

Dementia Caregiving



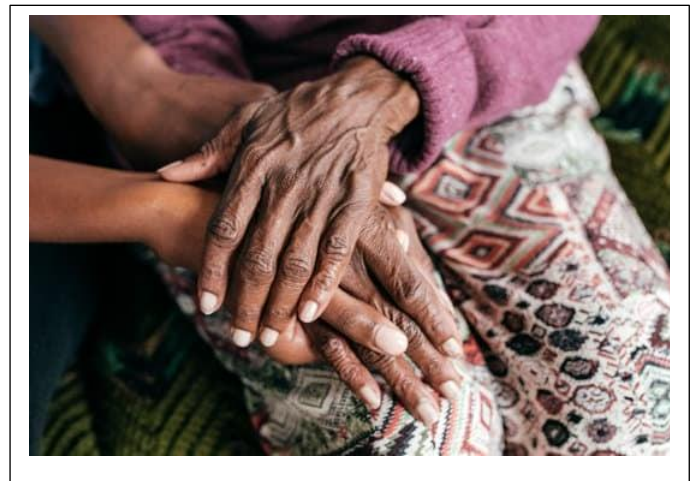
ARE YOU CARING FOR A PERSON WITH MEMORY LOSS?

Attend an in-person workshop series for help!

This Dementia Caregiving workshop is a 3-session program for those caring for a person with dementia or Alzheimer's. It assists with reducing caregiving stress by providing useful tools and information.

Learn how to:

- Understand basic information about dementia and its impact on brain function
- Communicate more effectively with someone who has dementia
- Recognize stages of dementia
- Provide meaningful daily activities based on your loved one's interests and abilities
- Better understand and address dementia-related behaviors
- create a positive caregiving environment
- Learn strategies and benefits of self-care
- Build your network of support



DEMENTIA CAREGIVING WORKSHOP

LOCATION: Memorial Healthcare NOW Building
819 N. Shiawassee Street, Suite 100, Owosso

DATES: Thursdays: July 16th, 23rd, & 30th 2026

TIME: 1:30 PM - 3:00 PM (in-person)

REGISTER: Via email at abrunn@memorialhealthcare.org or by calling (989)-723-1390 and asking for Anne



This workshop is available in part through funding from the Older American's Act and Michigan Department of Health & Human Services Bureau of Aging, Community Living, and Supports.