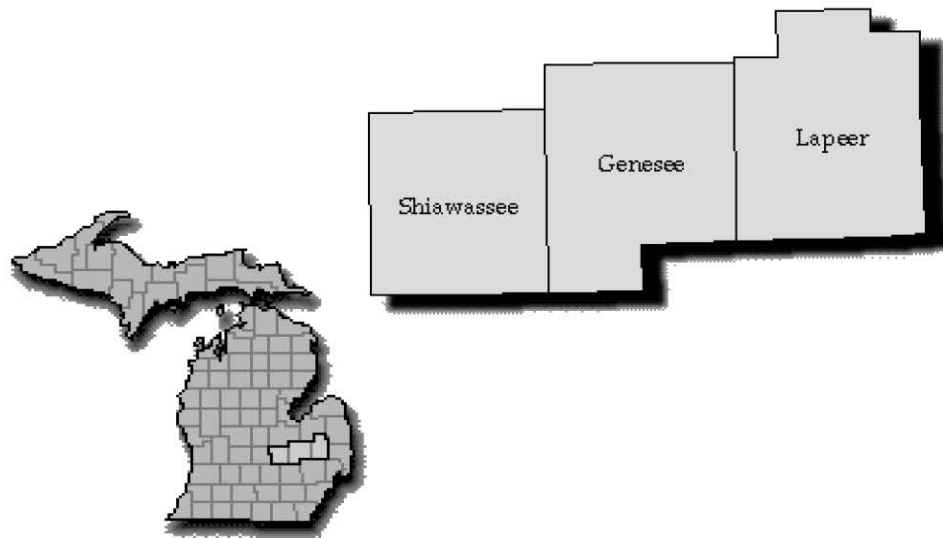


2023—2025 Multi Year Plan  
**FY 2024 ANNUAL IMPLEMENTATION PLAN**  
**VALLEY AREA AGENCY ON AGING 5**



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**Planning and Service Area**

Genesee, Lapeer, Shiawassee

**Valley Area Agency on Aging**

225 E. Fifth Street, Suite 200

Flint, MI 48502

810-239-7671 (phone)

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Yaushica Aubert, President and CEO

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### Executive Summary

Include a summary that describes the AAA and the implementation plan including a brief description of the PSA (to include older adults in greatest economic need, minority, and/or non-English speaking), the AAA's mission, and primary focus for FY 2024.

#### Instructions

Please include in the Executive Summary a brief description of the following: The PSA and any significant changes to the current area plan.

A.) Any significant new priorities, plans or objectives set by the AAA for the use of (OAA) and state funding during FY 2024. If there are no new activities or changes, note that in your response.

B.) Any permanent changes to the AAA's operations based on the COVID-19 pandemic. In addition, please describe how the AAA is utilizing its American Rescue Plan Act (ARPA) funding.

C.) Current information about contingency planning for potential reduced federal funding (if plans include the pursuit of alternative funding, identify specific funding sources).

D.) A description of progress made through advocacy efforts to date and focus of advocacy efforts in FY 2024.

E.) A brief description of AAA's successes over the past year and any anticipated challenges for FY 2024.

### History

Valley Area Agency on Aging (VAAA) is a federally designated point for planning and coordinating services for advocating on behalf of persons 60 years of age or older at the local and regional levels. The passage of legislation known as the Older Americans Act of 1965 authorized the formation of Area Agencies on Aging. Valley Area Agency on Aging (VAAA), currently under the direction of Yaushica Aubert, President & CEO, is one of 16 Area Agencies on Aging in the State of Michigan and was incorporated in 1976 as a private non-profit agency to serve the counties of Genesee, Lapeer, and Shiawassee (also referred to as Planning and Services Area (PSA) or Region 5). VAAA's mission is to provide action, advocacy, and answers for all things senior for the elderly and disabled adults of Genesee, Lapeer, and Shiawassee Counties, by enhancing lives, empowering choice, sustaining independence, and supporting caregivers and families. The organization's vision is focused on serving a diverse clientele with a range of care, planning, and service options by utilizing core values of Leadership, Trust/Integrity, Advocacy, and Commitment to Excellence. Our goal is to provide assistance with "All Things Senior." To fulfill our goal and mission, VAAA must develop a comprehensive three-year plan that will be utilized as the blueprint document to carry out the overall mission of the Area Agency.

### Target Population

Services are available to any senior in need; however, VAAA works to reach those who are the neediest. According to the Bureau of Aging, Community Living and Supports or ACLS Bureau (2022), there has been

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significant growth in the number of persons aged 60 and over, the elderly minority population, and seniors who report being frail and/or living with a disability. The 60+ population has increased more than 12.8% in Region 5 (124,015 to 139,863). The minority elder population has surged from 16,424 to 22,276 (over 35%). Region 5 persons aged 60 and over minority population is comprised primarily of Caucasian and African Americans, however it also includes less than 1% of American Indians, less than 2% Asians and less than 3% that identify as another race not specified in the census data. Seniors who report being frail and/or living with a disability have increased by over 3,700 to 44,551. The growth is expected to continue through at least 2025. The 2020 data for those 60+ living 150% or below poverty has not been released, although we suspect growth in that area as well. Per the 2019 Data Source for 60+ Greatest Economic Need (150% of Poverty) from the ACLS Bureau, there were 23,270 seniors at or below 150% of poverty residing in Region 5, compared to the FY 2010 number of 16,785. That is an increase of over 38%.

Not only has the senior population continued to grow, but so have their service needs and their level of care. The MI CHOICE Waiver program serves seniors who meet nursing facility level of care. Without our programs and services, these participants would likely be placed in a long-term care facility. The needs are high, and it is imperative to provide person-centered Home and Community Based (HCBS) Services to keep participants in the setting of their choosing, aging well, and remaining as independent as possible, as long as possible, in the most cost-effective way possible.

**New Services**

Due to the pandemic a service standard was created to allow seniors who may be unable to or choose not to participate in traditional congregate dining an option to pick up a congregate meal and consume the meal off site. Valley Area Agency will include the option of Carry-Out Meals (COM). Carry-Out Meals are complete meals offered to participants at the point of service. COM are designed to offer participant choice via person-centered planning and are meant to serve those who may not qualify for traditional HDM. Carry-Out Meals are considered a category of Home-Delivered Meals (HDM) for reporting and funding purposes.

**Pandemic Response**

Valley Area Agency on Aging continued its efforts to keep our community safe and provide updated education and information regarding COVID-19 in FY 2022. In response to the pandemic's growing needs, VAAA continued its COVID-19 hotline to assist callers with scheduling their vaccine or booster shots, schedule vaccines and boosters for any homebound senior, provide testing locations and information, provide vaccine and booster locations and resources, as well as give focused information for COVID related questions. The number is 810-600-0617. Although our Information and Assistance team continues to provide COVID-19 resources, the concentrated line for the community handled 559 calls. The COVID-19 line has been discontinued during FY 2023, however all calls related to COVID-19 will be answered by VAAA's Information and Assistance Department.

VAAA has also made adjustments to allow for a hybrid working model, allowing staff to work a schedule that includes office days and remote working days, which it plans to continue. No other permanent changes have been made to VAAA's operations at this time.

Additionally, VAAA continued to be a source of Personal Protection Equipment (PPE) for our region. Our

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team maintained a stock of hand sanitizer, masks, disinfectant cleaner, shoe covers, face shields, gloves and more. There were over 30,000 pieces of PPE distributed in FY 2022. Valley Area Agency on Aging will remain a means of community and senior support in Genesee, Lapeer, and Shiawassee Counties in FY 2023, and beyond regarding COVID resources, partnerships, and supplies (as available).

In addition, Valley Area Agency on Aging has received funding from the American Rescue Plan Act (ARPA) and is proud to report that this additional funding has been utilized for service provision and administration costs in programs such as Nutrition, Adult Day Care, Caregiver Training and Education, In-home services and Legal Services, allowing VAAA to expand our reach and service to more individuals. VAAA has utilized ARPA funding for nutrition supplies and equipment as well as our Telehealth program. Contracted providers have also been informed of the ability to request needed equipment that will help to expand service delivery and create more effective and efficient services.

In addition to service provision, VAAA also worked on Program Development Initiatives with the use of ARPA Program Development Funds. Programs include;

- Promoting, and assisting in the planning for the EDGE (Educating, Defending and Guarding the Elderly) Conference held on September 22, 2022.

- Work done with Communities First and The New McCree Theater to advocate and empower low-income seniors to gain access to attend plays and concerts to assist in reducing social isolation. We are also partnering with MTA to provide transportation to some of these events.

- Work and planning done to improve services and outreach to older adults and caregivers through meetings and working with community partners.

- Development of a VAAA application for vouchers for Kinship Caregivers to provide clothing and personal care items for grandparents raising grandchildren.

- Planning and organizing to provide tablets to seniors for the Heart-to-Heart Peer Support group.

- This support group held via Zoom is for volunteers to provide them an outlet to discuss different topics with other volunteers.

- Meetings with workforce specialist at JobCorp, Genesee Intermediate School District, and MDHHS, to link new CNA graduates and DCW's with the State DCW Registry and to local providers.

- Working on the Flint Community School's Collective Impact Advisory Committee to implement intergenerational programming and education regarding Kinship Caregiver services.

- Initial planning on a Community Impact Event to take place in FY 2023 to provide resources, medication recycling, and assistance for Kinship Caregivers.

- Initial planning on the use of proceeds from fundraising activities for the Kinship Caregiver program.

- Planning and coordination for a provider meeting in FY 2022 to educate on the barriers to accessibility services to people of color, immigrants, and LGBTQ+ individuals. Planning also took place in FY 2022 for FY 2023 staff training.

**Contingency Planning**

If there were to be a reduction in federal funding, VAAA would focus on the priority services that have been identified by each county. VAAA would offset the costs by diversifying its funding sources to supplement the funding reduction. To achieve this goal, the following actions would be taken:

- Generating additional revenue from Medicare fee-for-services (i.e., MNT, TCM, and CCM services).

- Building partnerships with millage services in each county, as alternatives for services when there is an

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internal waitlist.

Development of private pay services to provide additional revenue for services.

Institute cost-sharing, which allows for those dollars to be placed back into services.

Fundraising for additional service dollars.

Utilizing some unrestricted funds for services and service delivery.

Referrals will be made to other programs, such as the MI Choice Waiver program.

In addition, each department within our organization is developing its own contingency plan in an effort to mitigate any staffing and/or funding issues should they arise.

**ADVOCACY STRATEGY**

Residual challenges due to the pandemic continued to remain a high priority in FY 2022, specifically the Direct Care Worker (DCW), Social Worker, and Registered Nurse (RN) shortages. These were high advocacy issues locally, statewide, and nationally. Ensuring seniors have qualified healthcare professionals providing the best care possible is pivotal to being able to age in the community. Valley Area Agency on Aging (VAAA) and the Area Agency on Aging Association of Michigan (4AM), remained vigilant in advocating for increases in funding for the Direct Care Workers, as they are often underpaid, have little to no insurance, and have little training to provide formal care to our elders and persons living with disabilities. VAAA began the process of working with the Michigan Department of Health and Human Services (MDHHS) to develop a DCW registry – an online tool so that DCW's looking for work can sign-up and be accessed by providers, or individuals who need employees/assistance. The project began the planning stages in 2022, and details will be forthcoming in FY 2023.

VAAA is also excited to report that our major advocacy event, Senior Power Day (SPD), held at Crossroads Village, resumed on May 25, 2022, and is a major advocacy event for VAAA. There were over 1,100 attendees, 32 sponsors, and 8 elected officials/representatives in attendance. Along with providing resources to seniors, caregivers, and persons living with disabilities, VAAA also provided information regarding state and national issues that could directly impact their lives. As a result, VAAA collected 155 advocacy letters from SPD attendees regarding: Supporting and Strengthening the Direct Care Workforce, Rebalancing Community-Based Long-Term Service and Supports, Expanding Access to MI Choice, and increasing the capitation rate. The letters were sent to all state legislators that represent Genesee, Lapeer, and Shiawassee Counties.

Older Michigander's Day (OMD) resumed on the lawn of the Lansing Capital, although on a much smaller scale due to the pandemic. VAAA took a four-person delegation to OMD to speak with elected officials regarding senior needs in our community and to share the 4AM platform. VAAA also distributed over 1,000 state platforms educating seniors/caregivers on those 4AM priorities.

The VAAA Board of Directors and Advisory Council sent correspondence to Legislators regarding Opposing SBs 597 and 598 that would shift the Medicaid financing and managed care functions from the public PIHP system to private Medicaid Health Plans; Increasing funds to Older American's Act (OAA) programming; Disputing a reduction in the MI Choice Waiver Capitation rate. Some results: Increases in both the MI Choice capitation rate and OAA funding. Although the increases do not keep up with the large cost of living increases or the growth of the senior population and their needs, it was still an increase. Advocacy does



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work!

Yaushica Aubert, President & CEO of VAAA, remains active in the community and a strong advocate for the rights and services of elders. In FY 2022, Mrs. Aubert attended the National Legislative Briefing in Washington, DC with Advisory Chair Joe Massey, the Community Leaders Pre-briefing Gov. State of the State Address, the Virtual President Biden Press Leadership summarizing the Building Back Better (BBB) Initiative, the Press Conference with Sen. Stabenow regarding passage of Medication policy reform, the Virtual Roundtable Caregiver Caucus discussion with Rep. Dingell, Rep. Kuppa, and Rep. Young.

Additional advocacy efforts in 2022 include: Twenty-seven Advocacy Alerts emailed to everyone on the VAAA email listings – over 250 people and organizations, attendance at the Press Conference with Rep. Kildee regarding Open Enrollment and Medicare expansion coverage, held four focus groups and two public hearings to receive public feedback regarding the 2023-2025 Multi-Year Plan funding/service priorities, and several individual meetings with MDHHS to advocate for enhancements to the MI Choice Waiver Program.

VAAA's advocacy focus for FY 2023 and 2024 include Increasing Direct Care Worker (DCW) Salaries, Options Counseling, Serving Dually Eligible Beneficiaries and Establishing Caregiver Resource Centers. Caregiver Resource Center (CRC) is a service point of entry for caregiving seniors or those caring for seniors that tailors its services to its geographic area, and each offers caregivers a suite of core programs which may include the following:

Specialized Information – Advice and assistance on caregiving issues and community resources .

Uniform Caregiver Assessment – Standardized assessment tools to help define and explore caregiving needs, interventions, and services.

Family Consultation & Care Navigation – Individual consultations (in- person/phone) with trained staff to provide ongoing emotional support, connect caregivers with community resources, and increase understanding of care options.

Respite Care – Assistance for brief substitute care (in-home support, adult day care services, short-term/weekend care, etc.) to assist families caring at home for an adult with a disabling condition.

Short-Term Counseling – Individual sessions with licensed counselors to offer emotional support and help with the strain of the caregiving role.

Support Groups – Monthly meetings in a supportive atmosphere where caregivers share experiences and exchange ideas to ease the stress of caregiving.

Caregiver Training – Individually tailored classes for caregivers on stress management , self-care, dementia, and other topics.

Legal & Financial Consultation – Personal consultations with experienced elder law attorneys who are contracted to provide guidance on powers of attorney, estate and financial planning, conservatorships, and other complex matters.

Education – Workshops for caregivers, community members, and professionals to help caregivers manage day-to-day care, plan for future legal/financial needs, promote well-being, and access available resources.

VAAA will continue to remain active when advocating for the betterment of our elders . VAAA will vigilantly speak for community support and services and address long-term care needs for our seniors and persons living with disabilities and continue to focus on the priorities outlined above during FY 2024.

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**Additional Accomplishments**

Valley Area Agency on Aging (VAAA) entered FY 2023 with a renewed resolve and commitment to develop, provide, and promote quality services for our elders. Programs that help our frail elders remain in their homes and age in place with grace, that promote independence, dignity, and that keep seniors, caregivers, our partners, providers, and our team as safe and healthy as possible will remain a priority. Continued pandemic issues, especially understaffing in healthcare, have placed limitation on services. Those limitations have not stopped VAAA from achieving the following goals in FY 2022:

Continued dissemination of Personal Protection Equipment to the community and provider network.

Added new programming such as Chatting Helps Aging Adults Thrive (CHAAT) to seniors suffering from social isolation.

Expanded our volunteer base and Retired Senior and Volunteer Program (RSVP).

Strengthened our cyber security by adding a new server operating system, Two-Factor Authentication (2FA) and several other layers of security and firewalls.

Implemented Geo-targeting Marketing for VAAA programs and team recruitment.

Added X-Medius Digital Cloud-based Fax System, which was continually utilized resulting in no electronic referrals being missed in FY 2022.

Developed, produced, and recorded COVID-19 vaccinations NNICE vaccine promotion video utilizing key leadership throughout Genesee County.

Recouped over \$105,000 through VAAA's Fraud, Waste, and Abuse Program.

Increased our partnership with the Genesee County Office of Senior Services to conduct Case Management Services for the Genesee County Senior Millage Program.

Partnered with the Michigan Department of Health and Human Services (MDHHS) to develop a Direct Care Worker Statewide Registry.

In FY 2023, VAAA has continued its efforts to help combat the Direct Care Worker shortage that is currently plaguing the state. In order to do so VAAA has partnered with The Flint Healthcare Employment Opportunities (FHEO) Program, a program of the Greater Flint Health Coalition. The program aims to assist underemployed and unemployed Genesee and Shiawassee counties with obtaining training and employment in the healthcare industry. For provider partners, we are able to connect them to the program in an effort to provide quality candidates who are prepared to enter the workforce with healthcare credentials and professional skills. VAAA also is working with the Flint Genesee Job Corps Center to help connect our providers with trained students who need on-the-job training and employment in the healthcare field as well as the Genesee Intermediate School District (GISD) which houses a Certified Nursing Assistant (CNA) education program. Valley Area Agency on Aging has also partnered with the Michigan Department of Health and Human Services (MDHHS) to assist in piloting the DCW State Registry which will help connect Direct Care Worker (DCW) with Employer jobs. The piloting of the DCW State Registry is slated to launch in FY 2023 and VAAA will be providing information about the State Registry platform to our distribution list as well as helping to make connections with agencies and providers who may be able to help disseminate the information as well as help promote and make connections with DCW's and provider agencies that are interested in participating in the registry.



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**County/Local Unit of Government Review**

**COUNTY/LOCAL UNIT OF GOVERNMENT REVIEW**

The Area Agency on Aging (AAA) must send a request to the chairperson of each County Board of Commissioners. Notification can be sent via U.S. Mail or by electronic means, with delivery and signature confirmation, no later than June 30, 2023. For a Planning and Service Area (PSA) comprised of a single county or portion of the county, approval of the AIP is to be requested from each local unit of government. If the AAA does not receive a response from the county and/or local unit of government by July 20, 2023, the AIP is deemed passively approved. The AAA must notify their Bureau of Aging, Community Living, and Supports (ACLS Bureau) Field Representative by July 21, 2023, whether their counties and/or local units of government formally approved, passively approved, or disapproved the AIP.

The AAA may use electronic communication, including email and website-based documents, as an option for acquiring local government review and approval of the AIP. To employ this option, the AAA must do the following:

- A.) Send a letter through the U.S. Mail, with delivery and signature confirmation, or an email requiring a response confirming receipt to the chief elected official of each appropriate local government advising them of the availability of the final draft AIP on the AAA's website. Instructions for how to view and print the document must be included.
- B.) Offer to provide a printed copy of the AIP via U.S. Mail, or an electronic copy via email, if requested.
- C.) Be available to discuss the AIP with local government officials, if requested.
- D.) Request email notification from the local unit of government of their approval of the AIP or their related concerns.

**Instructions**

Describe the AAA's efforts, including use of electronic communication, to distribute the AIP to the appropriate county and/or local units of government to gain support.

**TRIBAL NOTIFICATION**

The Michigan Department of Health and Human Services (MDHHS) has an established relationship of working directly with the Federally Recognized Sovereign Indian Tribes of Michigan (Tribes). As part of this work, MDHHS recognizes the importance of Tribal notification including consultation of the complete AIP for each AAA within their PSA to encourage and foster collaboration between Title III and Title VI programming as outlined in the Older Americans Act (OAA).

AAAs, please send an official notification of your complete AIP for any Tribe(s) within your PSA for their review and consultation. If there are no Tribes within the PSA, please indicate that in your response and if a Tribe crosses more than one PSA, each AAA is still expected to send their AIP. Notification can be sent via U.S. Mail or by electronic means, with delivery and signature confirmation,

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no later than June 30, 2023. The AAA will notify their ACLS Field Representative by July 21, 2023, of any comments or feedback received from their Tribe(s). If no comments or feedback received, please indicate that in your response.

The AAA may use electronic communication, including email and website-based documents, as an option for Tribe notification and consultation of the AIP. To employ this option, the AAA must do the following:

- A.) Send a letter through the U.S. Mail, with delivery and signature confirmation, or an email requiring a response confirming receipt to the Chairperson of the Tribal Council advising them of the availability of the final draft AIP on the AAA's website. Instructions for how to view and print the document must be included.
- B.) Offer to provide a printed copy of the AIP via U.S. Mail, or an electronic copy via email, if requested.
- C.) Be available to discuss the AIP with Tribal elders and/or Tribal officials, if requested.
- D.) Request email notification from the Tribe of their comments and feedback of the AIP or their related concerns.

**Instructions**

Describe the AAA's efforts, including use of electronic communication, to distribute the AIP to the appropriate Tribe(s) within your PSA for notification and consultation. Describe any current and future collaborative efforts with Tribe(s) within your PSA. If no collaborative efforts planned, note that in your response.

Valley Area Agency on Aging determines priority services by holding multiple focus groups consisting of participants, seniors, supports coordinators, and service providers and stakeholders, reviewing the results of 2019 Senior Needs Survey. The identified priority services are then presented at the public hearings. Three public hearings were held, one virtually and two in-person for all three counties in PSA 5. The information that is presented at the public hearings helps VAAA ensure that the priority services are updated for each county based on input from each county and their needs. After the final public hearing has been held the final draft of the Annual Implementation Plan is presented to the Advisory Council and Board of Directors for their approval. A copy of the approved final version of the FY 2024 Annual Implementation Plan (AIP) will then be posted to VAAA's website ([www.valleyareaaging.org](http://www.valleyareaaging.org)). A cover letter is sent to the Chairman of the County Board of Commissioner's for Genesee, Lapeer, and Shiawassee Counties, the President of the Flint City Council, and to the Director of the County Millage Office of Senior Services by June 30, 2023. The cover letter will state the FY 2024 Annual Implementation Plan is available for viewing by clicking the link on the VAAA website. Copies of the FY 2024 AIP can also be printed from the website as well. VAAA will provide a copy of the FY 2024 Annual Implementation Plan through the U.S. Mail if requested. VAAA will request review and approval of the AIP with a deadline date of July 20, 2023, for a response. If no response is received the MYP will be deemed passively approved. VAAA will notify their ACLS Bureau field representative by July 21, 2023, whether the counties or local government formally approved, passively approved, or disapproved the FY 2024 Annual

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Implementation Plan.

Valley Area Agency on Aging does not have any Federally Recognized Indian Tribes within PSA 5. However, because PSA 5 is in close proximity of two Federally Recognized Indian Tribes, and may have individuals that work or reside in our service area a cover letter was also sent to the Saginaw Chippewa Indian Tribe and the American Indian Health and Family Services. The cover letter states that VAAA is providing a copy of this plan for informational purposes. The FY 2024 Annual Implementation Plan is available for viewing by clicking the link on the VAAA website and that copies of the FY 2024 AIP can be printed from the website as well. VAAA will be available to answer any questions and/or discuss services, programs, or the AIP in general with the Tribal Elders and/or Tribal officials if requested.

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**Public Hearings**

At least one public hearing on the FY 2024 AIP must be held in the PSA. Hearing(s) must be made accessible to all. Persons need not be present at the hearing(s) to provide testimony. E-mail and written testimony must be accepted for at least a 30-day period beginning when the summary of the AIP is made available.

The AAA must post a notice of the public hearing(s) in a manner that can reasonably be expected to inform the public about the hearing(s). Acceptable posting methods include, but are not limited to: paid notice in at least one newspaper or newsletter with broad circulation throughout the PSA; as well as news sources geared toward communities of color, tribal, Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ+), immigrant communities and/or other underrepresented groups; presentation on the AAA's website, along with communication via email and social media referring to the notice; press releases and public service announcements; and a notice to AAA partners, service provider agencies, older adult organizations, and local units of government. *See Operating Standards for AAAs, Section B-2 #3.* The public hearing notice should be available at least 30 days in advance of the scheduled hearing. This notice must indicate the availability of a summary of the AIP at least 14 days prior to the hearing, along with information on how to obtain the summary. All components of the AIP should be available for the public hearing(s).

**Instructions**

Complete the chart below regarding your public hearing(s). Include the date, time, number of attendees and the location and accessibility of each public hearing. Please scan any written testimony (including emails received) as a PDF and upload on this tab.

In addition, the AAA should also upload into AMPS a copy of your official notice and/or press release(s) for a public hearing. Please describe the strategy/approach employed to encourage public attendance and testimony on the AIP. Describe all methods used to gain public input and any impacts on the AIP. Describe how the AAA factored the accessibility issues of the service population and others in choosing the format of the meeting.

Date	Location	Time	Barrier Free?	No. of Attendees
05/15/2023	Owosso Senior Center	11:00 AM	Yes	14
05/18/2023	Zoom	10:00 AM	Yes	8
06/06/2023	Lapeer Senior Center	11:00 AM	Yes	11

Valley Area Agency on Aging held three public hearings to discuss the FY 2024 Annual Implementation Plan with all three counties within Region 5. One meeting was held in Shiawassee County at the Owosso Senior Center, the second meeting was held virtually via the Zoom platform, and the last meeting was held in Lapeer County at the Lapeer Senior Center. Information on how to obtain a copy of the Annual

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Implementation Plan was included and VAAA had two requests for copies which were provided. Information and flyers for the public hearing were posted on the VAAA website and social media pages 30 days prior to the Public Hearings. Copies of the flyer were also posted at the Lapeer and Owosso Senior Centers and in their newsletter. VAAA also provided information regarding the public hearing during its Board of Directors meeting in addition to other community meetings. Information was also provided to our provider network via email in addition to Our Lady of Guadalupe, Hispanic Latino Collaborative, Wellness Center, Inc., Arab American Heritage Council, Parents, Families, and Friends of Lesbians and Gays (PFLAG) of Flint, The Disability Network, The Hispanic Service Center, and The Communication Access Center for the Deaf and Hard of Hearing. A copy of the press release was also sent to the following outlets:

TV25, TV66 and CW both to their newsroom their representative.

TV5, to representative and newsroom

TV12, to representatives and newsroom

MLive Flint Journal

Flint Township View

Grand Blanc View

Mihome Paper

Genesee County View

The Daily News

McDonald Broadcast

Alpha Media

The Beat Radio

Lapeer County View

County Press

Cumulus Media

WFLT

Citadel

WFBE

Questions were received during the Public Hearings that VAAA provided responses to. The questions and answers are listed.

Q: Is there anything that can be done to ensure seniors receive transportation through the local transportation system in Shiawassee County (SATA)?

Answer: VAAA does not oversee any county transportation system, although we do contract with them for programs such as MI Choice Waiver, we can only work to ensure that those enrolled in the program have access to transportation. SATA does not fall under VAAA and is also dealing with staffing shortages which can impact the availability of transportation to those residing in the county. Also, all localities in Shiawassee County do not participate in the SATA system which can also impose issues with getting transportation.

Q: Does VAAA provide transportation in Lapeer County?

Answer: VAAA does not provide direct transportation to seniors in Lapeer County, however, we are contracted with Greater Lapeer Transportation Agency to provide transportation for seniors through the MI Choice Waiver program. There is transportation offered through Lapeer County Health Department Senior Programs from the Imlay City Senior Center and Veteran Affairs can also provide transportation to Vets and their spouses through there program as well.

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Q: There are many seniors residing in the Maple Vista facility that are not aware of everything that may be available to them or may have issues and concerns is there anyway this can be addressed.

Answer: Yes, Informational brochures can be provided, in addition, if there are issues or concerns regarding the facility, if it is a licensed facility the Long Term Care Ombudsman can be contacted and she can speak with the residents to help address any concerns, make them aware of their rights and can provide resources. If needed, VAAA could also provide a presentation to inform seniors and their staff of the services and programs that may be available to them.



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**Access Services**

Access services may be provided to older adults directly through the AAA without a direct service provision request. These services include Care Transition Coordination & Support; Care Management; Case Coordination and Support; Options Counseling; Disaster Advocacy and Outreach Programs; Information and Assistance; Outreach, with specific attention to outreach with underserved populations, and Merit Award Trust Fund/State Caregiver Support-funded transportation. If the AAA is planning to provide any of the above noted access services directly during FY 2024, complete this section.

**Instructions**

Select from the list of access services those services the AAA plans to provide directly during FY 2024, and provide the information requested. Specify, in the appropriate text box for each service category, the planned goals and activities that will be undertaken to provide the service.

The Area Plan Grant Budget that is uploaded and saved in AMPS must include each access service to be provided directly in the Direct Service Budget details tab. The funding identified in this tab should correspond to the funding (Federal OAA Title III or VII and state funds) identified in the Area Plan Grant Budget's Support Services Detail tab. The method of provision must be specified in the Service Summary tab.

**Care Management**

<u>Starting Date</u>	10/01/2023	<u>Ending Date</u>	09/30/2024
Total of Federal Dollars	\$130,618.00	Total of State Dollars	\$400,753.00

Geographic area to be served

Genesee County

**Specify the planned goals and activities that will be undertaken to provide the service.**

The Care Management Program provides comprehensive case management services for senior 60+ years of age or older who are at risk of nursing home placement. Services include a comprehensive assessment by a Registered Nurse and a Licensed Social Worker in the seniors' homes. A care plan is created to address the identified needs the senior would like to address. The senior is contacted monthly and reassessed as frequently as needed but not less than every 6 months. VAAA uses Older American Act funding as available to address the senior's activity of daily living needs such as homemaking, personal care, medication management, and personal emergency response systems to keep the senior safe and independent in his/her home. This program is available to all seniors who meet medical necessity criteria and reside in Genesee, Lapeer or Shiawassee Counties. VAAA has submitted the Regional Definition Independence by Choice at the Public Hearings and received public input and approval from the ACLS Bureau to provide this service. Those who choose to participate in the Independence by Choice program will receive interventions in one or multiple tiers. The program will focus on providing multi levels of intervention to assist the area's seniors 60+ years of age or older living in Region 5's Genesee County. The program will seek to utilize Case Coordination and Support funding, Care Management, Information and Assistance, and Older Americans Act service funding to enhance seniors' and caregivers' ability to

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maintain living independently. The traditional program models are focused on providing assistance once the person's name comes up on the waitlist. The Independence by Choice program focuses on using multiple levels of intervention while the person is on the waiting lists for long term care services. All persons contacting the agency seeking long term care services that are eligible to be placed on VAAA's Care Management or Waiver Waitlist will be eligible to participate in the Independence by Choice Program. Individuals who qualify for Care Management may also be referred to the county Millage Care Management program for services in the event of a waitlist.

Number of client pre-screenings:	Current Year:	82	Planned Next Year:	85
Number of initial client assessments:	Current Year:	5	Planned Next Year:	30
Number of initial client care plans:	Current Year:	5	Planned Next Year:	30
Total number of clients (carry over plus new):	Current Year:	91	Planned Next Year:	96
Staff to client ratio (Active and maintenance per Full time care	Current Year:	1:34	Planned Next Year:	1:35

**Case Coordination and Support**

<u>Starting Date</u>	10/01/2023	<u>Ending Date</u>	09/30/2024
Total of Federal Dollars	\$9,380.00	Total of State Dollars	\$19,267.00

Geographic area to be served  
Genesee County

**Specify the planned goals and activities that will be undertaken to provide the service.**

Case Coordination and Support Program provides a comprehensive assessment for seniors 60+ years of age or older via phone or in person depending upon the seniors need. The program provides two tiers of assistance. Options Counselors, Social Workers, based on the seniors needs first will complete a telephonic assessment or if needed an in person assessment. Following the assessment, the Options Counselor working with the senior will create a care plan that includes identified issues the senior wishes to address, interventions along with the desired goals of the senior. The Options Counselor will monitor the senior for 30 days to monitor outcomes and update the seniors care plan as required. Seniors who have an ongoing need for assistance that cannot be resolved in 30 days are moved to tier two services where a face to face assessment is completed in the senior's home with a Social Worker who provides intensive case management services to address the senior's needs. Seniors must be 60 years of age or older. Services include working with hospital, nursing home and physicians to coordinate care.

**Information and Assistance**

<u>Starting Date</u>	10/01/2023	<u>Ending Date</u>	09/30/2024
Total of Federal Dollars	\$250,381.00	Total of State Dollars	\$32,431.00

Geographic area to be served  
Genesee County

**Specify the planned goals and activities that will be undertaken to provide the service.**

Region 5, Valley Area Agency on Aging (VAAA), continues to maintain its status of "Fully Functioning" Aging & Disability Resource Center (ADRC). We provide Person Centered Planning which is provided by a

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Bachelor degree Social Worker . VAAA maintains Person Centered counselors within all three counties who are trained to provide the services needed. VAAA continues to utilize the Service Point data base to link participants with needed services in the community. Person Centered Planning has been localized for each ADRC due to changes at the State level and lack of funding. The Information and Assistance Department seeks and identifies resources in the community and provides information to persons seeking assistance. Valley Area Agency on Aging will continue to screen those calling for available community resources as well as program eligibility for those services provided by VAAA as well as those offered within the community. VAAA, intends to continue to be a presence in the community by attending presentations, outreach events to ensure those needing assistance are able to receive it.

**Outreach**

<u>Starting Date</u>	10/01/2023	<u>Ending Date</u>	09/30/2024
Total of Federal Dollars	\$54,476.00	Total of State Dollars	\$0.00

Geographic area to be served

Genesee County

**Specify the planned goals and activities that will be undertaken to provide the service.**

The Outreach program provides events and presentations within Region 5 to help inform and identify older adults within the community who are in the greatest social and economic need. This program assists them with getting access to the services they may need to remain independent and remain in the community as long as possible. Valley Area Agency on Aging plans to attend health fairs, community presentations to be a presence for all things senior in Region 5. As the older adult population continues to increase the need for outreach will continue. The outreach program will host presentations to provide information on services available as well as assistance with gaining access to the services needed.

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**Approved MYP Program Development Objectives**

Program development goals and objectives previously set by the AAA and approved by the CSA in this multi-year planning cycle are included as read-only. For each of these established program development objectives, a text box is included for the AAA to provide information on progress toward the objectives to date. This text box is editable.

**Instructions**

Please provide information on progress to date for each established objective under the section tab entitled "Progress."

For the Diversity, Equity, and Inclusion (DEI), the ACLS Bureau Operating Standards for AAAs have long required that preference be given to serving older persons in greatest social or economic need with particular attention to low-income minority elderly.

Please refer to Operating Standards for AAAs sections C-2 and C-4 along with the Document Library for the ACLS Bureau training completed on Embedding Diversity, Equity & Inclusion (DEI) within Aging Services across Michigan for the MYP 2023-2025 Cycle.

Within the progress tab, ensure to address, at a minimum, the below DEI Program Development Objectives that correlate to the MYP DEI Goal:

***Improve the Accessibility of Services to Michigan's Communities and People of Color, Immigrants and LGBTQ+ Individuals.***

**Objective 1- Increase services provided to Black, Indigenous (tribal) and People of Color (BIPOC) and LGBTQ+ seniors served in your region. *Please include how the AAA is measuring this progress including how you will ensure that programming and outreach is culturally sensitive and welcoming to all.***

**Objective 2- Increase the number of AAA staff, providers, caregivers, and volunteers trained in implicit bias, cultural competencies, and root causes of racism. *Please include a brief description of how the AAA tracks to ensure the number of individuals trained has increased.***

**Objective 3- Increase availability of linguistic translation services and communications based on the cultural needs in the region in which you serve. *Please include the top 3 requested linguistic translation services for your PSA. How does the AAA ensure that linguistic translation services are meeting the needs of the older adults within their PSA?***

**See Document Library for training PPT and recording of ACLS DEI training completed for the 2023-2025 MYP Cycle.**

**Area Agency on Aging Goal**

**A. Work to Improve services and outreach to older adults and caregivers.**

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Objectives

1. To increase accessibility and programming for older adults, caregivers, and Kinship Caregiver Programs.  
Timeline: 10/01/2022 to 09/30/2025

Progress

A) VAAA has developed an application that went into effect during FY 2023 for agencies to refer kinship caregivers for a \$250 voucher (gift card) to be used to purchase needed clothing or personal care items for the child(ren) they are raising.

B) VAAA is planning a "Community Impact Event" date TBD for FY 2023 to provide resources, medication recycling and assistance for Kinship Caregivers.

C) VAAA assisted Lapeer County Senior Coalition with purchasing Lapeer Senior Resource Guides and provided funding to help assist with their Lapeer County Sr. Drive up Event. VAAA has also provided funding to The Center for Higher Educational Achievement (CHEA) to provide services to seniors through CHEA's implementation of adult literacy, computer training and supportive services programs. Partnered with the Local AARP Chapter and Delta Sigma Theta Sorority to provide a Community Shredding Day for Seniors and Caregivers.

D) VAAA is working with The New McCree Theater so that seniors in low-income housing have access to plays and concerts. VAAA is also partnering with the Mass Transportation Authority (MTA) to provide transportation to those seniors wanting to visit the New McCree Theater to ensure they have accessible transportation. In addition, VAAA also sponsored Community First's Senior Movie Nights held at the Flint Institute of Arts.

**B. Ensure that older adults have a choice in where they live through increased access to information and services.**

Objectives

1. Provide assistance, information, education, outreach, referrals, and follow up to seniors regarding home and service-related issues.  
Timeline: 10/01/2022 to 09/30/2025

Progress

A) VAAA has chosen Genesee County. A task force of 15 community organizations, caregivers and participants with dementia are meeting monthly to determine what the community needs to know about dementia. Community members, including Genesee County Sheriff's Department has completed the Virtual Dementia Training.

B) Virtual Dementia Tours have been scheduled with Mott Community College and University of Michigan Flint for Spring and Summer semesters.

C) VAAA donated 19 gently used laptops to the Genesee County Literacy Coalition to be used by seniors who are working towards their educational goals.

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D) 14 tablets with built in internet were given to seniors, who are using them to attend the RSVP Heart-to-Heart Peer Support group twice monthly for socialization.

**C. Work to improve the accessibility of services to people of color, immigrants, and LGBTQ+ individuals in PSA 5**

Objectives

1. To educate the community and providers on the barriers to accessibility services to people of color , immigrants, and LGBTQ+ individuals in PSA 5.

Timeline: 10/01/2022 to 09/30/2025

Progress

A) Training was held in FY 2022 in which 19 provider staff attended. VAAA staff also completed an LGBTQ+ Training through the Relias system. VAAA will also hold a LGBTQ+ Cultural Competency Training for its provider network that has been scheduled for September 8, 2023.

B) VAAA staff has completed Cultural Competency training through our Relias training database . In addition, VAAA staff completed Diversity, Equity, and Inclusion (DEI) Training offered by Michigan State University. VAAA will also be providing DEI training to its providers in May 2023.

C) VAAA contracts with Communication Access Center for sign language interpretation services as well as has bilingual staff to help translate Spanish as well as works with the Hispanic Service Center which also provides Spanish translation services.

**D. Protect older adults from abuse and exploitation within PSA 5.**

Objectives

1. To educate persons in detecting elder abuse and exploitation .

Timeline: 10/01/2022 to 09/30/2025

Progress

A) VAAA has staff that attend the monthly and quarterly elder abuse meetings in each county . Each meeting includes multiple agencies that deal with older adult abuse, neglect, and exploitation including lawyers, adult protective services, sheriff's department, etc. VAAA was a sponsor for the FY 2022 E.D.G.E. conference and had 10 staff members in attendance as well as provided a resource table . VAAA staff are also on the planning committee to help plan the annual E.D.G.E. (Educate, Defend, and Guard the Elderly) Conference planned for fall of 2023. VAAA also did a Podcast with the Manor Law group.



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**Supplemental Documents**

**Document A: Policy Board Membership (Required).**

**Document B: Advisory Council Membership (Required).**

**SUPPLEMENTAL DOCUMENTS FOR SPECIAL APPROVAL**

Select the supplemental document(s) from the list below only if applicable to the AAA's FY 2024 AIP.

Provide all requested information for each selected document. Note that older versions of these documents will not be accepted and should not be uploaded as separate documents.

**Document C: Proposal Selection Criteria - should only be completed if there are new or changed criteria for selecting providers (only if applicable).**

**Document D: Cash-In-Lieu-Of-Commodity Agreement (only if applicable).**

**Document E: Waiver of Minimum Percentage of a Priority Service Category (only if applicable).**

**Document F: Request to Transfer Funds (only if applicable).**

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**SUPPLEMENTAL DOCUMENT A**

**Board of Directors Membership**

	Asian/Pacific Islander	African American	Native American/ Alaskan	Hispanic Origin	Persons with Disabilities	Female	Total Membership
Membership Demographics	0	5	0	0	0	7	11
Aged 60 and Over	0	4	0	0	0	5	7

Board Member Name	Geographic Area	Affiliation	Membership Status
William McLean	Genesee County	Senior Representative	Community Representative
Barbara Mercer	Shiawassee County	Community Representative	Appointed
Catherine Metz	Genesee County	Hurley Medical Center	Appointed
Sandra Michalek	Shiawassee County	Senior Representative	Community Representative
Charles Winfrey	Genesee County	County Commissioner	Elected Official
Jacquinne Reynolds	City of Flint	City of Flint Representative	Appointed
Marlene Webster	Shiawassee County	County Commissioner	Elected Official
Glenn Wilson	Genesee County	Communities First Inc.	Appointed
Willa Talley	Lapeer County	Senior Representative	Community Representative
Marla Dais	Genesee County	Community Representative	Appointed
Eric Gasper	Genesee County	Community Representative	Appointed

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**SUPPLEMENTAL DOCUMENT B**

**Advisory Board Membership**

	Asian/ Pacific Islander	African American	Native American/ Alaskan	Hispanic Origin	Persons with Disabilities	Female	Total Membership
Membership Demographics	0	5	0	0	0	8	12
Aged 60 and Over	0	3	0	0	0	6	9

Board Member Name	Geographic Area	Affiliation
Kelly Bales	Lapeer County	Greater Lapeer Transportation Authority
Antonio Davie	Genesee County	Department of Health and Human Services
Lawrence Donnelly	City of Flint	City of Flint Council
Deborah Holmes	City of Flint	City of Flint Mayor's Office
Pamela Koutouzos	Genesee County	Genesee County Board of Commissioners
Joe Massey	Genesee County	Genesee County Board of Commissioners
Gloria McCracken	Shiawassee County	Shiawassee County Board of Commissioners
Gary Putinsky	Shiawassee County	Department of Veterans Services
Laurel Robb	Shiawassee County	Shiawassee Council on Aging
Elizabeth Robinson	Genesee County	Health Alliance Plan - HAP
Tamitha Taylor	Genesee County	GCCARD/Nutrition
Loraine Travis	Genesee County	RSVP - Retired Senior Volunteer Program

## ACCESS AND SERVICE COORDINATION CONTINUUM

It is essential that each PSA have an effective access and service coordination continuum. This helps participants to get the right service mix and maximizes the use of limited public funding to serve as many persons as possible in a quality way.

### Instructions

The Access and Service Coordination Continuum is found in the Documents Library as a fillable pdf file. (A completed sample is also accessible there). Please enter specific information in each of the boxes below that describes the range of access and service coordination programs in the area agency PSA.

	Level 1	Level 2	Level 3	Level 4	Level 5
	<i>Least Intensive</i>				<i>Most Intensive</i>
<b>Program</b>	Information & Assistance				Care Management
<b>Participants</b>					
<b>What Is Provided?</b>					
<b>Where is the service provided?</b>					

EVIDENCE-BASED PROGRAMS PLANNED FOR FY 2024

Funded Under Disease Prevention Health Promotion Service Definition

Provide the information requested below for Evidence-Based Programs (EBDP) to be funded under Title III-D.

Title III-D funds can only be used on health promotion programs that meet the highest-level criteria as determined by the Administration for Community Living (ACL) Administration on Aging (AoA). Please see the “List of Approved EBDP Programs for Title III-D Funds” in the Document Library. Only programs from this list will be approved for FY 2024. If funding has been allocated as a single amount for all Title III-D programs for a provider, enter on first line under “Funding Amount for This Service”.

Program Name	Provider Name	Funding Amount for Service
<div>Example</div> <div>Arthritis Exercise Program</div>	<div>Example: List each provider offering programs on a single line as shown below.</div> <div> 1) Forest City Senior League Program  2) Grove Township Senior Services  3) Friendly Avenue Services </div>	<div>Example:</div> <div>Funding total for all providers</div> <div>\$14,000</div>

# EMERGENCY MANAGEMENT AND PREPAREDNESS

## Minimum Elements for Area Agencies on Aging FY 2024 Annual Implementation Plan

After each general and nutrition minimum element for emergency preparedness, provide a brief description regarding how the AAA Emergency Preparedness Plan for FY 2024 will address the element.

Area Agency on Aging <b>Valley Area Agency on</b>
A. General Emergency Preparedness Minimum Elements (required by the Older American's Act).
1. Does your agency have an Emergency Preparedness Plan? If so when was the latest update and was it sent ACLS? If not, please sent to albrechtc@michigan.gov
Yes, Valley Area Agency on Aging does have an Emergency Preparedness Plan. It was last updated in July 2021 and submitted to the ACLS Bureau on July 28, 2021.
2. Does your agency work with local emergency management? If yes please provide a brief description of how you are working with them. If no Why.
Yes, Valley Area Agency on Aging (VAAA) work with our local emergency management. VAAA receives resources from our local emergency management that can be provided to our staff, participants and provider network. In addition, VAAA maintains a list of contacts in case of an emergency as well as relays pertinent information provided to our email list, provider network, staff, and participants to keep them updated on necessary information. In the case of emergency VAAA may collaborate with our local emergency management to ensure participant needs are met.
3. ACLS does have expectations during a State or locally declared emergency/disaster to have staff person (the area agency director or their designee) available for communication with ACLS staff to provide real time information about service continuity (status of aging network service provider's ability to provide services). Please provide ACLS with any updated contact information on staff listed as emergency contact. Including drills.
Valley Area Agency on Aging President and CEO, Yaushica Aubert (email: yaubert@valleyaaa.org) is the designated person available to communicate with ACLS staff regarding service continuity. Katrina Royster the Director of Human Resources (roysterk@valleyaaa.org) is the Emergency Preparedness Manager for Valley Area Agency on Aging. Ms. Royster also oversees our agency drills related to emergency situations.
4. Being able to provide information about the number and location of vulneralbe older persons receiving services from the area agency.
The agency Supports Coordinators will develop an individual Emergency Preparedness Plan (IEPP) for each participant enrolled in a program. A copy will be provided to the participant and family as well as each service provider. Development of the IEPP allows VAAA to prioritize program participants based on their ability to respond in an emergency. A prioritized list (which includes name, address, city, and telephone number) of the participants will be generated for each county and distributed to local/county Emergency coordinators quarterly (or as needed).
5. What barriers have you had with emergency/disaster drills or with man-made or natural disaster such as flooding, pandemic, flu, and extremem weather? What can ACLS do to assist the AAAs with emergency/disasters? Can include funding, communication issues and PPE for example.
During the pandemic with social gathering restrictions, many of the normal sites for warming and cooling were acting at a limited capacity therefore creating some limitations to access for these sites. Continued access to PPE equipment is necessary and can create a barrier to dealing with pandemics and health emergencies.



# FY 2024 AREA PLAN GRANT BUDGET

Rev. 5/23/23

Agency: Valley Area Agency on Aging

Budget Period: 10/01/23 to 09/29/24

PSA: 5

Date: 06/09/23

Rev. No.: 0 Page 1 of 3

## SERVICES SUMMARY

FUND SOURCE	SUPPORTIVE SERVICES	NUTRITION SERVICES	TOTAL
1. Federal Title III-B Services	606,887		606,887
2. Fed. Title III-C1 (Congregate)		531,831	531,831
3. State Congregate Nutrition		13,317	13,317
4. Federal Title III-C2 (HDM)		812,797	812,797
5. State Home Delivered Meals		660,702	660,702
8. Fed. Title III-D (Prev. Health)	46,186		46,186
9. Federal Title III-E (NFCSP)	286,866		286,866
10. Federal Title VII-A	8,512		8,512
10. Federal Title VII-EAP	9,033		9,033
11. State Access	39,749		39,749
12. State In-Home	971,835		971,835
13. State Alternative Care	155,409		155,409
14. State Care Management	359,908		359,908
15. St. ANS	61,985		61,985
16. St. Nursing Home Ombs (NHO)	22,405		22,405
17. Local Match			
a. Cash	129,294	60,406	189,700
b. In-Kind	52,693	297,801	350,494
18. State Respite Care (Escheat)	96,323		96,323
19. MATF	166,686		166,686
19. St. CG Support	22,540		22,540
20. TCM/Medicaid & MSO	210,707		210,707
21. NSIP		650,551	650,551
22. Program Income	23,944	219,063	243,007
<b>TOTAL:</b>	<b>3,270,962</b>	<b>3,246,468</b>	<b>6,517,430</b>

BGP Allocation Amount 6,048,332

## ADMINISTRATION

Revenues	Local Cash	Local In-Kind	Total
Federal Administration	253,841	47,809	301,650
State Administration	44,262		44,262
MATF Administration	16,000	-	16,000
St. CG Support Administration	-	-	-
Other Admin			-
<b>Total AIP Admin:</b>	<b>314,103</b>	<b>47,809</b>	<b>361,912</b>

## Expenditures

	FTEs	
1. Salaries/Wages	4.00	249,875
2. Fringe Benefits		62,470
3. Office Operations		49,567
<b>Total:</b>		<b>361,912</b>

## Cash Match Detail

Source	Amount
1. Local Units of Government	22,000
2. Unrestricted Funds	25,809
3. Federal Admin	-
MATFF Administration Match	-
St CG Support Match	-
	-
	-
<b>Total:</b>	<b>47,809</b>

## In-Kind Match Detail

Source	Amount
1. Federal Admin	
2. Federal Admin	-
3. Federal Admin	-
MATF Administration Match	-
St CG Support Match	-
	-
	-
<b>Total:</b>	<b>-</b>

I certify that I am authorized to sign on behalf of the Area Agency on Aging. This budget represents necessary costs for implementation of the Area Plan. Adequate documentation and records will be maintained to support required program expenditures.

Signature

President & CEO

Title

06/09/23

Date

FY 2024 AREA AGENCY GRANT FUNDS - SUPPORT SERVICES DETAIL																			
Agency: Valley Area Agency on Aging		Budget Period:										10/01/23		to		09/29/24		Rev. 5/23/23	
PSA: 5		Date:										06/09/23		Rev. No.:				page 2 of 3	
*Operating Standards For AAA's																			
Op Std	SERVICE CATEGORY	Title III-B	Title III-D	Title III - E	Title VII A Title VII/EAP OMB	State Access	State In-Home	St. Alt. Care	State Care Mgmt	State NHO	St. ANS	St. Respite (Escheat)	MATF	St. CG Suppl	TCM-Medicaid MSO Fund	Program Income	Cash Match	In-Kind Match	TOTAL
A	Access Services																		
A-1	Care Management	125,991		4,627		5,895			359,858		35,000				200,000	1,044	49,700		782,115
A-2	Case Coord/supp	9,330		50		11,425			50		7,792						1,916	4,216	34,779
A-3	Disaster Advocacy & Outreach Program																		-
A-4	Information & Assis	134,340		116,041		22,429					10,002							3,664	286,476
A-5	Outreach	31,820		22,656													4,968	2,006	61,450
A-6	Transportation	1,000		50									50	50					1,150
A-7	Options Counseling																		-
A-8	Care TransitionCorrdination and Support																		-
B	In-Home																		
B-1	Chore	4,050															20		4,070
B-2	Home Care Assis																		-
B-3	Home Injury Cntrl	3,878															220	1,056	5,154
B-4	Homemaking	9,257					388,634	19,493								3,636	4,773	4,758	430,551
B-6	Home Health Aide																		-
B-7	Medication Mgt	9,192														1,208	2,944		13,344
B-8	Personal Care	46,979					463,101	135,816			9,191					5,987	27,872	7,833	696,779
B-9	Assistive Device&Tech	4,000																	4,000
B-10	Respite Care	1,037		60,404			120,000					84,215	62,418	11,141		8,048	14,905	4,883	367,051
B-11	Friendly Reassure	3,950															600		4,550
C-10	Legal Assistance	42,000														21	8,947		50,968
C	Community Services																		
C-1	Adult Day Services	100		36,127								12,108	104,218	11,349			3,434	22,011	189,347
C-6	Disease Prevent/Health Promtion	27,408	46,186	16,661												4,000	4,400		98,655
C-7	Health Screening																		-
C-8	Assist to Hearing Impaired & Deaf Cmty	100																	100
C-9	Home Repair	100																	100
C-11	LTC Ombudsman	11,305			8,512					22,405					10,707		3,445		56,374
C-12	Sr Ctr Operations																		-
C-13	Sr Ctr Staffing																		-
C-14	Vision Services																		-
C-15	Prevnt of Elder Abuse,Neglect,Exploitation				9,033														9,033
C-16	Counseling Services	100		100															200
C-18	Caregiver Supplmt Services			100															100
C-19	Kinship Support Services			20,000														2,266	22,266
C-20	Caregiver E,S,T			10,000													1,150		11,150
*C-8	Program Develop	116,900																	116,900
Sp Co Sp Co	Region Specific																		
	a. Emergency Gap Filling	50		50															100
	b. Independence by Choice	22,000																	22,000
	c. Community Living Supports (CLS)	1,000					100	100											1,200
	d.																		-
	7. CLP/ADRC Services	1,000		-															1,000
	8. MATF Adm												16,000					16,000	
	9. St CG Sup Adm																		-
SUPPRT SERV TOTAL		606,887	46,186	286,866	9,033	8,512	39,749	971,835	155,409	359,908	22,405	61,985	96,323	182,686	22,540	210,707	23,944	129,294	3,286,962

FY 2024 NUTRITION / OMBUDSMAN / RESPITE / KINSHIP - PROGRAM BUDGET DETAIL											
<div> <div>Agency: Valley Area Agency on Aging</div> <div>Budget Period: 10/01/23 to 9/29/24</div> <div>PSA: 5</div> <div>Date: 06/09/23</div> <div>Rev. Number 0</div> </div> <div>Rev. 5/23/23</div> <div>page 3 of 3</div>											
FY 2024 AREA PLAN GRANT BUDGET - TITLE III-C NUTRITION SERVICES DETAIL											
Op Std	SERVICE CATEGORY	Title III C-1	Title III C-2	State Congregate	State HDM	NSIP	Title III-E	Program Income	Cash Match	In-Kind Match	TOTAL
	<b>Nutrition Services</b>										
C-3	Congregate Meals	486,115		13,317		89,213		110,472	12,815	86,778	798,710
B-5	Home Delivered Meals		799,041		660,602	561,238		108,591	47,591	211,023	2,388,086
C-4	Nutrition Counseling										-
C-5	Nutrition Education										-
B-12	Carry-out Meal (COM)		100		100	100					300
	AAA RD/Nutritionist*	45,716	13,656								59,372
	<b>Nutrition Services Total</b>	<b>531,831</b>	<b>812,797</b>	<b>13,317</b>	<b>660,702</b>	<b>650,551</b>	<b>-</b>	<b>219,063</b>	<b>60,406</b>	<b>297,801</b>	<b>3,246,468</b>

\*Registered Dietitian, Nutritionist or individual with comparable certification, as approved by AASA.

FY 2024 AREA PLAN GRANT BUDGET-TITLE VII LTC OMBUDSMAN DETAIL										
Op Std	SERVICE CATEGORY	Title III-B	Title VII-A	Title VII-EAP	State NHO	MSO Fund	Program Income	Cash Match	In-Kind Match	TOTAL
	<b>LTC Ombudsman Ser</b>									
C-11	LTC Ombudsman	11,305	8,512	-	22,405	10,707	-	3,445	-	56,374
C-15	Elder Abuse Prevention	-		9,033			-	-	-	9,033
	Region Specific	-	-		-		-	-	-	-
	<b>LTC Ombudsman Ser Total</b>	<b>11,305</b>	<b>8,512</b>	<b>9,033</b>	<b>22,405</b>	<b>10,707</b>	<b>-</b>	<b>3,445</b>	<b>-</b>	<b>65,407</b>

FY 2024 AREA PLAN GRANT BUDGET- RESPITE SERVICE DETAIL										
Op Std	SERVICES PROVIDED AS A FORM OF RESPITE CARE	Title III-B	Title III-E	State Alt Care	State Escheats	State In-Home	Merit Award Trust Fund	Program Income	Cash/In-Kind Match	TOTAL
B-1	Chore									-
B-4	Homemaking									-
B-2	Home Care Assistance									-
B-6	Home Health Aide									-
B-10	Meal Preparation/HDM									-
B-8	Personal Care									-
	<b>Respite Service Total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>

FY 2024 AREA PLAN GRANT BUDGET-TITLE E- KINSHIP SERVICES DETAIL										
Op Std	SERVICE CATEGORY	Title III-B	Title III-E				Program Income	Cash Match	In-Kind Match	TOTAL
	<b>Kinship Ser. Amounts Only</b>									
C-18	Caregiver Sup. Services	-					-		-	-
C-19	Kinship Support Services	-	20,000				-	-	2,266	22,266
C-20	Caregiver E,S,T	-	-				-	-	-	-
	<b>Kinship Services Total</b>	<b>-</b>	<b>20,000</b>				<b>-</b>	<b>-</b>	<b>2,266</b>	<b>22,266</b>

Planned Services Summary Page for FY 2024			PSA: 5		
Service	Budgeted Funds	Percent of the Total	Method of Provision		
			Purchased	Contract	Direct
ACCESS SERVICES					
Care Management	\$ 782,115	11.97%		X	X
Case Coordination & Support	\$ 34,779	0.53%		X	X
Disaster Advocacy & Outreach Program	\$ -	0.00%			
Information & Assistance	\$ 286,476	4.38%		X	X
Outreach	\$ 61,450	0.94%		X	X
Transportation	\$ 1,150	0.02%	X		
Option Counseling	\$ -	0.00%			
Care TransitionCorrdination and Support	\$ -	0.00%			
IN-HOME SERVICES					
Chore	\$ 4,070	0.06%	X	X	
Home Care Assistance	\$ -	0.00%			
Home Injury Control	\$ 5,154	0.08%	X	X	
Homemaking	\$ 430,551	6.59%	X	X	
Home Delivered Meals	\$ 2,388,086	36.55%	X	X	X
Home Health Aide	\$ -	0.00%			
Medication Management	\$ 13,344	0.20%	X	X	
Personal Care	\$ 696,779	10.66%	X	X	
Personal Emergency Response System	\$ 4,000	0.06%	X	X	
Respite Care	\$ 367,051	5.62%	X	X	
Friendly Reassurance	\$ 4,550	0.07%			X
COMMUNITY SERVICES					
Adult Day Services	\$ 189,347	2.90%	X	X	
Congregate Meals	\$ 798,710	12.22%		X	X
Nutrition Counseling	\$ -	0.00%			
Nutrition Education	\$ -	0.00%			
Disease Prevention/Health Promotion	\$ 98,655	1.51%			X
Health Screening	\$ -	0.00%			
Assistance to the Hearing Impaired & Deaf	\$ 100	0.00%	X		
Home Repair	\$ 100	0.00%	X		
Legal Assistance	\$ 50,968	0.78%		X	
Long Term Care Ombudsman/Advocacy	\$ 56,374	0.86%		X	
Senior Center Operations	\$ -	0.00%			
Senior Center Staffing	\$ -	0.00%			
Vision Services	\$ -	0.00%			
Programs for Prevention of Elder Abuse,	\$ 9,033	0.14%		X	
Counseling Services	\$ 200	0.00%	X		
Carry-Out Meal (COM)	\$ 300	0.00%		X	
Caregiver Supplemental Services	\$ 100	0.00%	X		
Kinship Support Services	\$ 22,266	0.34%	X		
Caregiver Education, Support, & Training	\$ 11,150	0.17%		X	
AAA RD/Nutritionist	\$ 59,372	0.91%			X
PROGRAM DEVELOPMENT	\$ 116,900	1.79%			X
REGION-SPECIFIC					
a. Emergency Gap Filling	\$ 100	0.00%	X		
b. Independence by Choice	\$ 22,000	0.34%			X
c. Community Living Supports (CLS)	\$ 1,200	0.02%	X		
d.	\$ -	0.00%			
CLP/ADRC SERVICES	\$ 1,000	0.02%	X		
SUBTOTAL SERVICES		\$ 6,517,430			
MATF & ST CG ADMINISTRATION		\$ 16,000	0.24%		X
TOTAL PERCENT			100.00%	16.01%	59.41%
TOTAL FUNDING		\$ 6,533,430		\$1,045,999	\$3,881,892
					\$1,605,539

Note: Rounding variances may occur between the Budgeted Funds column total and the Total Funding under the Method of Provision columns due to percentages in the formula. Rounding variances of + or (-) \$1 are not considered material.

# FUNDED SERVICES

Fiscal Year: 2024

Area Agency: Valley Area Agency on Aging

FUNDED SERVICES	Funding 2022-2023	Funding 2023-2024
<b>PURCHASED SERVICES</b>	<b>\$851,148</b>	<b>\$1,045,999</b>
1. Adult Day Care	\$49,370	\$49,370
2. In-Home Services	\$635,508	\$719,968
3. CLP/ADRC Services	\$1,000	\$1,000
4. Medication Management	\$2,884	\$2,884
5. Respite	\$126,786	\$226,877
6. PERS	\$4,000	\$4,000
7. Transportation	\$1,150	\$1,150
8. Emergency Gap Filling	\$100	\$100
9. Kinship Caregiver Respite	\$20,000	\$20,000
10. Caregiver Supplemental Services	\$100	\$100
11. Counseling	\$0	\$200
12. Assistance to Hearing Impaired & Deaf	\$100	\$100
13. Home Delivered Meals	\$10,000	\$20,000
14. Chore	\$50	\$50
15. Home Injury Control	\$100	\$100
16. Home Repair	\$0	\$100
<b>TOTAL FUNDING</b>	<b>\$851,148</b>	<b>\$1,045,999</b>
<b>CONTRACTED SERVICES</b>	<b>\$3,058,770</b>	<b>\$3,196,794</b>
1. Adult Day Care	\$114,499	\$114,532
2. Care Management	\$110,509	\$110,509
3. Caregiver Training	\$10,000	\$10,000
4. Case Coordination & Support	\$10,599	\$10,599
5. Congregate Meals	\$501,499	\$473,474
6. Elder Abuse Education	\$9,065	\$9,033
7. Home-Delivered Meals	\$1,748,030	\$1,832,831
8. Carry-out Meals (COM)	\$0	\$300
9. Information & Assistance	\$31,065	\$32,261
10. In-Home Services	\$301,812	\$353,703
11. Legal Assistance	\$39,000	\$42,000
12. Long-Term Care Ombudsman	\$52,929	\$52,929
13. Medication Management	\$6,308	\$6,308
14. Outreach	\$25,419	\$28,199
15. Respite	\$91,822	\$112,338
16. Home Injury Control	\$2,214	\$3,778
17. Chore Services	\$4,000	\$4,000
<b>TOTAL FUNDING</b>	<b>\$3,058,770</b>	<b>\$3,196,794</b>
<b>DIRECT SERVICES</b>	<b>\$1,042,992</b>	<b>\$1,101,749</b>
1. Care Management	\$377,453	\$392,062
2. Case Coordination & Support	\$18,048	\$18,048
3. Home Delivered Meal Assessments	\$155,253	\$181,706
4. Information & Assistance	\$239,218	\$250,551
5. Program Development	\$110,000	\$116,900
6. Outreach	\$26,277	\$26,277
7. Evidence Based Disease	\$86,793	\$90,255
8. Independence by Choice	\$26,000	\$22,000
9. Friendly Reassurance	\$3,950	\$3,950
<b>TOTAL FUNDING</b>	<b>\$1,042,992</b>	<b>\$1,101,749</b>

## FY'2024 FUND DISTRIBUTION

	60+ Population, by County (2019 Census)						
	<u>Genesee</u> 72.60%		<u>Lapeer</u> 14.83%		<u>Shiawassee</u> 12.57%		Total 100.00%
	Genesee County (Incl. City of Flint)		Lapeer County		Shiawassee County		Total Funds
Adult Day Care	\$ 137,597	83.95%	\$ -	0.00%	\$ 26,305	16.05%	\$ 163,902
Care Management	392,062	78.01%	54,998	10.94%	55,511	11.05%	502,571
Case Coordination & Support	18,048	63.00%	-	0.00%	10,599	37.00%	28,647
Chore Maintenance	50	1.23%	0	0.00%	4,000	98.77%	4,050
Congregate Meals	278,973	72.60%	56,986	14.83%	48,302	12.57%	384,261
Home Delivered Meals	1,069,616	72.60%	218,490	14.83%	185,193	12.57%	1,473,299
Carry-out Meal (COM)	144	72.00%	30	15.00%	26	13.00%	200
Home Injury Control	100	2.58%	-	0.00%	3,778	97.42%	3,878
Independence by Choice	22,000	100.00%	-	0.00%	-	0.00%	22,000
Information & Assistance	250,551	88.59%	-	0.00%	32,261	11.41%	282,812
In-Home Respite	226,877	66.88%	79,362	23.40%	32,976	9.72%	339,215
In-Home Services (PC/HM/CLS)	719,968	67.06%	209,812	19.54%	143,891	13.40%	1,073,671
Kinship Caregiver Respite	20,000	100.00%	-	0.00%	-	0.00%	20,000
Medication Management	2,884	31.38%	-	0.00%	6,308	68.62%	9,192
Outreach	26,277	48.24%	28,199	51.76%	-	0.00%	54,476
Personal Emergency Reponse	4,000	100.00%	-	0.00%	-	0.00%	4,000
Transportation	1,150	100.00%	-	0.00%	-	0.00%	1,150
Assistance to the Hearing Impaired & Deaf	100	100.00%	-	0.00%	-	0.00%	100
Caregiver Supplemental Services	100	100.00%	-	0.00%	-	0.00%	100
Counseling	200	100.00%	-	0.00%	-	0.00%	200
CLP Services	1,000	100.00%	-	0.00%	-	0.00%	1,000
	\$ 3,171,697	72.60%	\$ 647,877	14.83%	\$ 549,150	12.57%	\$ 4,368,724
<b>Tri - County Services</b>							
Elder Abuse Education	\$ 6,558	72.60%	\$ 1,340	14.83%	\$ 1,135	12.57%	\$ 9,033
Emergency Gap Filling	73	72.60%	15	14.83%	12	12.57%	100
Friendly Reassurance	2,868	72.60%	586	14.83%	497	12.57%	3,950
Home Repair	73	72.60%	15	14.83%	12	12.57%	100
Legal Services	30,492	72.60%	6,229	14.83%	5,279	12.57%	42,000
Long - Term Care Ombudsman	38,426	72.60%	7,849	14.83%	6,653	12.57%	52,929
Caregiver Training	7,260	72.60%	1,483	14.83%	1,257	12.57%	10,000
Evidence Based Disease	65,525	72.60%	13,385	14.83%	11,346	12.57%	90,255
Funding by county prior to NSIP	\$3,322,971		\$678,779		\$575,341		\$4,577,091
NSIP - Congregate Meals	\$ 55,149	61.82%	\$ 13,686	15.34%	\$ 20,378	22.84%	\$ 89,213
NSIP - Home Delivered Meals	426,298	75.96%	73,129	13.03%	61,810	11.01%	561,237
NSIP - Carry-out Meal (COM)	76	76.00%	13	13.00%	11	11.00%	100
Total Funding	\$ 3,804,494	72.78%	\$ 765,607	14.65%	\$ 657,540	12.58%	\$ 5,227,641