



# Medical Nutrition Therapy

## WHAT CAN WE PROVIDE?

- One on one nutrition counseling with a Registered Dietitian for clients with Type 1 and Type 2 Diabetes
- Home Visits for comfortable learning environment and privacy
- Personalized instruction based on the client's nutritional needs.

## Benefits of Healthy Eating:

- Proven reduction in A1C, cholesterol and lipid levels
- Improvement in weight loss outcomes and acceptable BMI ranges

For more information contact:

Jeannette Brunetti RD

Registered Dietitian



810-249-6547



[brunettij@valleyaaa.org](mailto:brunettij@valleyaaa.org)