

Are you caring for a loved one with memory loss?



We can help...

Savvy Caregiver

If you are an active caregiver of a family member or friend with dementia living at home, this workshop will help you gain special skills and knowledge you will need to be successful.

The Savvy Caregiver will help you:

- ✓ Understand the impact of dementia on both you and your loved-one.
- ✓ Learn skills you need to manage daily life.
- ✓ Take control and set goals.
- ✓ Communicate more effectively.
- ✓ Strengthen family resources.
- ✓ Feel better about your caregiving
- ✓ Take care of you!

***No cost to the class, donations are welcome for the cost of the materials.**

Upcoming Classes

Loose Senior Center

September 7 – October 5, 2023

9:00am – 11:00am

Call Loose Senior Center at
(810) 735-9406 to register.

Swartz Creek Senior Center

October 5 – November 16, 2023

(No class October 12)

5:45pm – 7:45pm

Call Swartz Creek Area Senior Center at
(810) 635-4122 to register.

Morrice Senior Center

October 11 – November 15, 2023

2:00pm – 4:00pm

Call Morrice Senior Center at
(517) 295-2322 to register.

Burton Senior Center

October 18 - November 22, 2023

Noon – 2:00pm

Call Burton Senior Center at
(810) 744-0960 to register.

