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"I need to thank you, especially for helping our family for a "second time" now. Your team was perfect – so caring, competent, capable, and professional. Wonderful!!!" - Sandra L.



### **Hospice Specialty Care:**

- · Veteran's Outreach
- Music Therapy
- Pet Therapy
- Spiritual Support
- · Bereavement Services
- Massage Therapy
- · Children's Grief Camp



### Home Health Specialty Care:

- · Dementia & Alzheimer's
- · Cardiac & Respiratory Care
- · Diabetes Management
- · Joint Replacement Care
- Wound Care
- Behavioral Health



### Palliative Care:

 Works in conjunction with primary treatment to focus on maintaining quality of life while managing the pain, stress and other symptoms of severe illness frequently connected to disease or injury













Livonia: (734) 779-9786 Flint: (810) 239-3000 Grand Rapids: (616) 965-2280 www.medicalteam.com





**Spring 2025** 

#### Dear Reader;

The Genesee County Commission on Aging is an all volunteer organization whose mission is to support and advocate services and resources for the aging which promote and safeguard their independence and well-being. This resource directory has been developed to assist in the endeavor and to offer a choice to the senior population.

Membership in the GCCOA offers networking opportunities among community members interested in improving the independence and well-being of older adults. The commission meets monthly at 11:30a.m. at the Gloria Coles Flint Public Library in the Mott Room. The library is located at 1026 E. Kearsley St., Flint, MI 48503. We have guest speakers, membership sharing and offer the opportunity to promote your organization's events on our website calendar at www.coaweb.com, or by emailing the GCCOA directly at gccoami@gmail.com.

This directory is FREE and is made available to copy any pages for interested seniors and their families. Please visit our website for upcoming events and our online senior directory as well.

Sincerely,

Genesee County Commission on Aging P.O. Box 13560 Flint, MI 48501

www.coaweb.com email – gccoami@gmail.com 810-908-9122

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### The Genesee County Commission on Aging is . . .



an all volunteer organization formed in 1973. Our mission is "To support and advocate services and resources for the aging which promote and safeguard their independence and well-being".

### For its members, the GCCOA offers many benefits, including:

- ➤ Networking opportunities among community members interested in improving the independence and well-being of older adults.
- ▶ Members will be listed in the senior resource directory (highlighted in BOLD) and on the website as members and supporters, with links to your business website.
- **)** Members can submit their events for the calendar on the website.
- ➤ Members have an opportunity to impact our community in a positive way and to help carry out the mission of the GCCOA.
- **>** The commission meets monthly. Members are encouraged to bring information of events and services being offered by their organizations.
- Go to our website to register online or fill out the membership application on the next page. Business membership fees are \$50.00 for the year. If you are a senior and would like to become a member for only \$5.00, then fill out the application and we look forward to working with you. PayPal available.

Email: gccoami@gmail.com or visit our website at

#### www.coaweb.com

- **>** Participation in the annual members only events.
- **>** Event submissions on the facebook page.



Annual memberships for the Genesee County Commission on Aging can be paid for by check or by PayPal. Invoices will only be sent when requested.

All Memberships are due by March 15th of each year.

- Sendthisapplicationandcheckpaymentto:GCCOA,P.O.Box13560,Flint,MI48501
- ForPayPalpaymentspleasevisitourwebsiteatcoaweb.comandselectthepaymenttab.
- To request an invoice, send an email to Iradzilowski@geneseecountymi.gov
  - Organization/Business \$50 cash/check or \$52.32 via PayPal
  - Individual \$15 cash/check or \$16.05 via PayPal
  - Senior (aged 55 and up) \$5

| Organization/Business name:  |
|--|
| Contact name:  |
| Contact email:   |
| <u>Information to be included in the Commission on Aging Senior Resource Directory</u> |
| Organization/Business name:  |
| Physical or Mailing address:   |
| Web address:   |
| Phone number:  |
| Area of Service:   |
| Thesection(s)intheresourcedirectoryyouwanttheorganizationtobelistedunder:              |

# ADULT DAY CARE PROGRAMS

Adult day care provides help for families and caregivers responsible for adults who cannot be left home during the day. It is a supervised environment designed to enrich their daily lives that may include group and individual activities, social outings, health monitoring, exercise, etc. Day care participants include adults who are socially inactive or isolated, in need of personal care assistance, are confused or have experienced memory loss or have physical limitations that prevent independent living.

### Michigan Community Services Inc.

P.O. Box 317 Swartz Creek, MI 48473 (810) 635-4407 mcsionline.org

# PSYCHIATRIC SERVICES

**Catholic Charities Counseling Programs/Psychiatric Services**(810) 232-9950

### **Genesee Health System Behavioral Health Urgent Care**

1040 W. Bristol Rd. Flint, MI 48507 (810) 496-5500 www.genhs.org/HelpNow 24/7 Virtual Care and Mobile Crisis Care

### **CONSUMER PROTECTION**

Credit Bureau Equifax (888) 548-7878 Experian (800) 493-1058 TransUnion (800) 916-8800

Federal Trade Commission Identity Theft (877) 382-4357 ftc.gov

### Legal Services of Eastern Michigan

436 S. Saginaw St. Flint, MI 48502 (800) 322-4512 (810) 234-2621

MI Dept. of Health & Human Services Adult Protective Services Hotline (855) 444-3911 dhhs.michigan.gov

Michigan Attorney General's Office Consumers Protection/Complaint Intake (517) 335-7599 michigan.gov/ag/consumer-protection

National Do Not Call Registry (888) 382-1222 donotcall.gov

State of Michigan Long Term Care Ombudsman (866) 485-9393 Mltcop.org

### RAMPS, HOME REPAIR, AND MODIFICATIONS

| Atlas Home Safety atlashomesafety.com  | .(844) 660-7233   |
|--|-------------------|
| GCCARD Weatherization Program  | .(810) 787-0199   |
| Genesee County Home Improvement Program/Metropolitan Planning Commission . gcmpc.org | (810) 257-3010    |
| Rehab & Mobility Systems   | 1-810-547-1374    |
| Senior Home Solutions  | .(586) 300-1096   |
| The Disability Network (810) 7   | 742-1800, ext 321 |
| TruBue of Grand Blanc trublueally.com/grandblanc                                     | .(810) 243-1050   |
| United Way of Genesee County   | .(810) 232-8121   |

### GERIATRIC ASSESSMENT AND CASE MANAGEMENT

The Management Team, consisting of a Geriatric Clinical Nurse Specialist and/or Geriatric Social Worker, will visit the older adult in their home and assist in resolving concerns about physical, emotional, social or daily living requirements. Working closely with the older adult family, their physician and other care providers, assistance will be provided in locating and arranging services in the community that will meet the older adult's needs.

### Genesee County Senior Millage Telephone Intake & Screening Program

(810) 249-6531

Geriatric & Medical Specialist of Michigan, PLC 1409 S. Graham Rd. Flint, MI 48532 (810) 235-2599 Board Certified Geriatrics

### **Valley Area Agency on Aging**

225 E. Fifth St., Ste. 200 Flint, MI 48502 (810) 239-7671 (800) 978-6275 (810) 233-4242 TDD valleyareaging.org

### **DISABILITY SERVICES**

### **Beltone Hearing**

4080 Miller Rd. Flint, MI 48507 (810) 732-6200

Binson's Medical Equipment and Supplies G-4433 Miller Rd. Flint, MI 48507 (810) 379-1277

Caption Call (586) 846-0989 captioncall.com

Communication Access
Center for the Deaf and
Hard of Hearing
214 E. Main St., Unit 103
Flushing, MI 48433
(810) 239-3112
(810) 250-7010 video phone cacdhh.org

Eye Care America
Free Eye Care for Persons
65 and Older
(877) 887-6327
aao.org/eyecare-america

### Family Service Agency

Visual & Hearing Impaired Services and Support Groups 1422 W. Court St. Flint, MI 48503 (810) 767-4014

### Flint Deaf Senior Citizens

4156 Holiday Dr. Flint, MI 48507 (810) 356-5996

### Genesee Health System

(Community Mental Health) 1040 W. Bristol Rd. Flint, MI 48507 (810) 257-3705 Phone (810) 257-3740 Crisis Line (866) 211-5455 Toll-free genhs.org

Hear USA Burton 1501 S. Center Rd. Burton, MI 48509 (810) 743-8470

Hear USA Flint G-4369 Miller Rd. Flint, MI 48507 (810) 733-1385

Hear USA Flushing 6429 W. Pierson Rd., Ste. #14 Flushing, MI 48433 (810) 605-0308 hearusa.com

Hear USA Grand Blanc 3027 E. Hill Rd. Grand Blanc, MI 48439 (810) 579-0941

Hearing Life 1141 S. State Rd., Ste. 15 Davison, MI 48423 (810) 339-4399 hearinglife.com Leader Dogs for the Blind 1039 S. Rochester Rd. Rochester Hills, MI 48307 (888) 777-5332 (248) 651-9011 leaderdog.org

Michigan Assistive Technology Loan Program (517) 333-2477 (800) 578-1269 mymdrc.org

### The Creative Mobility Group

Accessible Van Rentals 3352 S. Linden Rd. Flint, MI 48507 (810) 776-1055 creativemobilitygroup.com

The Disability Network 3600 S. Dort Hwy., Ste. 54 Flint, MI 48507 (810) 742-1800 (810) 742-2400 Fax disnetwork.org

Your Hearing Solution 1303 S. Linden Rd., Ste. C Flint, MI 48532 (810) 733-5300 hearing-solution.com

A New Place to Call Home (989) 915-0801 anewplacetocallhome.com

**AARP Foundation SCSEP** 711 N. Saginaw St., # 207 Flint, MI 48503 (810) 766-1470

### **Adult Foster Care Providers** of Genesee County

afcproviders.org info@afcproviders.org (810) 835-3527

### **Alzheimer's Association**

(800) 272-3900 24/7 Help Line alz.org

### **Ann's Adventures-Group Travel**

172 W. Vienna St., Ste. 1 Clio, MI 48420 (810) 640-8303 annsadventures.net aanderson@annsadventures.net

### **Ascension Living PACE Michigan**

Helping those "55 or better" to live safely in the community. 412 E. First St. Flint. MI 48502 (810) 236-7500 TTY (810) 236-7554 Ascensionliving.org

### **Assisted Living Locators**

Fenton, MI 48430 (810) 643-1182 assistedlivinglocators.com

### **Atlas Home Safety**

10824 Plaza Dr. Whitmore Lake, MI 48189 (844) 660-7233 atlashomesafety.com

Care Planners (586) 310-3200 careplannersmi.com





### PACE is your partner in care

Older adults (55+) who want to live safely at home with support may be eligible for the Program of All-Inclusive Care for the Elderly (PACE®). The Ascension Living PACE Michigan team partners with individuals, caregivers and families to sustain living at home. PACE services are provided in the home, at PACE medical and day centers, and in the community.



Call 810-644-8393 today to find out more about how we can partner with you!

Learn more about PACE benefits and services at ascensionliving.org/PACEmi

TTY: 810-236-7554



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#### **Catholic Charities**

Center for Hope (810) 265-7025 givehope@ccsgc.org

#### **Elder Abuse Alliance**

PO Box 998 Flint, MI 48501 eaagenesee@gmail.com

Elder Law of Michigan, Inc. 3815 W. St. Joseph St., Ste. C 200 Lansing, MI 48917 (517) 485-9164

Entech Medical Staffing 8245 Holly Rd., Suite 104A Grand Blanc, MI 48439 (248) 528-8090 entechmedical staffing.com spasseno@teamentech.com

### **Family Service Agency**

1422 W. Court St. Flint, MI 48503 (810) 767-4014 ext. 415

### **Flint Deaf Senior Citizens**

4156 Holiday Dr. Flint, MI 48507 (810) 356-5996

### Flint Institute of Arts and ART SPARK!

1120 E. Kearsley St. Flint, MI 48503 FlintArts.org/Learn/ArtSpark

### FIM Flint School of Performing Arts

1025 E. Kearsley St. Flint, MI 48503 (810)238-1350, ext. 3 thefim.org

Flint Memorial Park Cemetery 9506 N. Dort Hwy. Mt. Morris, MI 48458 (810) 686-3660

### Genesee County Community Action Resource Dept. (GCCARD)

Senior Nutrition Program, Emergency Services, Home Weatherization 324 S. Saginaw St. Flint, MI 48502 (810) 232-2185

Genesee County Dept. of Health & Human Services Aging & Adult Services Agency P.O. Box 1628 125 E. Union St. Flint, MI 48501 (810) 760-2200

### Genesee County Department of Senior Services

324 S. Saginaw St., 7th floor Flint, MI 48502 (810) 424-4478 allseniorservices@geneseecountymi.gov





### GHP HELPS WITH MEDICARE-NO COST

Medicare is confusing and can be costly.

Genesee Health Plan (GHP) staff can help you with enrollment and explain your coverage.

There are programs to help you with costs. Our staff can help you figure out if you qualify.



Genesee **Health** Plan

Changing Medicare Plans?

Aging into Medicare?

Confused?

HERE YEAR-ROUND MONDAY-FRIDAY CALL US TODAY! (810) 232-7740

2171 S. LINDEN ROAD, FLINT



Genesee County Health Department 324 S. Saginaw St. Flint, MI 48502 (810) 257-3612

### **Genesee County Legal Resource Center**

900 S. Saginaw St., Room 103 Flint, MI 48502 (810) 424-4355

### Genesee County Senior Millage Intake & Screening Program

(810) 249-6531

#### **Genesee Health Plan**

2171 S. Linden Rd. Flint, MI 48532 (810) 232-7740 geneseehealthplan.org

### **Genesee Health System Home Bound Services**

1040 W. Bristol Rd. Flint, MI 48507 (810) 496-4880 (810) 257-3705

### Hamilton Community Health Network

Medicare & Medicaid Enrollment Coverage Assistance 225 E. Fifth St. Flint, MI 48502 (800) 406-4246

Health Alliance Plan (HAP) 2050 S. Linden Rd. Flint, MI 48507 (800) 422-4641 hap.org

H.I.S. Ministries Helping Individuals Succeed 1315 W. Bristol Rd. Flint, MI 48507 (810) 238-9004

### **Kathryn Pierce**

Pahm Insurors PLLS (810) 444-6622 Kathy@dixiedeva.com



### Legal Services of Eastern Michigan

436 S. Saginaw St. Flint, MI 48502 (800) 322-4512 (810) 234-2621

### **Mannor Law Group**

8226 S. Saginaw St., Ste. A Grand Blanc, MI 48439 (810) 694-9000

#### **McLaren Health Plan**

G-3245 Beecher Rd. Flint, MI 48532 (888) 327-0671

### Michigan Community Services, Inc.

Senior Respite Program/Adult Day Care 5242 Lapeer Rd., Ste. D Burton, MI 48509 (810) 742-3922 mcsionline.org

Michigan Legal Help michiganlegalhelp.org

### Michigan State University Extension

460 S. Saginaw St., Suite 100 Flint, MI 48502 (810) 244-8500

### **Pathfinders Placement LLC**

(810) 223-8101 info@pathfinder-mi.com pathfinder-mi.com

### **Rehabitat Systems**

6484 N. Seymour Rd. Flushing, MI 48433 (810) 487-3200 rehabitatsystems.com

### St. Luke's N.E.W. Life Center

3115 Lawndale Ave. Flint, MI 48504 (810) 239-8710

### Seniors Helping Seniors Greater Livingston

(810) 412-7270 www.shslivingston.com anna@shslivingston.com

### **Senior Placement Services** of Michigan

4568 Brighton Circle Grand Blanc, MI 48439 (810) 941-2892

#### **Senior Preferences**

P.O. Box 1467 Jackson, MI 49204 (517) 783-2637 seniorpreferences.com

#### **Sovita Credit Union**

4411 Calkins Rd. PO Box 320830 Flint, MI 48532 (810) 720-8367 sovitacu.org

Tender Heart Therapeutic Arts & Crafts (248) 241-6772 tenderheartac.com

### **The Creative Mobility Group**

3352 S. Linden Rd. Flint, MI 48507 (810) 776-1055 creativemobilitygroup.com

### **TruBlue of Grand Blanc**

12745 S. Saginaw St. Grand Blanc, MI 48439 (810) 243-1050 trublueally.com/grand-blanc

United Way of Genesee County 111 E. Court St., Ste. 3A Flint, MI 48502 (810) 232-8121 unitedwaygenesee.org

University of Michigan Public Health & Health Science Dept.

William S. White Building 509 Harrison St. Flint, MI 48503 (810) 762-3172

### **Valley Area Agency on Aging**

Keeping Independent Seniors Safe–KISS Home Delivered Meals Evidence Based Programs 225 E. Fifth St., Ste. 200 Flint, MI 48502 (810) 239-7671

### Aging in Place Services

The desire to age in place can become a reality with simple home modifications. Call for a free Senior Safety Assessment and we can share ideas with you on how to make it happen.

### **Interior Projects**

- Widen doorways
- Install ramps
- Shower & bathtub modifications
- Zero entrance tubs and showers
- Flooring modifications
- Kitchen modifications
- Pull out cabinetry
- Seated kitchen surfaces
- Raised toilet replacement
- Installing rails in halls and bathrooms
- Light switches at top and bottom of stairways
- Electrical outlets near beds for charging and to reduce trip hazards
- Secure or remove area rugs
- · Adjustable rods in closets
- Changing doorknobs to levers



### 🕟 Exterior Projects

- Wheelchair ramp installation and removal
- Walkway maintenance
- No-trip doorway thresholds
- Replacing home numbers
- Additional lighting
- Handrails on entry stairs
- Replacing exterior lighting with light sensor technology to turn on and off automatically
- Keyless Entry System
- Doorknob replacements
- Doorway widening
- Fixing walkways or entrances to your home



(810) 243-1050 • www.trublueally.com/grand-blanc

# AMBULANCE SERVICES FOR AN EMERGENCY DIAL 911

Patriot Ambulance Service, Inc. 5189 Commerce Rd. Flint, MI 48507 (866) 789-9111 patriotambulance.net

Free or Low-Cost Services for Older Adults



### Valley Area Agency On Aging

Answers, Action & Advocacy for **All Things Senior** 

Learn More (810) 239-7671

valleyareaaging.org

Personal Care | Respite Medication Management Home Delivered Meals Wellness Checks Volunteer Opportunities More!



### SUPPORT GROUPS

All Americans Home Care & Hospice 1397 S. Linden Rd., Ste. D Flint, MI 48532 (810) 230-9720 (810) 230-9721 Fax barb.johnson810@gmail.com

### Alzheimer's Association

(800) 272-3900 24/7 Help Line alz.org

Compassus Hospice 5445 Ali Dr. Grand Blanc, MI 48439 (888) 606-6661

### **Davison Area Senior Center**

10135 Lapeer Rd. Davison, MI 48423 (810) 658-1566 (810) 658-8044 Fax davison-sc.org

### Genesee Health System

1040 W. Bristol Rd. Flint, MI 48507 (810) 257-3705 genhs.org

### **Grand Blanc Senior Center**

12632 Pagels Dr. Grand Blanc, MI 48439 (810) 695-3202

Grief Support/Grief Recovery First Presbyterian Church 746 S. Saginaw St. Flint, MI 48502 (810) 234-8673 Gentiva 4458 Oakbridge Dr., Ste. D Flint, MI 48532 (810) 733-7250 (888) 436-8482 gentivahs.com

Heart to Heart Hospice of Flint 4438 Oakbridge Dr. Flint, MI 48532 (810) 422-9453 hearttohearthospice.com

### Karmanos Cancer Institute at McLaren Flint

Cancer Education and Wellness Group (online) Anna.glasstetter@mclaren.org

### Karmanos Cancer Institute at McLaren Flint

Healing Through Art Karmanos.org/flintarttherapy (810) 342-4206

### Karmanos Cancer Institute at McLaren Flint

Masking Grief Circle Hospitality House at McLaren G-3170 Beecher Rd. Flint, MI 48532 (810) 342-1025

Martin Cremation and Tribute Center 1194 E. Mt. Morris Rd. Mt Morris, MI 48458 Support Group (810) 686-2210

### **McLaren Hospice**

1515 Cal Dr. Davison, MI 48423 (866) 323-5974 (810) 496-8855 Mclaren.org/hospice

### **Sharp Funeral Homes**

(877) 537-4277 Grief Support Meetings (810) 629-9321 Fenton and Swartz Creek (810) 239-8800

### The Medical Team Hospice

5406 Gateway Centre Dr. Ste. F Flint, MI 48507 (810) 239-3000 (810) 762-0995 Fax medicalteam.com

### WHAT IS ELDER ABUSE?

The abuse of older adults can take many forms and represents a serious, underreported problem in every community across this country. Abuse is defined in the Adult Protective Services Act (Public Act 519 of 1982) as the harm or threatened harm to an adult's health or welfare caused by another. The term "elder abuse" includes physical abuse, emotional abuse, sexual abuse, neglect and financial exploitation.

### Physical and Emotional Abuse

Examples of physical abuse are slapping, hitting, kicking, imposing physical restraints, and other conduct intended to cause physical injury to an elderly person. Some examples of emotional abuse are threatening to withdraw needed care or making humiliating or demeaning remarks toward an elderly person.

Physical abuse also includes sexual abuse, such as inappropriate touching and nonconsensual or forcible sexual activity. An adult has the right to a consensual sexual relationship with another adult; however, these relationships can become abusive if the adult does not have the capacity to turn away unwanted sexual advances or is coerced or threatened into consenting to sexual activity.

#### Neglect

Neglect is the harm to an adult's health or welfare that is the result of the adult's inability to respond to a harmful situation [self neglect] or the failure of a person who assumes responsibility for a significant aspect of the adult's health or welfare to respond to a harmful situation or to provide adequate food, clothing, shelter, or medical care [caregiver neglect]. An example of caregiver neglect would be leaving an elderly person who is in a wheelchair due to a stroke in front of the TV all day without meals or assistance in getting to the bathroom.

### Financial Exploitation

Financial exploitation can include outright theft, misuse of a power of attorney or other breach of a fiduciary duty to manage funds belonging to the adult, or an intentional breach of a promise to repay money or provide services paid for in advance. An example of financial exploitation would be using a power of attorney to withdraw money from an elderly person's bank account and then misappropriating the money for personal benefit instead of for the benefit of the elderly person.

This information is provided by the Elder Abuse Alliance, Inc., a non-profit organization composed of a multidisciplinary group dedicated to the prevention and mitigation of elder abuse through education, information and resource sharing.

www.elderabusealliance.org; Family Service Agency of Mid Michigan 1422 W. Court St. • Flint, MI 48503 • eaagenesee@gmail.com

### REPORTING ELDER ABUSE

#### Legal Authority:

Act 519, Public Acts of 1982; MCL 400.11.

#### When should you report?

You should report if you suspect or have reasonable cause to believe that physical abuse, emotional abuse, sexual abuse, neglect, or financial exploitation of an adult has occurred. A report does not have to be based on eye witness accounts, incriminating statements, or definite proof of abuse. If you suspect elder abuse you should make a report. Any person can make a report. Certain individuals (described in the next paragraph) are required by law to report suspected abuse.

### Who is required to report?

All persons who are employed, licensed, registered, or certified to provide health care, education, social welfare, mental health, and other human services; employees of an agency that is licensed to provide such services; physicians; employees of the county medical examiner's office; and law enforcement officers are mandatory reporters and are required to report suspected abuse.

#### How is the report made?

Report suspected abuse by calling the Adult Protective Services (APS) statewide Centralized Intake Unit: 855-444-3911 (toll-free). The Intake Unit operates 24 hours/day, 7 days/week. A written report may be submitted at the discretion of the reporting person but is not required.

In Genesee County, a report can also be made by calling the Genesee County Sheriff's Elder Abuse Unit at 810-257-3422.

### What is the penalty for not reporting it?

If the person is a mandatory reporter and failed to make a report to APS the person may be sued for damages caused by the failure to report and may be liable for a civil fine of \$500.

### What is the role of law enforcement in an APS investigation?

Upon request by APS, local law enforcement officers are required to cooperate in an investigation of suspected abuse, neglect or, exploitation. If the APS worker is denied entry to the victim's residence to interview the victim, APS may request the law enforcement agency to seek a search warrant.

### **SENIOR SCAMS**

Scammers, both male and female, frequently call seniors claiming to be a family member, friend, utility company or IRS worker. They may be on your computer through a dating site or even show up at your door. There are many different ways scammers can get access to your money, your home or your identity.

#### 1. Stop. Don't send money.

Never wire money, put money on a prepaid debit card, or send cash to an online love interest. You won't get it back.

- Never give out personal information over the phone, including birthdate, social security number and account numbers.
- Do not throw paperwork containing sensitive information in the trash, shred it.
- Never let strangers in the house to use your phone.
- If information is received over the phone about a family member needing money, confirm the information with other family members before sending the money.
- Don't allow someone to do work for you until you get references and know the price for the entire job.

### 2. Pass this information on to a friend.

You may not have gotten one of these calls, but chances are you know someone who will get one - if they haven't already.

#### **CONTACT INFORMATION:**

| Office of Genesee County Sheriff  | 810-257-3422       |
|-----------------------------------|--------------------|
| Adult Protective Services         | 855-444-3911       |
| Valley Area Agency on Aging       | 810-239-7671       |
| Legal Services of Eastern Michiga | n                  |
| Toll-fr                           | ree 1-800-322-4512 |

### **LEGAL ASSISTANCE**

#### **Abraham Law**

Matthew J. Abraham, PC 503 N. Leroy St. Fenton, MI 48430 (810) 750-0440 abrahampc.com

### **Abu-Aita Law Firm, PLLC**

Alexandra Nassar, PLLC 5151 Gateway Centre, Ste. 100 Flint, MI 48507 (810) 238-1700 amir@shaheenpc.com anassar@shaheenpc.com

Brett Howell, Certified Elder Law Att. 8285 S. Saginaw, Ste. 100 Grand Blanc, MI 48439 (810) 953-3846 michiganelderlawyer.com Elder & Estate Planning Law Firm, PLLC

CF Legal Attorneys at Law 302 E. Court St. Flint, MI 48502 (810) 292-3115 CFLegal.net

### Genesee County Legal Resource Center

900 S. Saginaw St., Room 103 Flint, MI 48502 (810) 424-4355

### **Legal Services of Eastern Michigan**

436 S. Saginaw St. Flint, MI 48502 (800) 322-4512



### **Mannor Law Group**

8226 S. Saginaw St., Ste. A Grand Blanc, MI 48439 (810) 694-9000 info@mannorlaw.com mannorlawgroup.com

### Michael J. Kotarski, Attorney

G-3444 Fenton Rd. Flint, MI 48507 (810) 234-7959 kotarskilaw@gmail.com

Michigan Legal Help michiganlegalhelp.org

### **ESTATE PLANNING**

### Guardianship and Conservatorship

Did you know that if you do become incapacitated you could become the subject of a Probate Court proceeding? A probate proceeding for your health care and personal decisions is called a **Guardianship**. A probate proceeding for your financial decisions is called a **Conservatorship**. It is a common misunderstanding to believe that your spouse, child or relative can act for you during a disability. The truth is, if you have not designated authority to someone in a power of attorney document and cannot make your own personal or medical decisions, your family will have to go to court to obtain that authority.

### Power of Attorney for Health Care and Financial Power of Attorney for Finances

What can be done to avoid having a guardianship or conservatorship over you and still be able to protect yourself in the event of incapacity? A Health Care Power of Attorney allows you to appoint an individual as your patient advocate who can, at the appropriate times, make medical treatment decisions for you. A Financial Power of Attorney allows you to appoint an agent/fiduciary who can assist you with your financial affairs. Both documents are "durable" power of attorneys (POA'S) meaning that the documents will not be affected by a person's disability or incapacity. Both documents can be revoked at any time by the grantor. POA's expire with the death of the grantor, by revocation by the grantor or by a court order. *Creating power of attorney does not take away any authority from the person who signs it.* 

#### Wills

A Will document is your instruction to the probate court about how you would like any probate assets distributed and who will be in charge of that process. This is often a family member or friend. Probate is court supervised distribution of decedent's assets. The two types of assets that generally require probate are financial assets with no co-owner or beneficiary designated and real estate titled in the decedent's name alone. There are pros and cons of the probate process and a lot of misinformation out there. There are times when probate can be the easiest and cheapest way to pass assets. There are also situations where the probate process can be avoided, by using a trust or other simpler methods. A qualified estate planning attorney can help you to navigate your options.

#### Trusts

There are many types of trusts that can be used to accomplish different purposes. For example: you can provide for the future of your special needs loved one without affecting their governmental benefits; providing for education of a child or grandchild and make sure your assets remain in the bloodline. Typically, you are the Trustee, the manager of your Living Trust, just as you are the manager of your assets now, nothing changes. The "revocable" aspect of a Living Trust means you are in control. It means once you create it, you can always change it. You can revoke it or amend all or part of it.

*Drawbacks:* Creating a trust can be very expensive. Also, you must add any and all new assets acquired as time goes by. Revising or changing the terms of the trust can add additional expense. Also, if certain assets are titled into a trust, they can count against you if you need to apply for Medicaid to help pay for medical care.

### **Probate Avoidance Planning**

In certain situations, the probate process can be avoided by utilizing things like Ladybird deeds, beneficiary designations, and other documents. These methods can be much less expensive than creating a trust. They should be discussed with a qualified estate planning attorney.

### **GERIATRIC PHYSICIANS - GENESEE COUNTY**

### Advanced Medical House Calls

14165 Fenton Rd., Ste. 201A Fenton, MI 48430 (810) 853-5875 amhemi com

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### Hamilton Community Health Network

Clio Clinic 4154 W. Vienna Rd. Clio, MI 48420 (800) 406-4246

### Hamilton-McFarlan Health Center

800 E. Court St. Flint, MI 48503 (800) 406-4246

### HarmonyCares In-Home Physician Care

Serving Genesee County & the Greater Bay Region 1484 Straits Dr., Ste. 5 Bay City, MI 48706 (989) 667-8740

### HarmonyCares Medical Group

4444 W. Bristol Rd., Ste. 140 Flint, MI 48507 (810) 230-9500

Home MD Housecall Services 5758 Cooley Lake Rd. Waterford, MI 48327 (855) 466-3631 homemdhealth.com

Matthew Weiss, DO 9463 Holly Rd., Ste. 103 Grand Blanc, MI 48439 (810) 603-3702 (810) 603-3704 Fax mjweiss@hotmail.com Board Certified Geriatrics



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- Preventative care

- Wound Care
- Coordination of all medical needs from dental to home nursing services, hospice, and more
- Access to patient info via patient portal



### **GERIATRIC PHYSICIANS - GENESEE COUNTY**

Naik Healthcare Plaza 2425 Austins Parkway, Ste. 1 Flint, MI 48507 (810) 238-8889 Board Certified Geriatrics & Internal Medicine

### Oak Street Health -Doctors for Adults on Medicare

102 W. Pierson Rd. Flint, MI 48505 (810) 339-2086

G3525 S. Saginaw St. Burton, MI 48529 (810) 339-2086

### **Oyebimpe Adekolujo, MD**

Halina Kusz, MD, FACP McLaren Flint Internal Medicine Residency Group Pracrice G-3230 Beecher Rd., Ste. 2 Flint, MI 48532 (810) 342-5800

PMC ACO 2425 S. Linden Rd., Suite B Flint, MI 48532 (810) 221-1114 pmcaco.com

### Rose Hall, D.O.

McLaren Flint Family Medicine Residency Group Pracrice G-3230 Beecher Rd., Ste. 1 Flint, MI 48532 (810) 342-5600

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901 Chippewa Flint, MI 48503 (810) 232-9950

### Genesee Health System Outpatient and Homebound

1040 W. Bristol Rd. Flint, MI 48507 (810) 496-4880 (810) 257-3705

Gerholtz Center for Christian Counseling First Presbyterian Church 746 S. Saginaw St. Flint, MI 48502 (810) 234-0500

Giesken Counseling Services 8285 S. Saginaw Rd., Ste 102 Grand Blanc, MI 48439 810-626-5191 info@gieskencounseling.com

### Hamilton Community Health Network-Addiction Services

Hamilton-Flint Clinic 812 Root St. Flint, MI 48503 2nd Floor of Center for Hope (810) 406-4246

### Hamilton Community Health Network-Counseling Services

Burton Clinic G-3375 S. Saginaw St. Burton, MI 48529 (810) 406-4246

Hamilton-Flint Clinic 812 Root St. Flint, MI 48503 2nd Floor of Center for Hope (810) 406-4246

*Main Clinic* 2900 N. Saginaw St. Flint, MI 48502

North Pointe Clinic 5710 Clio Rd. Flint, MI 48504 (810) 406-4246 Hope Network 1110 Eldon Baker Dr. Flint, MI 48507 (810) 213-1803 Hurley Mental Health Associates 1085 S. Linden Rd., #150 Flint, MI 48532 (810) 262-2100 (810) 230-3376 Fax

Oakland Psychological Clinic, P.C. G-2222 S. Linden Rd., Ste. J Flint, MI 48532 (810) 732-0560 oakpsych.com

## McLaren Flint Outpatient Behavioral Health Services

4448 Oak Bridge Dr. Flint, MI 48532 (810) 342-5333

Taylor Psychological Clinic 1172 Robert T. Longway Blvd. Flint, MI 48503 (810) 232-8466

### **FUNERAL HOMES OF GENESEE COUNTY** AND SURROUNDING AREAS

Allen Funeral Home 9136 Davison Rd. Davison, MI 48423 (810) 653-2171 allenfhinc.com

#### **Brown Funeral Home**

**Dignity Memorial Providers** 1480 E. Hill Rd. Grand Blanc, MI 48439 (810) 606-1300 brownfh.com

**Detroit Cremation Society** 8253 S. Saginaw St. Grand Blanc, MI 48439 (810) 603-7249

Dodd's-Dumanois Funeral Home and Cremation Center 901 Garland St. Flint, MI 48503 (810) 232-0187 dodds-dumanois.com doddsdumanoisfh@yahoo.com

Dryer Funeral Home 101 N. First St. Holly, MI 48442 (248) 634-8291 dryerfuneralhomeholly.com

Hansen Funeral Home 421 N. Main St. Davison, MI 48423 (810) 658-3136 hansonfuneralhome net

#### **Hill Funeral Home**

Dignity Memorial Providers 11723 S. Saginaw St. Grand Blanc, MI 48439 (810) 694-4141 hillfh.com

Lawrence E. Moon Funeral Home 906 W. Flint Park Blvd. Flint, MI 48505 (810) 789-6666 lemoonfhflint@gmail.com

Martin Funeral, Cremation and Tribute Services 1194 E. Mt. Morris Rd. Mt. Morris, MI 48458 (810) 686-2210 martinfuneralhome.com

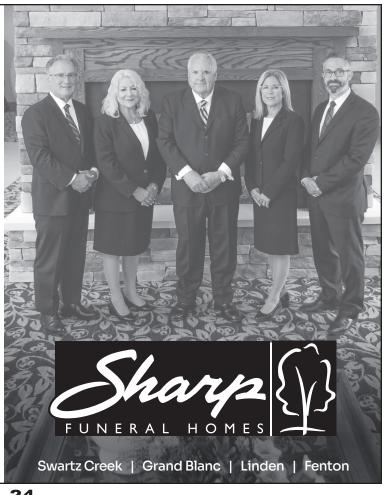
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O'Guinn Family Funeral Home 239 E. Hickory St. Montrose, MI 48457 (810) 639-6181 oguinnfh.com Plumb-Smith Funeral Home G-1208 N. Ballenger Hwy. Flint, MI 48504 (810) 238-7657 plumbsmithfh.com

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### **Reigle Funeral Home**

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Rossell Funeral Home 307 E. Main St. Flushing, MI 48433 (810) 659-6342 rossellfuneralhomeinc.com

### **Sharp Funeral Home**

1000 Silver Lake Rd. Fenton, MI 48430 (810) 629-9321 sharpfuneralhomes.com

### **Sharp Funeral Home**

6063 Fenton Rd. Grand Blanc, MI 48507 (810) 694-4900

### **Sharp Funeral Home**

8138 Miller Rd. Swartz Creek, MI 48473 (810) 635-4411

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# FUNERAL HOMES OF GENESEE COUNTY AND SURROUNDING AREAS

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**Swartz Funeral Home** 

1225 W. Hill Rd. Flint, MI 48507 (810) 235-2345 swartzfuneralhomeinc.com Temrowski Family Funeral Home & Cremation Services 500 Main St. Fenton, MI 48430 (810) 629-2533 temrowskifamilyfuneralhome.

### **GOVERNMENT AGENCIES**

Genesee County Board of Commissioners 324 S. Saginaw St. Flint, MI 48502 (810) 257-3020

Genesee County Clerk/Register of Deeds 324 S. Saginaw St. Flint, MI 48502 (810) 257-3060 (810) 257-3225 Vital Records (810) 257-3283 Election Division (810) 257-3220 Legal

### **Genesee County Department of Senior Services**

324 S. Saginaw St., 7th floor Flint, MI 48502 (810) 424-4478 allseniorservices@geneseecountymi.gov

### **Genesee County Department** of Veteran's Services

324 S. Saginaw St., 7th floor Flint, MI 48502 (810) 257-3068 Genesee County Metropolitan Planning Commission Home Improvement Program (810) 257-3010 gcmpc.org

Genesee County Sheriff's Office 1002 S. Saginaw St. Flint, MI 48502 Elder Abuse Prevention (810) 257-3422

Genesee County Treasurer 324 S. Saginaw St. Flint, MI 48502 (810) 257-3054 (810) 257-3885 Fax

### **Genesee Health System**

1040 W. Bristol Rd. Flint, MI 48507 (810) 257-3705

Michigan Dept. of Health & Human Services Aging & Adult Service Agency (517) 241-4100

State of Michigan Long Term Ombudsman (866) 485-9393 mltcop.org



The Genesee County Department of Senior Services is dedicated to improving the health, safety, and quality of life for seniors in Genesee County. The department oversees the distribution of senior millage dollars to area senior centers and contracted senior service providers to ensure quality services and programming for the senior citizens of Genesee County.

The 2024-2025 Genesee County Senior Millage is projected to fund over 9.5 million dollars in programming and services to Genesee County senior citizens aged 60 and better. Programs and services include but are not limited to:

- Adult Day Care
- ASL Interpreter Services
- Case Management and Assessment
- Confidential Document Shredding and Medication Take-Back Events
- Elder Abuse and Exploitation Prevention
- Emergency Food Boxes and Personal Care Items
- Guardianship and Conservatorship Services
- Home-Delivered Meals
- Information and Referral
- In-Home Personal Care and Homemaking Services

- In-Home Respite Care
- Lawn Care and Snow Maintenance
- Legal Assistance
- Medical Transportation with Liaison Services
- Notary Public
- Process Server Services
- Senior Ramp Construction Program
- Senior Project FRESH/Market FRESH
- Specialized Senior Programming
- Telephone Intake and Screening Program
- Visually and Hearing-impaired Services and Support
- 16 Senior Centers

Genesee County Department of Senior Services
Lynn M. Radzilowski, Director

324 S. Saginaw St. Flint, MI 48502 (810) 424-4478

AllSeniorServices@geneseecountymi.gov geneseecountymi.gov



### **GOVERNMENT AGENCIES**

### **MEDICAID INFORMATION**

#### Medicaid - What is it?

Good health is important to everyone. If you can't afford to pay for medical care right now, Medicaid can make it possible for you to get the care that you need so that you can get healthy – and stay healthy.

Medicaid is available only to certain lowincome individuals and families who fit into an eligibility group that is recognized by federal and state law. Medicaid does not pay money to you; instead, it sends payments directly to your health care providers. Depending on your state's rules, you may also be asked to pay a small part of the cost (copayment) for some medical services.

Medicaid is a state administered program and each state sets its own guidelines regarding eligibility and services.

Many groups of people are covered by Medicaid. Even within these groups, though, certain requirements must be met. These may include your age, whether you are pregnant, disabled, blind, or aged; your income and resources (like bank accounts, real property, or other items that can be sold for cash); and whether you are a U.S. citizen or a lawfully admitted immigrant. The rules for counting your income and resources vary from state to state and from group to group. There are special rules for those who live in nursing homes and for disabled children living at home

In general, you should apply for Medicaid if your income is low and you match one of the descriptions of the Eligibility Groups.

(Even if you are not sure whether you qualify, if you or someone in your family needs health care, you should apply for Medicaid and have a qualified caseworker in your state evaluate your situation.)

#### What is not covered?

Medicaid does not provide medical assistance for all poor persons. Even under the broadest provisions of the Federal statute (except for emergency services for certain persons), the Medicaid program does not provide health care services, even for very poor persons, unless they are in one of the designated eligibility groups. Low income is only one test for Medicaid eligibility; assets and resources are also tested against established thresholds. As noted earlier, categorically needy persons who are eligible for Medicaid may or may not also receive cash assistance from the TANF program or from the SSI program. Medically needy persons who would be categorically eligible except for income or assets may become eligible for Medicaid solely because of excessive medical expenses.

Medicaid is health insurance that helps many people who can't afford medical care pay for some or all of their medical bills.

For more information on Medicaid, visit the website at: www.medicaid.gov

Above information reprinted from www.medicare.gov

### **GOVERNMENT AGENCIES**

### **MEDICARE INFORMATION**

#### Medicare - What is it?

Medicare is health insurance for people age 65 or older, under age 65 with certain disabilities, and any age with permanent kidney failure (called "End-Stage Renal Disease"). You must have entered the United States lawfully and have lived here for 5 years to be eligible for Medicare.

### Medicare has two parts:

### Medicare Part A (Hospital Insurance)

helps pay for inpatient care you get in a hospital, skilled nursing facility, or hospice, and for home health care if you meet certain conditions. Most people don't have to pay a monthly premium for Medicare Part A because they, or a spouse, paid Medicare taxes while working in the United States. If you don't automatically get premium-free Part A, you may still be able to enroll, and pay a premium.

### **Medicare Part B (Medical Insurance)**

helps pay for medically-necessary doctors' services and other outpatient care. It also pays for some preventive services (like flu shots) to help keep you healthy and some services that keep certain illnesses from getting worse. Most people pay the standard monthly Medicare Part B premium.

You have choices about how you get your Medicare coverage. Here are the two main options:

### **Original Medicare**

Managed by the Federal government, it provides your Medicare Part A and Part B coverage. (You can choose to have either one, or both parts.) You have to pay a deductible, and you are usually charged coinsurance each time you get services.

- You can add Medicare prescription drug coverage (Part D) by joining a Medicare Prescription Drug Plan. Costs and benefits vary by plan.
- You can also choose to buy a Medigap (Medicare Supplement Insurance) policy to help pay some of the health care costs' "gaps" (like copayments, coinsurances, and deductibles).

### **Medicare Advantage Plans (called Part C)**

You must have both Part A and Part B to join one of these plans. The plans provide all of your Part A and Part B services and generally provide additional services. You usually pay a monthly premium, and copayments that will likely be less than the coinsurance and deductibles under Original Medicare. In most cases, these plans also offer Part D prescription drug coverage. These plans are offered by private insurance companies approved by Medicare. Costs and benefits vary by plan.

**Note:** Help is available. If you have limited income and resources, you may qualify for help paying your Medicare health care and/orprescription drug coverage costs.

For more information, call Social Security at 1-800-772-1213, visit www.socialsecurity.gov on the web, or apply at your State Medical Assistance (Medicaid) office.

If you have a question about Medicare or the Medicare health and prescription drug plans in your area, visit www.medicare.gov on the web, or call 1-800-MEDICARE (1-800-633-4227), TTY users should call 1-877-486-2048. State Health Insurance Program (SHIP) (800) 803-7174, ext. 247.

### **HEALTH CLINICS**

These clinics include health services, diagnostic screening/counseling and immunizations.

Flint VA Outpatient Clinic 2360 S. Linden Rd. Flint, MI 48532 (810) 720-2913

### **Genesee Community Health Center**

(810) 496-5777 *Burton*2298 Center Rd.
Burton, MI 48519

*Children's Center* 1402 S. Saginaw St. Flint, MI 48503

Flint 725 Mason St. Flint, MI 48503

Genesee County Free Medical Clinic 2437 Welch Blvd. Flint, MI 48504 (810) 235-4211

Genesee County Health Department (810) 257-3612

### Hamilton Community Health Network

225 E. Fifth St. Flint, MI 48502 (810) 406-4246 (810) 424-6029 Fax hamiltonchn.org

### McLaren Flint-Flushing Community Medical Center

2487 N. Elms Rd. Flushing, MI 48433 (810) 487-3500

### McLaren Flint-Grand Blanc Community Medical Center

2313 E. Hill Rd. Grand Blanc, MI 48439 (810) 953-6400

### McLaren Flint Women's Health South

1314 S. Linden Rd., Ste. A Flint, MI 48532 (810) 342-1750

### McLaren Flint Family Medicine-Residency Program

G-3230 Beecher Rd., Ste. 1 Flint, MI 48532 (810) 342-5600

### McLaren Flint Internal Medicine–Residency Program

G-3230 Beecher Rd., Ste. 2 Flint, MI 48532 (810) 342-5800

### McLaren Flint Community Medical Center

1314 S. Linden Rd. Flint, MI 48532 (810) 342-1700

### McLaren Flint-Davison Community Medical Center

10090 E. Lippincott Blvd. Davison, MI 48423 (810) 653-1130

### McLaren Flint-Fenton Community Medical Center

2420 Owen Rd. Fenton, MI 48430 (810) 496-2500

### McLaren Flint-Fenton Family Medicine

17200 Silver Parkway Fenton, MI 48430 (810) 714-9660

Mott Clinic Dental Hygiene Clinic (810) 762-0493

### **HOME CARE**

### There are two types of home health care:

- 1. Skilled Home Health Care this type of home care is covered by insurance, often times Medicare. Skilled home care provides services by Registered Nurses, Medical Social Workers, Home Health Aides, Physical, Occupational and Speech Therapists. Skilled home care is a service that is provided often after someone has been in the hospital, has had a change in condition, and/or has been diagnosed with a new condition, i.e. high blood pressure, diabetes, injury at home. The goal of skilled home care is to assist the patient and their caregiver to be as independent as possible in a home setting. This service does require a physician order.
- 2. Private Duty Home Care this type of home care is primarily paid for by the person receiving the services. Some people have long term care policies or another type of insurance that would cover private home care. Private duty services often entail someone coming to the home and staying for several hours. The person may assist the patient with a bath, personal care, meal preparation, light housekeeping, and laundry. Also, private duty can be used for someone who is unable to stay alone. Private duty services can be used for a couple of hours a day or up to 24 hours a days. The following listed agencies are provided to give you a choice of providers.



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- Balance, mobility and fall risk

- Wound care and prevention
- Diabetes
- Neurological conditions



To learn more, call 810-732-9030 (TDD/TTY: 711) or visit CenterWellHomeHealth.com



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### Absolute Home Health and Hospice

9463 Holly Rd., Ste. 104 Grand Blanc, MI 48439 (810) 694-1042

Achieve Home Health Care G-5245 W. Pierson Rd., Ste. 1 Flushing, MI 48433 (810) 230-9881 achievehhc.com

AdvisaCare Home Health Care 2367 S. Linden Rd., Ste. B Flint, MI 48532 (810) 743-8888 advisacare com

All Americans Home Health & Hospice Care 1397 S. Linden Rd., Ste. D Flint, MI 48532 (810) 230-9720 (810) 230-9721 Fax

AZ Home Health Care 1230 S. Linden Rd., Ste. 3 Flint, MI 48532 (810) 742-7121 (810) 742-7461 Fax azhomehealthcare.org

### **CenterWell Home Health**

5406 Gateway Centre Dr., Ste. B Flint, MI 48507 (810) 732-9030 (800) 861-4267 (810) 732-5245 Fax Centerwellhomehealth.com

Entech Medical Staffing 8245 Holly Rd., Ste 104A Grand Blanc, MI 48439 (248) 528-8090 spasseno@teamentech.com First Light Home Care of Greater Genesee County 1320 Atherton Rd. Flint, MI 48507 (810) 888-0601

### **HarmonyCares Home Health**

Serving Genesee County & the Greater Bay Region 1484 Straits Dr., Ste. 3 Bay City, MI 48706 (989) 686-7346

#### **Heartland Home Health**

3031 Airpark Dr. North Flint, MI 48507 (877) 329-1001 (800) 878-9657 Fax heartlandhomehealth.com

### **McLaren Home Care**

1515 Cal Dr. Davison, MI 48423 (800) 862-3132 (866) 571-9636 Fax mclaren.org/homecare

Mid Michigan Home and Hospice 1321 S. Linden Rd., Ste. A Flint, MI 48532 (810) 732-9528 (810) 732-9548 Fax midmichiganhc.com

### ReliaHealth

G-3500 Flushing Rd. Flint, MI 48504 (810) 440-8787 homecare@reliahealthllc.com

### **HOME HEALTH CARE-SKILLED**

### Residential Home Health and Hospice

1681 Woodbridge Park Ave. Lapeer, MI 48446 (866) 902-4000

### The Care Team Home Health & Hospice

5401 Gateway Center, Ste. D Flint, MI 48507 (883) 483-2273 (888) 990-0589 Fax

#### **The Medical Team**

5406 Gateway Centre Dr., Ste. F Flint, MI 48507 (810) 239-3000 (810) 239-3650 Fax medicalteam.com

### **DURABLE MEDICAL EQUIPMENT**

Agencies that sell medical equipment and supplies to the public. These companies also follow physician orders for special equipment, which then may be covered by insurance.

### American Medical Equipment

G-3322 Miller Rd. Flint, MI 48507 (810) 820-9457 amesupplies.com

Amigo Mobility Center 6693 Dixie Hwy. Bridgeport, MI 48722 (989) 777-2060 amigomobilitycenter.com

Binson's Medical Equipment and Supplies G-4433 Miller Rd. Flint, MI 48507 (810) 733-0280 CorFreedom 1455 E. Pierson Rd. Flushing, MI 48433 (810) 213-6377

Family Pharmacy G-4444 Fenton Rd. Flint, MI 48507 (810) 235-7995

Hart Medical (888) 606-8778 heartmedical.org

### Rehab and Mobility Systems

11395 N. Saginaw St., Ste. 11 Clio, MI 48420 (800) 655-4920 amshomemods.com

### The Creative Mobility Group

3352 S. Linden Rd. Flint, MI 48507 (810) 776-1055 creativemobilitygroup.com

Wright & Filippis, Inc. G-1101 N. Ballenger Hwy. Flint, MI 48504 (810) 234-6582 (810) 885-0188 Fax firsttoserve.com

### **HOME CARE-PRIVATE DUTY**

Private Duty Home Care provides personal care, housekeeping, respite and other services. It is a private pay service and is not usually covered by insurance.

Agape Home Care Services, LLC Anika Davidson (810) 545-7747

### **Alternative Elderly Care**

P.O. Box 935 Davison, MI 48423 (810) 691-9749 altelder@aol.com alternativeelderlycare.com

An Angel's Touch Home Care LLC 1133 S. State Rd., Ste. 4 Davison, MI 48423 (810) 407-1473 Binson's Nursing & Staffing G-4443 Miller Rd., Ste. 100 Flint, MI 48507 (810) 733-1185

#### ComForCare Home Care

Genesee & Lapeer 150 W. Court St., Ste. 2 Flint, MI 48503 (810) 766-9384 dverran@comforcare.com

### **Comfort Keepers Home Care**

4029 Lapeer Rd. Burton, MI 48509 (810) 249-2561 flint@comfortkeepers.com comfortkeepeers.com



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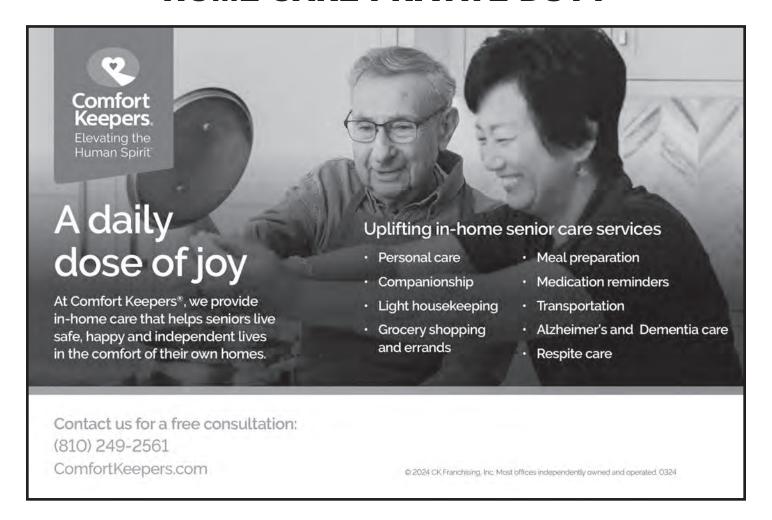
- Assistance with daily activities including but not limited to bathing, dressing, companionship, personal care, laundry, meal preparation, and medication reminders.
- · Assistance with Hospice
- Personalized Care Plans and assistance with in-home safety measures
- · Alzheimer's/Dementia Care

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### **HOME CARE-PRIVATE DUTY**



#### **DediCare Solutions, LLC**

(810) 354-8085 rerickson@dedicaresolutions.com dedicaresolutions.com

Entech Medical Staffing 8245 Holly Rd. Grand Blanc, MI 48439 (248) 528-8090 agross@teamentech.com

First Light Home Care of Greater Genesee County 1320 E. Atherton Flint, MI 48507 (810) 888-0601

#### Helping Hand Nursing Service Home Health Care LLC

1537 E. Hill Rd., Ste. 300 Grand Blanc, MI 48439 (800) 304-0254 helpinghandhealthcare.com

Mercy Plus Home Healthcare 3487 S. Linden Rd. Flint, MI 48507 (810) 487-5571 (810) 519-4924 Fax mercypluscare.com

MPI Home Care 1055 Charter Dr., Ste. 102 Flint, MI 48532 (810) 600-0000 (800) 223-5818 Toll Free (810) 600-0002 Fax

### **HOME CARE-PRIVATE DUTY**

Reformation Home Health 615 S. Saginaw St., Ste. 4003 Flint, MI 48502 (810) 285-8102 reformationhomehealth.com

#### ReliaHealth

G-3500 Flushing Rd. Flint, MI 48504 (810) 440-8787 homecare@reliahealthllc.com

#### **Right At Home**

2240 E. Hill Rd., Ste. A Grand Blanc, MI 48439 (810) 232-2433 (810) 232-2455 Fax rightathome.net/geneseeco

#### **The Caregiver Professionals**

2425 S. Linden Rd., Ste. D-122 Flint, MI 48532 (810) 771-5453 thecaregiver professionals.com





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  ♥ Memory Care
- ♥ Personal Care Management ♥ 24/7 Services
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OR VISIT WWW.DediCareSolutions.com

#### The Medical Team

5406 Gateway Centre, Ste. F Flint, MI 48507 (810) 239-3000 (810) 239-3650 Fax

#### **Zari's Loving Touch Home Care**

1298 W. Downey Ave. Flint, MI 48505 (800) 460-0163 zarilovingtouch@gmail.com

# Do You Need Assistance Caring For a Loved One?





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- Ambulation, Dressing & Bathing Assistance
- Medication Reminders, Meal Planning & Preparation
- Alzheimer's, Stroke Recovery & Hospice Support
- Post Surgery & Transitional Support, AND MORE...





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Right at Home is a global network where most offices are independently owned and operated under a franchise agreement with Right at Home, LLC.

### HOSPICE

End of life care for individuals diagnosed with a terminal illness.

# A & D Hospice and Palliative Care

2503 S. Linden Rd., Ste. 220 Flint, MI 48532 (810) 297-1840 (810) 820-9737 a-dhomecare.com

#### Absolute Home Health and Hospice

9463 Holly Rd., Ste. 104 Grand Blanc, MI 48439 (810) 694-1042 absolutehhh.com

All Americans Home Health and Hospice Care 1397 S. Linden Rd., Ste. D Flint, MI 48507 (810) 230-9720 aahhemi.com





# First Hospice Care Inc.

3361 Miller Rd. Flint, MI 48532 (810) 407-6514 broberts@firsthospicecare.com firsthospicecare.com

Gentiva Hospice of Flint 4458 Oakbridge Dr., Ste. D Flint, MI 48532 (810) 733-7250 1-888-GENTIVA (1-888-436-8482) (810) 732-4054 Fax gentivahs.com

# HarmonyCares Hospice

Serving Genesee County & the Greater Bay Region 1484 Straits Dr., Ste. 2 Bay City, MI 48706 (989) 686-9866

Heart to Heart Hospice 4438 Oak Bridge Dr. Flint, MI 48532 (810) 422-9453 hearttoheart.com

# Heartland Hospice & Heartland Home Health

3031 Airpark Dr. N. Flint, MI 48507 (877) 329-1001 (800) 878-9657 Fax heartlandhospice.com heartlandhomehealth.com

# LaVigne Home for Compassionate Care

4085 Lapeer Rd. Burton, MI 48509 (810) 214-2852 (231) 221-2547 Fax lavignehome.org

#### **McLaren Hospice**

1515 Cal Dr. Davison, MI 48423 (810) 496-8888 (800) 206-4806 (810) 496-8855 Fax mclaren.org/hospice

### HOSPICE

End of life care for individuals diagnosed with a terminal illness.

# Mid Michigan Home Health Care Inc.

1321 S. Linden Rd., Ste A Flint, MI 48532 (877) 732-9528 (810) 732-9548 Fax midmichiganhc.com

#### Residential Home Health and Hospice

1681 Woodbridge Park Ave. Lapeer, MI 48446 (866) 902-5854 (866) 996-0081 Fax residentialhealthcaregroup.com

#### **Swan Hospice**

5602 Gateway Centre, Ste. 500 Flint, MI 48507 (866) 865-7926 swanhospice.com

# The Care Team Home Health & Hospice

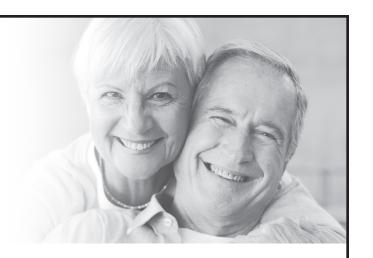
5401 Gateway Center, Ste. D Flint, MI 48507 (883) 483-2273 (888) 990-0589 Fax

# The Medical Team Hospice

5406 Gateway Centre Dr., Ste. F Flint, MI 48507 (810) 239-3000 (810) 762-0995 Fax medicalteam.com



# BETTER ACCESS TO THE CARE YOU NEED



#### **PRIMARY CARE**

If you need a primary care doctor you can find one close to home at mclaren.org/primarycare

#### **VIRTUAL CARE**

If you need to see a provider for an urgent care situation such as coronavirus screening, cold, flu, minor injuries, illness, or skin conditions McLarenNow virtual appointments are available 24/7/365.

To get started visit mclaren.org/now

#### **EMERGENCY CARE**

If you have a non-life-threatening or non-debilitating condition, you can save a spot in line at McLaren's Flint and Fenton emergency rooms with our online scheduling link. It is quick, easy, and-best of all-you can wait in comfort anywhere you like, until your scheduled arrival time. To use on-line check in, visit mclaren.org/flintER

#### LAB, IMAGING, OR PHYSICAL THERAPY

Find these services close to where you live at mclaren.org/network

#### HOME CARE AND HOSPICE

Examples of home care services include monitoring of a serious illness or unstable health status, rehab therapy services, wound care for pressure sores or surgical wounds, and intravenous or nutrition therapy. Home health care may be right for you after an inpatient hospital stay if you recently received a joint replacement or if you have a chronic condition. Learn more at mclaren.org/healthmanagement or call (866) 323-5974.

McLaren Hospice provides health care with an emphasis on quality of life at the end of life. Whether during a short-term hospital stay or wherever you call home, McLaren Hospice provides comfort, support and dignity to those with a life-limiting illness. For assistance call **(866)** 323-5974.

# HEALTH INSURANCE (MEDICARE AND MEDICAID OPTIONS)

McLaren Health Plan offers health care benefits to people who qualify for Medicaid; those looking for a Medicare Advantage or supplement (Medigap) plan, or individuals or families who need to purchase their own health care coverage. Learn more at mclaren.org



mclaren.org/Flint

### **HOSPITALS/URGENT CARE**

AMD Urgent Care-Clio 11307 N. Linden Rd. Clio, MI 48420 (810) 564-7995, option 2 amdurgentcare.com

AMD Urgent Care–Davison 1477 S. State Rd. Davison, MI 48423 (810) 564-7995, option 5 amdurgentcare.com

AMD Urgent Care—Fenton 1451 N. Leroy St. Fenton, MI 48430 (810) 564-7995, option 6 amdurgentcare.com

AMD Urgent Care–Swartz Creek 7070 Miller Rd., Ste. A Swartz Creek, MI 48473 (810) 564-7995, option 3 amdurgentcare.com

# **Genesee Health System Behavioral Health Urgent Care**

1040 W. Bristol Rd. Flint, MI 48507 (810) 496-5500 24/7 Virtual Care and Mobile Crisis Care www.genhs.org/HelpNow

Genesee Urgent Care 2265 S. Linden Rd. Flint, MI 48532 (810) 720-8700 Henry Ford Genesys Hospital One Genesys Parkway Grand Blanc, MI 48439-8066 (810) 606-5000

Hurley Medical Center One Hurley Plaza Flint, MI 48503 (810) 262-9000

Hurley Urgent Care-Burton 2065 S. Center Rd. Burton, MI 48519 (810) 262-2360

Hurley Urgent Care-Main Campus One Hurley Plaza Flint, MI 48503 (810) 262-6744

#### **McLaren-Flint**

401 S. Ballenger Hwy. Flint, MI 48532 (810) 342-2000

#### **McLaren-Fenton (ER)**

2420 Owen Rd. Fenton, MI 48430 (810) 496-2460



### **MEAL PROGRAMS**

Many Senior Citizen Centers offer noon meals at the centers. Contact your area Senior Center for details or the Senior Food Program at (810) 235-3567 for a location near you.

# Catholic Charities Center For Hope Soup Kitchen

812 Root St. Flint, MI 48503 (810) 265-7025 Mon-Sat 12pm-1pm Sun 1:30pm-2:30pm

# Catholic Charities North end Soup Kitchen

735 E. Stewart Ave. Flint, MI 48505 (810) 785-6911 Mon-Sat 11:30am-12:30pm Lunch 4pm-5pm Dinner Sun 1pm-2pm Lunch

# Catholic Charities South End Soup Kitchen

Lincoln Park United Methodist Church 3410 Fenton Rd. Flint, MI 48507 (810) 239-3427 (810) 282-8705 Mon-Sat 11:00am-12pm

Eastside Mission 1917 Delaware Ave. Flint, MI 48506 (810) 767-5312 Mon-Thurs 11:15am-12pm

Food Bank of Eastern Michigan Senior Food Box Program (810) 239-4441

#### **Flint Jewish Federation**

Kosher and Asian Indian (Vegetarian) Mobile and Congregate Meals 5080 W. Bristol Rd., Ste. 3 Flint, MI 48507 (810) 767-5922

# Genesee County Community Action Resource Dept.

Home Delivered and Congregate Meals GCCARD 601 N. Saginaw St. Flint, MI 48502 Senior Nutrition Program (810) 235-3567 (810) 232-5278 Fax

#### **GCCARD Commodities Program**

(810) 789-4409

MiCAFE, Food Assistance, Bridge Card (877) 664-2233

My Brothers Keeper 101 N. Grand Traverse St. Flint, MI 48503 (810) 234-1163 Mon-Thurs 11am-12:30pm

St. Andrew Episcopal Church 1922 Iowa Ave. Flint, MI 48506 Friday-Saturday Lunch 10am-1pm (810) 238-4236

#### St. Luke N.E.W. Life Center

3115 Lawndale Ave. Flint, MI 48504 (810) 239-8710 Serving 48504/48505

### Valley Area Agency on Aging

Home Delivered Meals Assessments 225 E. 5th St., Ste. 200 Flint, MI 48502 (810) 239-7671

### **FOOD PANTRIES**

| American GI Forum Hispanic Tech Center   |
|--|
| Catholic Charities Center for Hope(810) 265-7025                                 |
| Christ the King Catholic Church  |
| <b>Commodities Food Program</b>  |
| FISH, Inc. Grand Blanc (Grand Blanc Area)(810) 695-1880                          |
| Flushing Christian Outreach (Flushing Area)                                      |
| <b>Foss Avenue Church</b>  |
| Greater Flint Outreach (810) 767-4064  |
| H.I.S. Ministries Bristol Rd. Church of ChristTues 11am-1pm(810) 238-4627        |
| <b>Holy Rosary</b>   |
| <b>L.O.V.E. Inc.</b> (810) 235-4990  |
| New Creation Church (810) 732-0500   |
| North Flint Muslim Food Pantry 2nd Sat of the Month at the IINN on South Saginaw |
| Outreach East (Davison Area Only)  |
| <b>Salvation Army</b>  |
| St. Luke Catholic Church New Life Center(810) 239-8710 Tue & Thur 10am-2pm       |
| Swartz Creek-United Methodist Church (Swartz Creek School District)              |

### **AGENCIES OFFERING FOOD ASSISTANCE**

Food Bank of Eastern Michigan (810) 239-4441 Monday - Friday, 8:00am - 4:30pm

Blessed Sacrament 6340 Roberta St. Burton, MI 48509 (810) 742-3151

1st & 3rd Wed. of the month 2:00-3:00pm

*Zip codes 48509 and 48519 only* 

Requirements: Photo ID

Clio Community of Christ 4041 W. Vienna Rd. Clio, MI 48420 (810) 547-7044 **By appt. only** - Call/leave message for appt.

Crossover Downtown Outreach Ministry 414 W. Court St. Flint, MI 48503 (810) 234-2479

Tues-Fri 10:00am-2pm

Referral Required

Every Nation Assembly of God 429 N.B. Chavez Flint, MI 48503 (810) 234-6246

Tuesday 9:30am-12:00pm

If you need a referral from Love Inc., call 810-234-8891.

Love Inc. can also provide additional food pantry and other assistance information.

For additional information on assistance with food, utilities and other needs, contact the United Way hotline by dialing "211".

Help Centers - Flint Residents Only Help Center #1 Bethel UMC 1309 Ballenger Hwy. (810) 239-4441 **Monday 10:00am** 

Help Center #2 Asbury UMC 1653 Davison Rd. (810) 239-4441 **Tuesday 10:00am** 

Help Center #3 Greater Holy Temple 6702 N. Dort Hwy. (810) 239-4441 Thursday 10:00am

Helping Individuals Succeed
1315 W. Bristol Rd.
Flint, MI 48507
(810) 238-4627 **Tuesday 11:00am-1:00pm Tuesday 6:00pm-8:00pm**Can receive food at the first of month.

Zip Codes 48507, 48529, and 48519 only Requirements: Valid license with current address in the above Zip Codes

Holy Family
11714 Saginaw St.
Grand Blanc, MI 48439
(810) 771-7279
Monday-Friday 10:00am-2:00pm
Requirements: Photo ID. You must be a resident of Grand Blanc city or township to reserve food

## PHARMACY/PHARMACEUTICAL DRUG ASSISTANCE PROGRAMS

Aceso Pharmacy 5376 Miller Rd. Swartz Creek, MI 48473 (810) 553-9815

#### **Advanced Specialty Rx**

4488 W. Bristol Rd., Ste. 350 Flint, MI 48507 (810) 232-2700 asrxmi.com/contact-page/

Beecher Road Pharmacy 3169 Beecher Rd., Ste. 102 Flint, MI 48532 (810) 337-1121

Brothers Pharmacy 118 W. Pierson Rd. Flint, MI 48505 (810) 785-7770 Delivery Available

Central Pharmacy East, LLC 3097 N. Genesee Rd. Flint, MI 48506 (810) 744-9101 Delivery Available

Discount Rx 4129 S. Saginaw St. Flint, MI 48507 (810) 239-2667

Family Pharmacy G-4444 Fenton Rd. Flint, MI 48507 (810) 235-7995 (810) 235-0241 Fax Delivery Available

MI Rx Discount Card (877) 681-7540 mihealth.org

Pfizer Patient Assistance (866) 706-2400 pfizerrxpathways.com/our-programs

Swartz Creek Pharmacy 8021 Miller Rd. Swartz Creek, MI 48473 Long Term Residential Care (810) 635-9477 Main (810) 635-3355 Delivery Available Union Prescription Center 11830 N. Saginaw St. Mt. Morris, MI 48458 (810) 686-2900 unionrxonline.com Delivery Available



### **MEDICAL EMERGENCY RESPONSE SYSTEMS**

#### **Comfort Keepers**

4029 Lapeer Rd. Burton, MI 48509 (810) 249-2561 Guardian Medical Monitoring 18000 W. 8 Mile Rd. Southfield, MI 48075 (888) 349-2400 guardianalarm.com Patriot Pal Medical Alert 5189 Commerce Rd. Flint, MI 48507 (866) 789-9111 Patriotambulance.net

### **SENIOR CITIZENS CENTERS**

Over the years Senior Centers have vastly changed. What was once a place to play cards and attend craft classes has now become a place where older adults can receive a wide variety of educational, recreational, and health-related service.

Examples of these services, programs and events are: Congregated meals, health screenings, health education, clinics, adult education, enrichment classes, arts & crafts, travel programs, cards, bingo, dancing, transportation, exercise classes, legal assistance, financial assistance, prescription programs, insurance assistance, support groups, outreach services, housing assistance, tax assistance, and surplus commodities. This list is by no means complete. Call each individual center for more information.

Senior Centers promote friendships, volunteer opportunities, activities, plus much, much, more.

People do not stop doing things because they get older.
They get older because they stop doing things.

#### **Brennan Elm Park Senior Center**

1301 Pingree Ave. Flint, MI 48503 (810) 766-7238 (810) 424-9506 Fax brennanseniorcorporation@gmail.com brennanseniorcenter.com

#### **Burton Senior Activity Center**

3410 S. Grand Traverse Blvd. Burton, MI 48529 (810) 744-0960 (810) 744-9062 Fax jean.johnson@burtonmi.gov burtonmi.gov

#### **Carman-Ainsworth Senior Center**

2071 S. Graham Rd. Flint, MI 48532 (810) 732-6290 (810) 732-6305 Fax cascflinttwp@yahoo.com carman.k12.mi.us/seniorcenter

#### **Clio Senior Center**

2136 W. Vienna Rd. Clio, MI 48420 (810) 687-7260 (810) 564-0635 Fax director@clioasc.org

#### **Davison Area Senior Center**

10135 Lapeer Rd. Davison, MI 48423 (810) 658-1566 (810) 658-8044 Fax kathy@davison-sc.org davison-sc.org

#### **Eastside Senior Center**

3065 N. Genesee Rd. Flint, MI 48506 (810) 250-5000 (810) 250-9033 Fax eastside3065@gmail.com eastsideseniorcenter.com

### **SENIOR CITIZENS CENTERS**

#### **Flushing Area Senior Center**

106 Elm St. Flushing, MI 48433 (810) 659-4735 (810) 659-4686 Fax greg@flushingseniorcenter.com flushingseniorcenter.com

# **Forest Township Area Senior Center**

130 E. Main St. Otisville, MI 48463 (810) 631-3407 forestseniors@foresttwp.com forestsenior.com

#### **Grand Blanc Senior Center**

12632 Pagels Dr. Grand Blanc, MI 48439 (810) 695-3202 (810) 953-0726 Fax moen@twp.grand-blanc.mi.us grandblanctwpmi.gov/393/senior-services.com

#### **Hasselbring Senior Center**

1678 Pierson Rd. Flint, MI 48504 (810) 766-9516 hasselbringseniorcenter.org

#### **Heart of Senior Citizen Services Krapohl Senior Center**

5473 Bicentennial Dr. Mt. Morris, MI 48458 (810) 785-2270 (810) 785-9973 Fax krapohlcenter@heartscs.org heartscs.org

#### **Loose Senior Center**

707 N. Bridge St. Linden, MI 48451 (810) 735-9406 (810) 735-4255 Fax loosecenter.org

#### **Montrose Senior Center**

200 Alfred St., P.O. Box 3128 Montrose, MI 48457 (810) 639-2822 (810) 639-5899 Fax swarren@montrosetownship.org montrosetownship.org

# Mundy Township Senior & Enrichment Center

3478 Mundy Ave. Swartz Creek, MI 48473 (810) 922-4557 seniors @mundytwp-mi.gov tinyurl.com/mundysc

# **Senior Directors Association of Genesee County**

11495 N. Center Rd. Clio, MI 48420 (810) 686-0630

#### **Swartz Creek Area Senior Center**

8095 Civic Dr. Swartz Creek, MI 48473 (810) 635-4122 (810) 635-9405 Fax bmccallum@myscasc.org myscasc.org

#### **Thetford Senior Center**

11495 N. Center Rd. Clio, MI 48420 (810) 686-0630 (810) 686-0192 Fax thetforddir@yahoo.com thetfordtwp.com

### **SENIOR HOTLINES**

AARP (800) 424-3410 aarp.org

#### **Alzheimer's Association**

Greater MI Chapter (800) 272-3900 alz.org/gmc

American Diabetes Association (800) 342-2383 diabetes.org

American Heart Association (800) 242-8721 heart.org

Arthritis Foundation (800) 283-7800 arthritis.org

Christopher & Dana Reeve Foundation (800) 225-0292 christopherreeve.org

#### Genesee County Senior Millage Telephone Intake & Screening Program

(810) 249-6531

#### **Genesee Health System**

Mental Health Crisis Line 24/7 (810) 257-3740 www.genhs.org/HelpNow

KISS Progam Keeping Indepndent Seniors Safe (810) 239-7671

MDHHS–Behavioral & Physical Health & Aging Services Administration P.O. Box 30676 Lansing, MI 48909-8176 (517) 241-4100 michigan.gov/aasa

Medicare Appeals/Inquiry (800) 633-4227 medicare.gov/claims-appeals

Michigan Parkinson Foundation (800) 852-9781 parkinsonsmi.org

National Cancer Institute (800) 422-6237 cancer.gov

Patient Advocate Foundation (800) 532-5274 patientadvocate.org

Social Security (800) 772-1213 ssa.gov

Taxpayers Assistance (State) mi.gov/treasury

Taxpayers Information (Federal) (800) 829-1040 irs.gov

The Health Well Foundation (800) 675-8416 healthwellfoundation.org

The Michigan Problem Gambling Helpline (800) 270-7117

Veteran's Information and Assistance (800) 827-1000 va.gov

### **REHABILITATION SERVICES**

There are many rehabilitation companies available in the area. Once an order from your primary physician is received, one can obtain rehabilitation services through the following resources:

Hospitals
Skilled Home Care Companies
Skilled Nursing Facilities
Out-Patient Rehab Clinics
Private Physical Therapy Offices

Altruistic Speech & Language Services 124 S. State Rd. Davison, MI 48423 (810) 886-1028 (866) 886-6628 Fax

#### **Fyzical Therapy & Balance**

3680 E. Court St. Flint, MI 48506 (810) 243-0032

# Global Physical Therapy & Spine Specialists

Flint Office 2352 Stonebridge, Building H Flint, MI 48523

Grand Blanc Office 12235 S. Saginaw St. Grand Blanc, MI 48439 (810) 695-0750 globalptandspinespecialists.com

Hurley Physical Therapy (810) 262-2350

3725 S. Saginaw St., Ste. 105 Flint, MI 48507

1085 S. Linden Rd., Ste. 100 Flint, MI 48503

5219 W. Pierson Rd. Flushing, MI 48433

# McLaren Flint Outpatient Physical Therapy

505 N. Dayton St. Davison, MI 48423 (810) 658-5631 G-3239 Beecher Rd. Flint, MI 58532 (810) 342-2356

2500 N. Elms Rd. Flushing, MI 48433 (810) 342-5550

# McLaren Neurologic Rehabilitation Institute

G-3239 Beecher Rd. Flint, MI 58532 (810) 342-4220

Maxwell Therapy Flint 1289 S. Linden Rd., Ste. A Flint, MI 48532 (810) 230-9750 maxwelltherapy.com

Primary Prevention Physiotherapy 209 S. Cherry St. Flushing, MI 48433 (810) 487-9733 primarypreventionpt.com



### **SENIOR HOUSING SECTION**

Seniors have numerous life-style choices when they can no longer live at home. Following is a description of the choices and then a listing of local facilities. Keep in mind that the services and amenities offered vary from facility to facility, even within the same group. For example, in *independent living facilities*, some of them provide extra services like meals or activities, and some do not. Another example is in *assisted living facilities*, some will accommodate residents in wheelchairs, and some will not. Of course it is always best to thoroughly investigate and compare facilities and ask a lot of questions, in order to match the resident to an appropriate facility.

*Independent Living Facilities:* These can be government subsidized for people with limited income and assets, or non-subsidized for anyone. They can vary from individual apartments with no additional services, to facilities that provide all meals and activities, and everything in between. Usually there would not be 24 hour supervision, although home care agencies can be contracted to provide extra care as needed for personal care, medications, food, or companionship.

Assisted Living Facilities: These facilities usually have between six to 40 residents and includes 24-hour supervision of the residents. These facilities would offer help with activities of daily living, feeding, dressing, personal care, medications and so forth. These facilities would take care of all the resident's needs up until the time they would need a nursing home.

*Memory Impaired Facilities:* These are like assisted living facilities that specialize in residents who are afflicted with dementia and Alzheimer's disease. There should be close supervision, and there may be locked or alarmed doors for the resident's safety.

**Nursing Homes:** These would serve patients who need constant skilled nursing services that are unable to be provided at an assisted living or foster care facility. Also nursing homes can provide rehabilitation for patient's injuries with the hope of returning home or to an independent living or assisted living facility.

These are the categories we have listed in this directory, but in fact there is a lot of overlap of services and different levels of care offered from one facility to another.

To insure you have an appropriate placement

– remember –

Investigate, Compare, and Ask Lots of Questions

Adult Foster Care Facilities: There are hundreds of AFC facilities in the area, some of which cater to seniors, and some to other groups of residents. For information on Adult Foster Care facilities and vacancies, you may contact the representative of the Adult Foster Care Providers of Genesee County, info@afcproviders.org, or visit our website at www.afcproviders.org.



# SENIOR PLACEMENT SERVICES OF MICHIGAN

A Helping Hand in Time of Need

# **Our Services**

- Assisted Living Placement
- Memory Care Placement
- Independent Living

**Placement** 

We are a 100% FREE service! We will help you find a new place to call home!

CALL US TODAY! 810-941-2892

### **NON-SUBSIDIZED INDEPENDENT LIVING**

Abbey Park 3221 E. Baldwin Rd. Grand Blanc, MI 48439 (810) 606-1110 abbeypark.com

#### **American House Grand Blanc**

12640 Holly Rd. Grand Blanc, MI 48439 (810) 694-7300 (810) 695-1443 Fax americanhouse.com

Cedarwood Senior Apartments 1700 Cedarwood Dr. Flushing, MI 48433 (810) 487-2100 (810) 487-1974 Fax

Clio Senior Village 11535 Plaza Dr. Clio, MI 48420 (810) 686-4300 (810) 686-1867 Fax

Court Street Village 700 & 800 E. Court St. Flint, MI 48503 (810) 239-4400 (810) 239-4403 Fax mcfarlanvillages.org

Dauner Haus II 400 Dauner Haus Dr. Fenton, MI 48430 (810) 629-7140 (810) 629-0088 Fax Flint Heights Terrace G-3064 Miller Rd. Flint, MI 48507 (810) 239-2159 (810) 239-1849 Fax flintheights@yahoo.com

Grand Meadows II Apartments 12624 Pagels Dr. Grand Blanc, MI 48439 (810) 695-0344

Holiday Genesee Gardens 4495 Calkins Rd. Flint, MI 48532 (810) 258-0480 holidayseniorliving.com

Kearsley Daly Villa / East Side Village Affordable Housing Program Tax Credit 3085 N. Genesee Rd. Flint, MI 48506 (810) 250-1000 kearsleydalyvilla@yahoo.com

Kearsley Manor 814 E. Kearsley St. Flint, MI 48503 (810) 238-4851 (810) 238-9638 Fax kearsleymanor@yahoo.com

#### **Lockwood of Burton**

Affordable Housing Program Tax Credit 2173 S. Center Rd. Burton, MI 48519 (810) 744-9400 (810) 744-9464 Fax burton@lockwoodgrp.com lockwoodofburton.com

### NON-SUBSIDIZED INDEPENDENT LIVING

#### **Lockwood of Fenton**

16300 Silver Parkway Fenton, MI 48430 (810) 714-3340 fenton@lockwoodgrp.com lockwoodseniorliving.com

#### **Lockwood of Genesee**

Affordable Housing Program Tax Credit 3375 N. Linden Rd. Flint, MI 48504 (810) 733-8900 (810) 733-9970 Fax rentgenesee@lockwoodgrp.com lockwoodcompanies.com

Millpond Manor 201 E. Elizabeth St. Fenton, MI 48430 (810) 629-1179

Rosehaven Manor 3900 Hammerberg Rd. Flint, MI 48507 (810) 767-3630 (810) 767-3874 Fax info@rosehavenmanor.com rosehavenmanor.com Roxbury Court 292 Smith St. Clio, MI 48420 (810) 687-1270 (810) 687-1309 Fax

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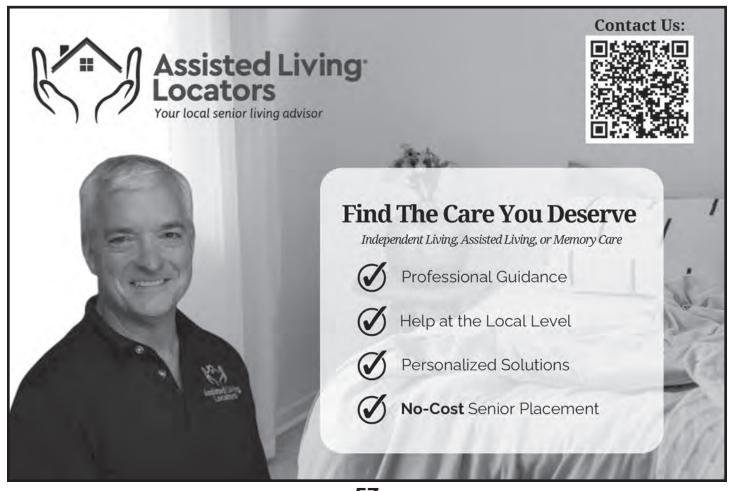
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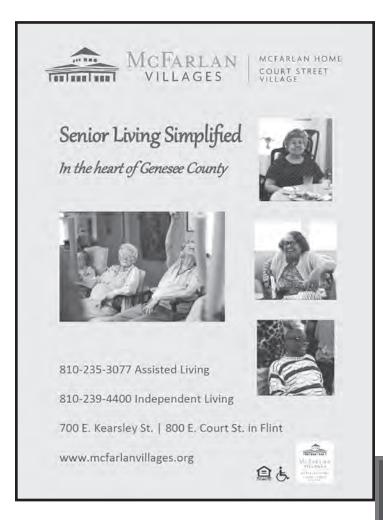
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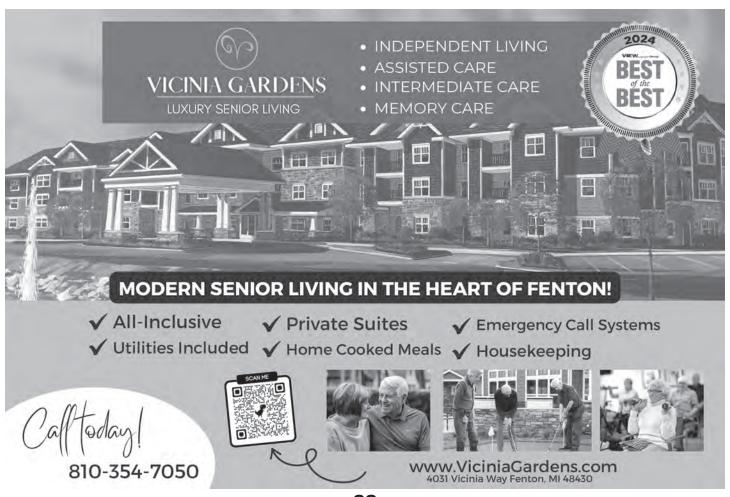
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If you have a Medicare Advantage HMO plan, call customer service, as many plans now offer their own transportation services.

If you have Medicaid waiver, call VAAA at (810) 239-7671.

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(810) 397-9924

www.ccsgc.org

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# Family Service Agency of Mid Michigan

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Michigan Department of Military & Veterans Affairs:

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*Michigan Veteran Home at Grand Rapids* (616) 345-6107

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Ann Arbor Healthcare System (800) 361-8387

Great Lakes National Cemetery 4200 Belford Rd. Holly, MI 48442 (866) 348-8603 glnc@va.gov www.cem.va.gov

VA Medical Center-Detroit (313) 576-1000

VA Medical Center-Saginaw (989) 497-2500

Veterans Crisis Line Dial 988, press 1 Text 838255



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| Alzheimer's Association                             | (800) 272-3900 |
| AmeriCorps Seniors/RSVP-VAAA                        | (810) 600-0619 |
| Big Brothers Big Sisters of Flint/Genesee County    | (810) 235-0617 |
| Carriage Town Ministries.                           | (810) 233-8787 |
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| Community Outreach for Families and Youth           | (810) 789-0629 |
| Flint Genesee Literacy Network                      | (810) 232-2526 |
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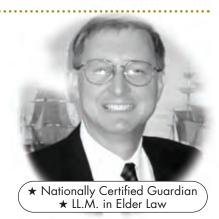
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