



**Valley Area  
Agency On Aging**

Answers, Action & Advocacy  
for **All Things Senior**

**Presents:**

## **Understanding Mealtime and Behavior Changes in Dementia**

Join us for a **FREE** interactive workshop on using effective communication and problem-solving techniques for Mealtime and Behavior Changes in Dementia. Presented by Jeannette Brunetti, Registered Dietician and Jennifer Joyner, Certified Dementia Practitioner from Valley Area Agency on Aging.

### **June 24, 2024**

1:00pm – 3:30pm

Imlay City Senior Center

395 E Third St Imlay City, MI 48444

RSVP to – (810) 724-6030

### **July 25, 2024**

1:00pm – 3:30pm

Grand Blanc Senior Center

12632 Pagels Dr Grand Blanc, MI 48439

RSVP[ to - (810) – 695-3202

### **August 12, 2024**

1:00pm – 3:30pm

Owosso Senior Center

300 N Washington St Owosso, MI 48867

RSVP to – (989) -723-8875

Lite refreshments and drinks will be provided.

#### **Understanding Mealtime and Behavior Changes you will learn:**

- Self-Care for Caregivers
- Cognitive Changes and effective eating and nutrition habits
- Understanding why difficult behaviors occur with Dementia.
- Hands-on Problem-solving techniques for mealtime set up, effective communication and analyzing individual behaviors

Workshops are FREE, led by qualified leaders, and a snack is provided at each session. Paid for funds by the Valley Area Agency on Aging and . Bureau of Aging, Community Living, and Supports. For more information, call Abbie Mars, Health & Wellness Program Manager, VAAA at (810) 600-0633.