com

Braidwood Manor

336 N. Main St. Davison, MI 48423 (810) 653-1808 (810) 653-4458 Fax braidwoodmanor.com

Burton Place G-2287 S. Center Rd. Burton, MI 48519 (810) 742-2030 burtonplaceapts.com

Cambridge Square Apartments 4490 Brendonshire Ct. Flint, MI 48532 (810) 733-1270 (810) 733-3884 Fax

Dauner Haus 400 Dauner Hause Dr. Fenton, MI 48430 (810) 629-7140 (810) 629-0088 Fax

Elmcrest Village 1520 Cedarwood Dr. Flushing, MI 48433 (810) 659-5755 (810) 659-1055 Fax

Flint Housing Commission 3820 Richfield Rd. Flint, MI 48506 (810) 736-3050 flinthc.org

Gardenview 801 Gardenview Dr. Flint, MI 48503 (810) 232-4549 (810) 232-4551 Fax gardenview@imsteam.net Linden Lane 3095 Linden Lane Flint, MI 48507 (810) 732-1280

Lockwood of Burton

2173 S. Center Rd. Burton, MI 48519 (810) 744-9400 (810) 744-9464 Fax lockwoodseniorliving.com

Lockwood of Davison 300 S. Main St. Davison, MI 48423 (810) 653-0810 (810) 658-2862 Fax

Lockwood of Genesee 3375 N. Linden Rd. Flint, MI 48504 (810) 733-8900 (810) 733-9970 Fax americanhouse.com

Mari-Dan Miller Farms 4935 Ita Ct. Swartz Creek, MI 48473 (810) 635-2922 (810) 635-9834 Fax

Oak Street Senior Apartments 1000 Oak St. Flint, MI 48503 (810) 354-7400

Slidell Senior Residence Apartments 2201 W. Carpenter Rd. Flint, MI 48505 (810) 789-2400 (810) 789-7469 Fax

Taeckens Terrace

10133 Lapeer Rd. Davison, MI 48423 (810) 653-2985 (810) 658-0658 Fax taeckensterrace.com

Adult Foster Care Providers of Genesee County

(810) 635-3183 www.afcproviders.org info@afcproviders.org

Almost Home 305 Furlong Ct. Fenton, MI 48430 (810) 593-0690

American Seniors

432 E. Clark St. Davison, MI 48423 (810) 658-7100 americanseniors.com

Angel Manor 9219 N. Elms Rd. Clio, MI 48420 (810) 639-0222

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For information please call: **Tonia Hishke, Manager**

(810) 629-0385 cymhishke@yahoo.com

www.courtyardmanor.com

Swartz Creek

8240 Miller Road Swartz Creek, MI 48473

For information please call:

Jackie Casemore, Manager

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Turn Key Adult Care, Inc. 1780 Brookside Dr. Flint, MI 48503 (810) 237-0671 turnkeyadultcare.com

Verde Valley Rehabilitation 8163 Coldwater Rd. Flushing, MI 48433 (810) 659-6097 marmoore.verdevalley@gmail.com

Vicinia Gardens of Fenton

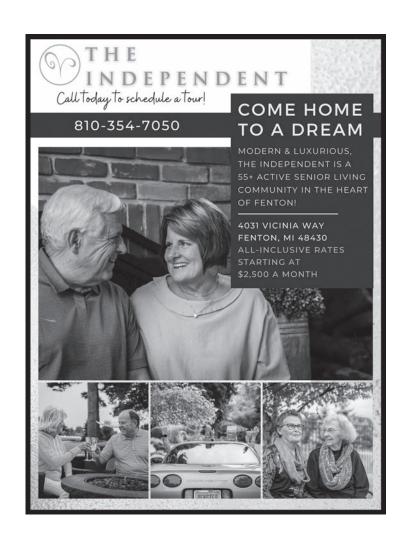
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Young At Heart LLC 11472 Davis Rd. Fenton, MI 48430 (810) 714-1566



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Addington Place of Grand Blanc 4137 E. Cook Rd. Grand Blanc, MI 48439 (810) 695-9796 (810) 695-3122 Fax addingtonplacegb.com

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8240 Miller Rd. Swartz Creek, MI 48473 (810) 630-1063

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Several agencies provide transportation services in the Genesee County area. Many are limited to the areas they service and travel within Genesee County only. To get additional information, call the numbers provided.

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Catholic Charities St. Christopher Medical Transport Program (810) 397-9924

WWW.ccsgc.org

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Also 2 months notice needed due to wait list.

Flint Jewish Federation
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the county for medical appointments.
Highway to Health. Also do in county
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Cost based on income.
(810) 767-5922

Mass Transportation Authority (810) 767-0100

Med Trans of Michigan (810) 658-6000

On the Move Transportation Door to Door (810) 232-9956

Patriot Ambulance Service (810) 742-5449

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STAT EMS

(810) 233-4400

Swartz Ambulance Service

1225 W. Hill Rd. Flint, MI 48507 (810) 239-2101

Your Ride - MTA (810) 767-0100 (810) 233-4751 Schedule, Confirm Rides MTA has centralized Your Ride dispatch. All riders call same number (810) 233-4751 to schedule.

If you have a Medicare Advantage HMO plan, call customer service, as many plans now offer their own transportation services.

If you have Medicaid, call Tamika Mack at (810) 760-2525.

If you have Medicaid waiver, call VAAA at (810) 239-7671.

Veteran Services

ARS Veteran Support Center

5206 Gateway Centre, Ste. 400 Flint, MI 48507 or 3778 S. Lapeer Rd. Metamora, MI 48455 (866) 667-9360 yourvapension.org

Genesee County Department of Veteran Services

Soldiers Relief Michigan Veterans Trust Fund Vets to Wellness Rides 1101 Beech St., 275 Flint, MI 48502 (810) 257-3068

Department of Veterans Services Lapeer County Soldiers Relief MI Vet Trust Fund 287 W. Nepessing St., Ste. 2 Lapeer, MI 48446 (810) 667-0256

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5206 Gateway Centre, Ste. 200 Flint, MI 48507 (810) 235-9000 thomaselderlaw.com

Mott Community College Veterans Services 1401 E. Court St. Flint, MI 48503 (810) 762-5632

Michigan National Guard Family Assistance Center (517) 481-9889

Veterans Crisis Line (800) 273-8255 press 1

National Suicide Prevention Life Line (800) 273-TALK (8255)

Michigan Department of Military & Veterans Affairs:

Michigan Veteran Affairs Agency (800) 642-4838

Grand Rapids Home for Veterans (616) 364-5300

D.J. Jacobetti Home for Veterans (906) 226-3576

U.S. Department of Veterans Affairs

VA Healthcare Caregivers Support 8am-8pm M-F (855) 260-3274

VA Outpatient Clinic-Flint 2360 S. Linden Rd. Flint, MI 48532 (810) 720-2913

Ann Arbor Healthcare System (800) 361-8387

Great Lakes National Cemetery 4200 Belford Rd. Holly, MI 48442 (248) 328-0386

VA Medical Center-Detroit (313) 576-1000

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disabled spouse 1,520.00

Veteran Support Center of Michigan 810-267-2300

www.yourvapension.org

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GENESEE COUNTY DEPARTMENT OF VETERANS SERVICES

1101 Beach Street, Flint 2nd Floor Flint, Michigan 48502

P: (810) 257-3068 **★** F: (810) 237-6172

www.gc4me.com/departments/veterans/index/index.php www.facebook.com/geneseecountyvetservices Mon - Fri: 8 - 11:30a.m. & 1 - 4p.m.

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- ★ National Cemetery eligibility and VA Burial
- ★ Vets-To-Wellness Rides

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Volunteer

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Alzheimer's Association(80	00) 272-3900 or (810) 780-4163
American Red Cross	(517) 702-3342
Big Brothers Big Sisters of Flint/Genesee County	(810) 235-7271
Carriage Town Ministries.	(810) 233-8787
Catholic Charities	(810) 239-8710
Center for Higher Education Ach	(810) 553-2140
Community Outreach for Families and Youth	(810) 458-3784
Flint Genesee Literacy Network	(810) 232-2526
Flint Jewish Confederation	(810) 767-5922
Food Bank of Eastern Michigan	(810) 239-4441
Foster Grandparent Program	(810) 257-3779
GCCARD	(810) 235-3567
Genesee County Consumer Protection & Fraud Division	(810) 341-5923
Hartland Hospice Services	(810) 230-1318
Holmes STEM Academy	(810) 760-6606
Residential Hospice	(810) 538-0281
Senior Companion Program.	(810) 257-3769
St. Luke NEW Life Center	(810) 239-8710
St. Vincent de Paul: Donations	(810) 234-5381
1912 N. Franklin Ave., Flint, MI 48506	
Sylvester Broom Empowerment Village	(810) 336-9897
The Disability Network	(810) 742-1800
The Medical Team Hospice	(810) 280-4844
United Way of Genesee County	(810) 232-8121
Valley Area Agency on Aging	
KISS - Keeping independent Seniors Safe	(810) 600-0619
MMAP - Medicare Medicaid Assistance Program	(800) 803-7174
MOB - Matter of Balance	(810) 239-7671
RSVP - Retired Seniors Volunteer Program	(810) 600-0619

To the providers of services to Senior Citizens in the Genesee County Area:

In the production of this resource directory, we expect that there will be some errors and omissions that have occurred. If there is an error in your listing, or you have been omitted,

please complete this for publications.	m so we can make the correction for future
□ Correction□ New Listing	
Service Category	
(i.e., transportation, hor	ne health, etc.)
Agency Name	
Address	
City	Zip Code
Phone	Fax
E-Mail	
Other Information:	
Contact:	
Mail to the attention of:	Genesee County Commission on Aging P.O. Box 13560 Flint, MI 48501
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